

KL lifestyle

OCTOBER 2015



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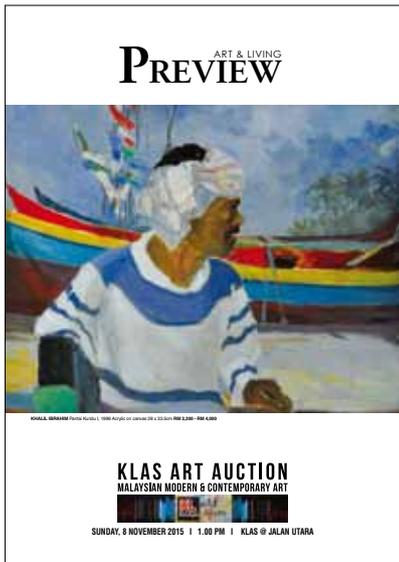
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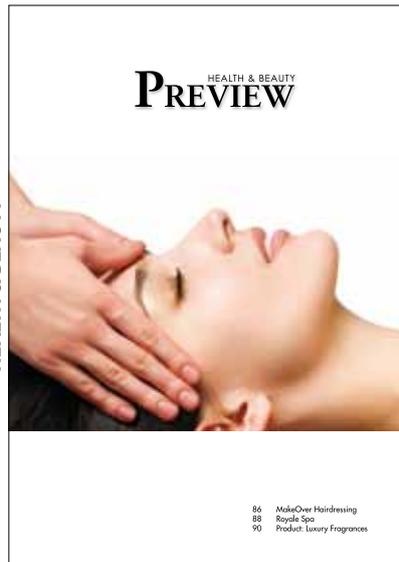
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HEALTH & BEAUTY



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The out-of-this-world experience



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Datuk Dr Sheikh Muszaphar
Photographer - Shelby @ SCCA
Location - Zehn Residences, Bukit Pantai

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CITROËN DS 5

TECHNOLOGY & REFINEMENT

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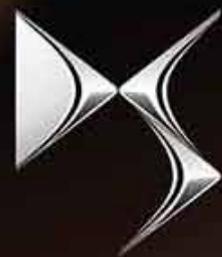
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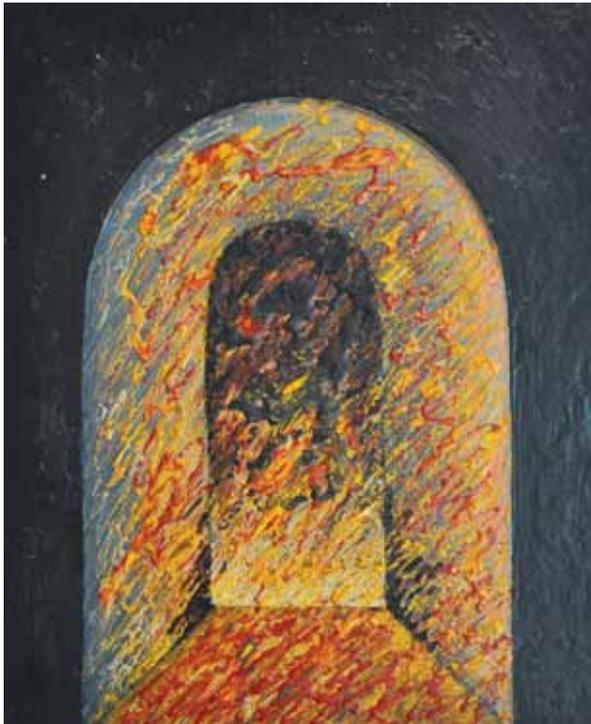
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SUNDAY

MONDAY



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KRISTJAN JÄRVI SOUND EXPERIENCE

10 Oct @ 8.30pm
11 Oct @ 3.00pm
Dewan Filharmonik Petronas



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MOUNT KINABALU INTERNATIONAL CLIMBATHON - ADVENTURE SERIES

17 - 18 Oct
Kundasang, Sabah

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TOYOTA CLASSICS 2015

19 Oct @ 8.30pm
Dewan Filharmonik Petronas

25

WAGNER'S RING

24 Oct @ 8.30pm
25 Oct @ 3.00pm
Dewan Filharmonik Petronas



 - PUBLIC HOLIDAY

GOINGS-ON CALENDAR OCTOBER 2015

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



02

03

SIBELIUS VIOLIN CONCERTO
2 - 3 Oct @ 8.30pm
Dewan Filharmonik Petronas

37th WORLD ARM WRESTLING CHAMPIONSHIP

1 - 4 Oct
Berjaya Times Square Hotel,
Kuala Lumpur

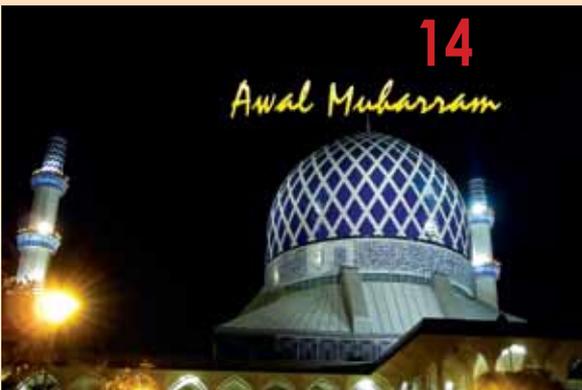
MALAYSIA INTERNATIONAL GOURMET FESTIVAL - MIGF 2015

1 - 31 Oct
Throughout Malaysia



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ASIAN YOUTH JAZZ ORCHESTRA
7 Oct @ 6.30pm
Dewan Filharmonik Petronas



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Awal Muharram

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YUNA'IN KI
15 Oct @ 7.00pm
Plenary Hall, KLCC

16

KUALA LUMPUR CITY OPERA FUNDRAISING CONCERT

16 - 17 Oct @ 8.30pm
18 Oct @ 3pm
Pentas 1, klpac

THIBAUDET PLAYS GERSHWIN

16 - 17 Oct @ 8.30pm
Dewan Filharmonik Petronas

17

CITRAWARNA@KUALA LUMPUR

17 Oct
Merdeka Square

KENNY G LIVE IN MALAYSIA

17 Oct @ 8.30pm
Arena of Stars, Genting Highlands



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THE WAY BACK HOME

PJ Live Arts @ Jaya One
19 Oct - 8 Nov Mon - Fri
@ 10am, Sun @ 2pm & 5pm



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SHELL ADVANCE MALAYSIAN MOTORCYCLE GRAND PRIX

23 - 25 Oct
Sepang International Circuit,
Selangor

24

YIK SANG 56th ANNIVERSARY CHARITY PERFORMANCES (CANTONESE OPERA)

24 Oct 2015 @ 7pm
Pentas 1, klpac



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CHERAS THE MUSICAL

22 - 31 Oct @ 8.30pm
Theatre KuAsh, Pusat Kreatif
Kanak-Kanak Tuanku Bainun
48, Jalan Tun Mohd Fuad, Taman
Tun Dr. Ismail, 60000 Kuala Lumpur



30

THE WAY BACK HOME

Performing Arts Centre of Penang
@ Straits Quay
30 Oct, Fri @ 10am,
12pm & 8pm

31

CONCERTO FOR PERCUSSION

30 - 31 Oct @ 8.30pm
Dewan Filharmonik Petronas



MALAYSIA INTERNATIONAL GOURMET FESTIVAL - MIGF 2015

1 - 31 Oct

Since the first event held in 2001, the world renowned Malaysia International Gourmet Festival, MIGF, has established itself as the pinnacle of gastronomic excellence in the region. Into its 14th successive year, the festival never fails to excite and surprise both local and international diners eagerly looking forward to see what the festival has in store.

This year, MIGF will take place from Oct 1 - 31 with the theme, Red Hot Chefs.

Outstanding chefs from the country's best restaurants will offer diners specially created Festival Menus available at exclusive festival prices together with a host of generous festival offers.

Throughout Malaysia



37th WORLD ARM WRESTLING CHAMPIONSHIP

1 - 4 Oct

Arm wrestling is no child's play! What kids consider as a playful demonstration of their strength is taken seriously by adults in this 37th World Arm Wrestling Championship. The World Arm Wrestling Federation (WAF), the official body that governs the sport with 67 countries registered as members, organises this world championship annually. The event lasts for 10 days with more than 5 categories with different weight classes and is set to attract more than 1,500 participants from all over the world. Malaysia is the host country of the 37th World Arm Wrestling Championship this year and will be the second Asian nation to host the (WAF) Championship since 2005.

Venue: Berjaya Times Square Hotel, Kuala Lumpur



MOUNT KINABALU INTERNATIONAL CLIMBATHON - ADVENTURE SERIES

17 - 18 Oct

The Mount Kinabalu International Climbathon-Adventure Series covers a challenging 23km route, taking participants up the Summit Trail to Laying-Layang (2,072m above sea level), before descending to Mesilou and heading to the finish line in Kundasang town. The race offers spellbinding vistas of Kinabalu Park's tropical and sub-tropical mountain forests, summit peaks and river valleys.

Venue: Kundasang, Sabah

CITRAWARNA@KUALA LUMPUR**17 Oct**

The signature tourism event of Malaysia, with a fresh brand and concept, Citrawarna@Kuala Lumpur is back to enthrall audiences in a whole new way! Mark the date on your calendar and join the crowd for a spectacular night of lights & sound, dance and culture with over 600 performers and fireworks display that celebrates Malaysia truly Asia!

Venue: Merdeka Square



KUALA LUMPUR CITY OPERA FUNDRAISING CONCERT

KUALA LUMPUR CITY OPERA FUNDRAISING CONCERT**16 - 18 Oct**

The Eat, Sing & Travel People also known as the EST Opera is raising funds to form the Kuala Lumpur City Opera. The concert will feature the EST Company principal singers, the EST Orchestra Ensemble, EST Opera Chorus and The Kuala Lumpur Children's Choir performing favorite opera scenes from popular operas such as Carmen, La bohème, Die Zauberflöte (The Magic Flute), Il Barbieri di Siviglia (The Barber of Seville), Cavalleria Rusticana and Hänsel und Gretel. The concert is patronised and supported by the Italian Embassy.

Date & Time: 16-17 Oct @ 8.30pm; 18 Oct @ 3pm

Venue: Pentas 1, klpac

Ticket Price: RM128; RM108; RM88; RM68

THE WAY BACK HOME

The Way Back Home is a great little story of an unlikely friendship between a boy and a Martian by Big Wooden Horse, UK children's theatre company. One day, a boy finds an aeroplane in his cupboard. Up, up, up and away he flies, high into the sky. Whizzing past clouds, stars and planets until suddenly, he runs out of petrol! Miles from the earth, the boy crashes into the moon and waits. Just as he beginning to feel cold and lonely, a friendly Martian appears from the darkness, also with a broken aircraft. Together they come up with a super plan to float the boy back down to earth to collect his toolbox. Can the boy find his way back up to the moon to rescue his friend?

Venue: Petaling Jaya

PJ Live Arts @ Jaya One

19 Oct – 8 Nov, Mon – Fri @ 10am, Sun @ 2pm & 5pm

Penang

Performing Arts Centre of Penang @ Straits Quay

30 Oct, Fri @ 10am, 12pm & 8pm





YIK SANG 56th ANNIVERSARY CHARITY PERFORMANCES (CANTONESE OPERA)
24 Oct @ 7pm

Yik Sang Amateur Musical Society was formed in the 1950s by a group of elders led by the late Cheong Tong Kow, late Mdm Leong Kwai Ying, late Leong Yim Chor and other Cantonese opera musicians. The main objective is to preserve and promote Cantonese Opera, our valuable cultural art heritage. As initially there was no proper place to organise their activities, the singing sessions were held at members' house or temporary boarding at a corner section of the Fui Chiu Association of Wilayah Persekutuan and Selangor, located in Lebu Ampang, Kuala Lumpur at that time. Later, as the activities were mostly held at Yik Sang Chinese Medical Hall on the main road of Jalan Pudu, Kuala Lumpur, the club was named after it as Yik Sang Amateur Musical Society. Since then, the membership increased and it was officially registered under the Societies Act 1960, on 7 April, 1959 as a non-profit organisation. Apart from promoting the Chinese culture of Cantonese opera and singing, it has not forgotten to extend a helping hand to charities.

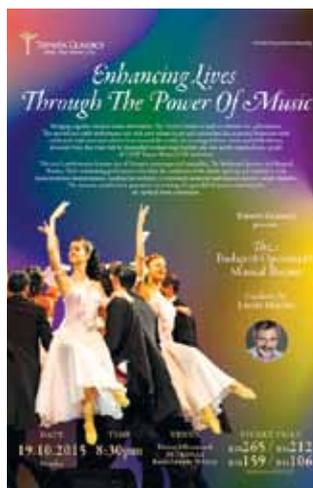
Venue: Pentas 1, klpac
Ticket Price: RM100, RM70



KRISTJAN JÄRVI SOUND EXPERIENCE
10 Oct @ 8.30pm
11 Oct @ 3.00pm

Creative forces in today's music scene, Estonian conductor Kristjan Järvi and Norwegian trumpet virtuoso Ole Edvard Antonsen are known for their innovative multi-genre collaborations. Their concerts with the MPO will capture the highly charged musical landscape of intoxicating classical-folk-jazz fusion. The result is an electrifying sound experience.

Venue: Dewan Filharmonik Petronas
Tickets: RM180, RM120, RM100, RM80



TOYOTA CLASSICS 2015
MON 19 OCT 2015 @ 8.30pm

The 24th edition Toyota Classics presents The Budapest Operetta and Musical Theatre, one of Europe's most respected ensembles. Experience an exhilarating performance that cherishes the traditions of the classic operetta, enriched with modern artistic interpretations.

Venue: Dewan Filharmonik Petronas
Tickets: RM265, RM212, RM159, RM106



SIBELIUS VIOLIN CONCERTO

2 Oct @ 8.30pm

3 Oct @ 8.30pm

Austrian violinist David Frühwirth performs Sibelius' famous violin concerto followed by the warmly romantic, tuneful First Symphony by Carl Nielsen. MPO's resident conductor Ciarán McAuley opens the programme with En Saga, a rarely performed, but powerful and exhilarating work by Sibelius.

Venue: Dewan Filharmonik Petronas

Tickets: RM150, RM120, RM90, RM60



THIBAUDET PLAYS GERSHWIN

FRI 16 Oct @ 8.30pm

SAT 17 Oct @ 8.30pm

World renowned pianist Jean-Yves Thibaudet returns to the MPO with a jazz-infused concerto by Gershwin. Ramon Tebar presents two other American works by Barber and Copland, followed by the Malaysian premiere of Respighi's majestic Church Windows.

Venue: Dewan Filharmonik Petronas

Tickets: RM150, RM120, RM90, RM60



ASIAN YOUTH JAZZ ORCHESTRA

7 Oct @ 6.30pm

In collaboration with The Japan Foundation Kuala Lumpur

This concert in collaboration with The Japan Foundation Kuala Lumpur presents a new jazz orchestra comprising upcoming musicians from all over Asia. It provides an opportunity for aspiring musicians to participate in rehearsal camps in Tokyo and in concerts throughout Asia. The Asian Youth Jazz Orchestra is also a platform for young musicians to collaborate with others to pursue future possibilities of creating new music in Asia.

Venue: Dewan Filharmonik Petronas

Tickets: RM70



YUNA IN KL
16 Oct @ 7.00pm

Malaysia’s very own contemporary pop singer, Yuna, is set to perform live in Malaysia on Oct 16 at the Plenary Hall, KL Convention Centre, Kuala Lumpur. Organised by The Livescape Group, the one-night-only show is expected to attract over 3,000 fans.

Yuna, the sensational Malaysian singer-songwriter is known for her unique organic blend of contemporary pop, acoustic folk and soulful R&B sound. She began writing her own songs at the age of 14 and started performing solo on her MySpace page in 2006 before she formed a band. In 2008, she released her self-titled EP in Malaysia, producing the hit single, “Deeper Conversation”. The following year, Yuna won her first of several Anugerah Industri Muzik awards which is Malaysia’s equivalent of the Grammy.

“We are thrilled to have Yuna returning home to perform live and we are sure that her fans are as excited to see her as we are. Yuna will be performing songs from her new album, so fans can look forward to a selection of both her older hits and new music. Tickets to the show are limited because we want to provide an intimate show, so I urge fans to purchase them early to avoid disappointment”, Rahul Kukreja, director of Live Events of The Livescape Group said.

The talented vocalist is fresh off the 2015 AFC Asian Cup closing ceremony, coming together with ‘The Art Of Saving A Life’ campaign premiering ‘New Day’ and releasing ‘Material’; a compilation of previously released Malay singles now re-arranged with added freshness.

Venue: Plenary Hall, KLCC



KENNY G LIVE IN MALAYSIA
17 Oct @ 8.30pm

You can’t think of the saxophone without Kenny G coming to mind. The two are nearly synonymous. Whether it’s through his top-selling smooth jazz albums or his signature curly hair, whether you love him or hate him, it’s most likely you’ve heard of Kenny G.

The legendary world-class saxophonist Kenny G and his band mates will return to the Arena of Stars, Genting Highlands this Oct 17 at 8:30pm for a one-night intimate performance. Kenny G plays the saxophone with so much ease and passion and promises to give smooth jazz fans incredible memories.

Venue: Arena of Stars, Genting Highlands

SHELL ADVANCE MALAYSIAN MOTORCYCLE GRAND PRIX
23 - 25 Oct

This is a premier event of motorcycle racing. Catch the action of the world’s top racers in this exciting event. Held at one of the most challenging circuits in the world, the race is a must-watch for those who love full throttle action.

Venue: Sepang International Circuit, Selangor





CHERAS THE MUSICAL

22 – 31 Oct @ 8.30pm

Sing out your suburban conundrum in Cheras, The Musical! Follow the starry aspirations of Cherrie Lum, the fabulous but failed 80's pop star, along with her ambitious daughter Blossom, and her doubting son Jason. Placing their bets on a singing contest as their ticket to stardom, will the traffic be smooth for them out of Cheras? Can this family find the happiness they seek? Or is life much simpler if we all just "do also can, don't do also can"?

Join this quirky family in a new musical comedy about second chances and reaching for your dreams!

Venue: Theatre KuAsh, Pusat Kreatif Kanak-Kanak Tuanku Bainun
48, Jalan Tun Mohd Fuad, Taman Tun Dr. Ismail,
60000 Kuala Lumpur



WAGNER'S RING

24 Oct @ 8.30pm

25 Oct @ 3.00pm

Wagner's The Ring of the Nibelung stands as one of the most compelling and overwhelming creations in the history of mankind. Listeners are swept into another dimension as gods, heroes, mortals, giants, dwarfs and much more interact in a cosmic scenario of awesome expressive power. Conductor Lorin Maazel assembled most of the Ring's purely orchestral moments into a continuous 75-minute virtuosic masterpiece.

Venue: Dewan Filharmonik Petronas

Tickets: RM150, RM120, RM90, RM60



CONCERTO FOR PERCUSSION

30 Oct @ 8.30pm

31 Oct @ 8.30pm

Schwantner's Percussion Concerto, a tour de force of virtuosity within a framework of wide-ranging musical idioms and moods, features the MPO's principal percussionist, Matthew Prendergast. Closing the concert is Prokofiev's mighty Fifth Symphony, a work the composer himself called a hymn to free and happy Man, to his mighty powers, his pure and noble spirit. A sparkling Mozart overture sets the concert off to a great start.

Venue: Dewan Filharmonik Petronas

Tickets: RM150, RM120, RM90, RM60

MR. HOLMES
1 Oct

Detective Sherlock Holmes is now 93 and is retired. He reflects on his past life in his home in remote Sussex as he tries to retrieve memories from his ageing mind. Here Holmes recalls the height of his career and a visit he once made to Japan.

Genre: Drama / Crime / Mystery

Cast: Ian McKellen, Laura Linney, Hiroyuki Sanada

THE MARTIAN
1 Oct

Astronaut Mark Watney is one of the crew members on a manned mission to Mars. When he is mistakenly presumed to be dead and gets left behind, he finds himself all alone scrambling to survive on the red planet and to ultimately search for a way back home, no matter how impossible the circumstances.

Genre: Science Fiction

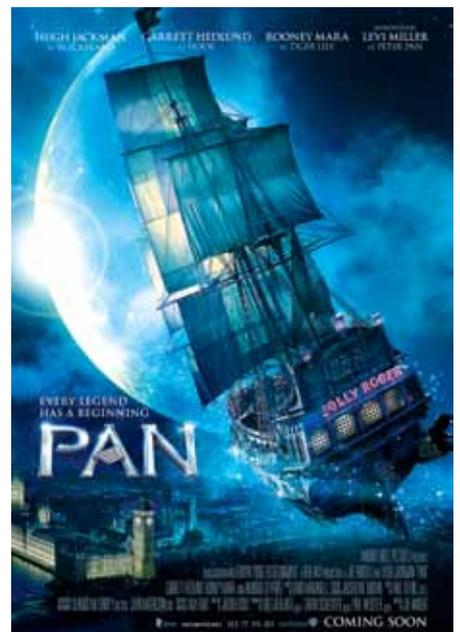
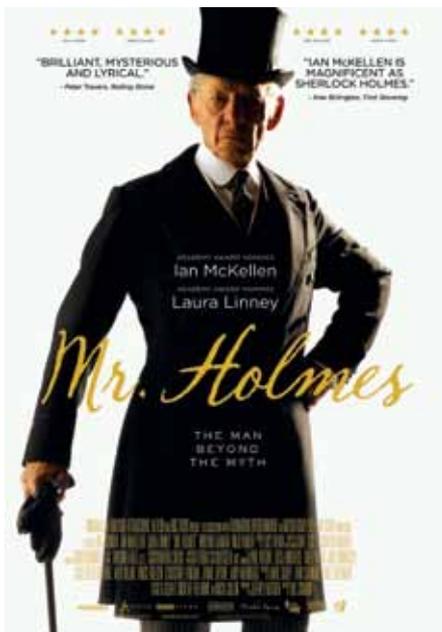
Cast: Matt Damon, Jessica Chastain, Michael Pena, Kristen Wiig, Jeff Daniels, Kate Mara

PAN
8 Oct

During the London blitz in the middle of the night, a young boy named Peter is kidnapped from an orphanage by a band of pirates. Brought to the magical realm of exotic creatures and flying ships, Neverland, Peter forms a bond with Hook and Tiger Lily as he goes on an adventure to escape the clutches of the cunning Blackbeard with an agenda of his own.

Genre: Fantasy

Cast: Hugh Jackman, Garrett Hedlund, Levi Miller, Rooney Mara, Amanda Seyfried



CRIMSON PEAK

15 Oct

Mia Wasikowska plays Edith Cushing, a young author in 19th century England, who finds out that her new handsome and charming husband, Sir Thomas Sharpe, played by Tom Hiddleston, hides a mysterious past.

Genre: Horror

Cast: Tom Hiddleston, Jessica Chastain, Charlie Hunnam, Mia Wasikowska

BRIDGE OF SPIES

16 Oct

Based on a true story in the year 1960 about the U-2 incident, where an American lawyer named James Donovan is recruited by the CIA during the Cold War with the mission to rescue a pilot named Francis Gary Powers, who has been detained by the Soviet Union.

Genre: Thriller / Drama

Cast: Tom Hanks, Eve Hewson, Amy Ryan

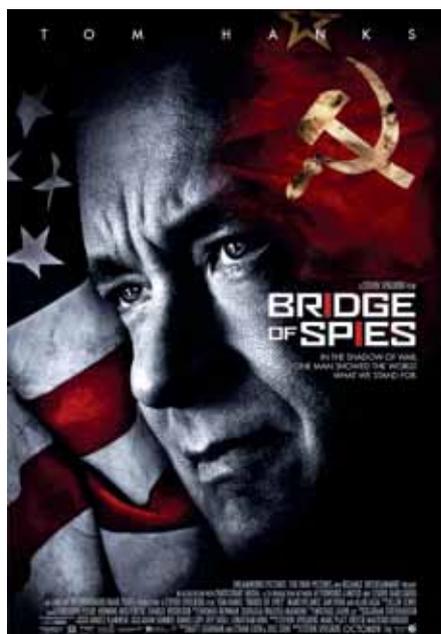
THE LAST WITCH HUNTER

23 Oct

New York City hides many secrets, but the most astounding secret of all is that witches still live among us. Condemned to a life of immortality, the last witch hunter, Kaulder, is all that stands between humanity and a new reign by the most horrifying and powerful witches in history, including the Queen Witch who will stop at nothing to reclaim her throne. The witches' goal is to destroy humanity by way of a horrific plague. In order to stop them, Kaulder must partner up with a beautiful female witch, something that he thought he would never do.

Genre: Action / Adventure / Fantasy

Cast: Vin Diesel, Rose Leslie, Elijah Wood, Michael Caine, Rena Owen



DATUK DR SHEIKH MUSZAPHAR SHUKOR

The out-of-this-world experience

Malaysia made history on Oct 10, 2007 by sending a man to space. That man was Datuk Dr Sheikh Muszaphar Shukor and he was launched to the International Space Station aboard the Russian-made Soyuz TMA-11 with the Expedition 16 crew. Flying under an agreement with Russia through the Malaysian Angkasawan Programme, he was stationed with astronauts Fyodor Yurchikhin and Oleg Kotov.

These days, this charismatic man has been busy. While juggling a life as a father, he is also a practising surgeon, a frequent motivational speaker at schools and as a result of being a food enthusiast, owns a restaurant.

Kathlyn Ursula D'Souza catches up with his busy schedule for a photo shoot and a tête-à-tête.



Tell us about your life before space.

"I was born in Selangor, in Assunta Hospital, and as soon as I was born I lived in Seremban for about 20 years, so I've always considered myself a Negeri Sembilan boy. I've got five brothers, and I'm the third in the family. We are very competitive, and I hate to lose. I must win all the time, even when I'm with my other brothers, and that kind of spirit was fostered at a very young age.

"I had wanted to go to space ever since I was 10, but at that time we would never have thought that a Malaysian would ever go to space. So I decided to become a doctor, because that was the closest thing to science, the universe and all that. I think it all came about as a result of me watching a lot of Star Wars, Star Trek, Superman – they all inspired me to want to go to outer space.

"I studied at St. Paul's, Seremban during my primary school years and I then went to MRSM Muar for five years. I did extremely well in my SPM examination and got a scholarship to go to India to study at Kasturba Medical College where I got my degree in Medicine and Surgery. I came back and worked at Seremban Hospital, Selayang Hospital and HKL and eventually, was given the opportunity to go to outer space," Muszaphar recalled.



What about the Angkasawan experience?

"Back in 2003, when Malaysia wanted to send a man to space, Prime Minister Tun Dr Mahathir Mohamad at the time had a vision of wanting to show that Malaysians could become the best, too. So I knew this was my destiny – I had wanted this, and I told myself that nobody was going to take this away from me. It was all 'mine, mine, mine!'. So we started from 12, 000 candidates, up to 2007 where they shortlisted the participants to the final 10. The 10 of us were then interviewed by the top guns, people from the air force, all the relevant ministries and the final four were selected to go to Russia for a month of training. Finally, the Russians then chose two of us, Dr Faiz Khaleed and I.

"The objective was to inspire the younger generation, hoping that more Malaysian youth and children would be more involved in science – to become doctors, aerospace engineers, scientists and so on. However, you don't have to become an astronaut [laughs] because it is a very limited opportunity at the moment. So far, we've only got about 520 people who have travelled out.

"But, I honestly hope that the next Malaysian to go to space would be a woman, so that we may inspire more and more women," he said.

"Maybe I should go to outer space then!" said this writer in jest.

"Oh, you should! Why not?"

What were the preparations for the trip to outer space like?

"Well, I realised that it wasn't just all up to the physical aspect. It was, for the bigger part, mental and psychological. There were many other astronauts from the US, Japan and Russia. I realised that they all had the right attitude and the right mindset. They were positive, multipurpose, and they knew what they want in life, they were very fearless and at all times able to work as a team, which is very good because once you're in space you have no one else except your team members.

"And being in space ... the best thing about it is that it doesn't matter what your religion is or what country you are from, because everyone works together to make the world a better place to live in."

Your feelings during the days leading up to the launch.

His eyes lit up at this question. "Oh, I was very excited!" he said, nodding as he looked over meaningfully.

Oh yes, you professed passionately earlier that you had really wanted this.

"Yes, I really wanted this. But the thing is, you didn't know if you were chosen until the very end, so you had to take real good care of yourself. For example, even if you had a sore throat, you



SHEKH MUSZAPHAR
ШЕЙХХ МУЗАФАР



ANGKASA
MUSTA
SHEKH MUSZAPHAR





Muszaphar and his wife, Dr. Halina Mohd Yunos and their children, Sophea Isabella and Sophea Natasha

were not allowed to go to outer space. Everything had to be perfect and the Russians really did take care of me, they made sure that I was in tiptop shape and health.

"The day of the launch was ... such an amazing feeling. You know the feeling of knowing that your ultimate destiny was about to be fulfilled?"

"But this wasn't just about a personal destiny, it was a huge responsibility. You had a duty to have your voice heard, to be able to make changes in society.

"So ever since I came back, my priority has always been the children. I love meeting them, trying to inspire them and telling them to achieve their dreams in life, like how I did.

"I always tell them that I'm not the best, I'm just like you and there is nothing great about me. I'm not the strongest, I'm not the fastest but what's important is the passion. You need to believe in yourself.

"When I had wanted to go to space, people doubted me and even laughed at me. But you have to believe in yourself."

Leaving Earth, seeing it from another angle – how did it feel?

"It was just unbelievable. Magical. It's hard to describe – you have to be there to experience it. But just floating around, seeing how tiny Earth was, surrounded by billions of stars ... 'Twinkle, Twinkle, Little Star' was irrelevant up there.

"It gave me a certain euphoric feeling, it was magical.

"I would do anything to go back to space," he said with a wistful smile.

Did you have any epiphanies or special thoughts while you were up there, looking at Earth from another angle?

"You realise that we are actually insignificant. We live in tiny Earth surrounded by billions and billions of stars and galaxies, and it's sad that some parts of the world are at war, people are always fighting and killing the Earth when there are other bigger things out there. Small, petty things didn't seem important out there. So I was just hoping and praying that things would get better."

Your experience in the space shuttle, Soyuz TMA-11: what did you like and hate the most?

"The Soyuz was very small, very tiny. It was the first time in my life where I had wished I was born smaller. The smaller you are the better it is for you to be in outer space.

"But you start to realise that your life depends on your crew members. Any small mishap will destroy your life and the lives of others. You leave everything to faith. It decides how you fare and how you come back. It has been eight years since then, but I keep on dreaming about whether I really went to space or not, even if it was just for a short time, just twelve days."

It was short but surreal.

"That's right."

Back to Earth. You're kind of like a superdad now.

Again, his eyes lit up.

"I have two beautiful daughters, Sophea Isabella and Sophea Natasha. My priority has been my children. I want as many children as possible. Hopefully, my wife would be alright with that [laughs].

"I adore training them, pushing them to their limits. I believe in pushing them, because this was how I was brought up. Bella started swimming at the age of six months, and was able to go underwater for 15 seconds. So there are many things I've tried to achieve with my kids, so many values I'd like to instill in them. Maybe one day they'll be astronauts, too."

You are a dad, a restaurateur, an astronaut, a doctor and a model. How do you juggle?

"I try to do as many things in life as possible, like my restaurant Rebung in Bangsar ... and speaking of modelling, this type (referring to our cover and magazine shoot), I haven't done in a while."

Could've fooled us!

He laughed and shook his head at this and continued his story.

"I'm an orthopaedic surgeon, too. I have two other goals next, which are to become a pilot and to work in Africa. I believe that you should come out from your comfort zone. Once you've succeeded in one field, take yourself out and try other things. You must push yourself to the limit."

You do a lot of talks for children. We've read columns on you and your visits to schools, inspiring many school kids to look up towards space. What do you advise them?

"I always tell them that education always comes first. You need to complete your education and try to be more involved in science because that is the next big thing, that is the future. Believe in yourself, dream big. I understand that some things are hard to achieve but I did it, so can you."

"It took me 25 years to achieve my dreams, so never stop believing, be hardworking, be passionate in life and I assure you that you will succeed."

How's the family? How's life treating you?

"Amazing," he chuckled, "Life is great. I try to remain positive at all times, especially with my kids. Watching them grow up is just ... incredible."

You have an exhibition coming up, the Malaysian Astronaut Exhibition.

"There were many things I wanted to do since I came back, especially with regard to the Space Programme. We are coming up with Space Walk and Space Pod Malaysia, where Malaysians can go up to space for five minutes for RM100, 000. So now this is all about Space Tourism."

"Richard Branson of the Virgin Group, will be launching this soon and we are hoping to have a pod in Malaysia."

"I will continue giving talks in Malaysia, and try to make Malaysia an even more recognised country. My other purpose is to change the mindset of Malaysians, to think out of the box and to make them become more positive in life."

Any personal mottos that you live by? Anybody you look up to?

"I look up to Tun Dr Mahathir, Nelson Mandela and my dad."

"My dad always taught me – what the mind believes, the body can achieve. I have believed this since I was young. He passed away two years ago and it was a big blow for me."

"Another motto that I truly believe in is that dreams are possible."

What makes you happy and what inspires you?

"I like making people smile. If I can see them smile, it gives me the biggest satisfaction."

"If I can change the mindset of one person a day, it is the biggest achievement to me."

Any other aspirations?

"Well, I hope that Malaysia would be more involved in space. We are very new. ANGKASA is also very new in Malaysia. It is very expensive, but we need to have that reach beyond the frontier. Whoever conquers space can conquer the whole world and whatever we achieve out there can benefit the world as a whole."

"I hope that Malaysia can contribute more to space science so that we become an even more developed nation. Space education – that's very important. The universe is expanding and we only have discovered or have researched about 6% of it. So, as explorers, we need to find out more."

Alright, a bonus question to end the session: Top Malaysian dishes you absolutely cannot live without.

"Ah, well, I've got a restaurant, so that's very easy," he answered enthusiastically, "Nasi lemak, roti canai ... oh, I eat everything, so I have to make sure I exercise!"

BREAST CANCER AWARENESS MONTH

Check your bumps for lumps

BY KATHLYN URSULA D'SOUZA

Let's face it, nothing can sound as grave and ominous as the word 'cancer'. That being said, we welcome October by recognising it as the Breast Cancer Awareness month. We may know somebody dear to us who is plagued by this nightmare, but nobody can deny that early detection is already most of the work done, and that can truly save lives, ergo we urge and remind you to perform a self-examination at least once a month. Fasten your pink ribbons and read on as we run you through how to keep a-breast of the situation.



How to perform a breast self-exam:

In the mirror

1. Stand undressed from the waist up in front of a large mirror in a well-lit room. Look at your breasts. Don't be alarmed if they do not look equal in size or shape. Most women's breasts aren't. With your arms relaxed by your sides, look for any changes in size, shape, or position, or any changes to the skin of the breasts. Look for any skin puckering, dimpling, sores, or discoloration. Inspect your nipples and look for any sores, peeling, or change in the direction of the nipples.

2. Next, place your hands on your hips and press down firmly to tighten the chest muscles beneath your breasts. Turn from side to side, so you can inspect the outer part of your breasts.

3. Then bend forward toward the mirror. Roll your shoulders and elbows forward to tighten your chest muscles. Your breasts will fall forward. Look for any changes in the shape or contour of your breasts.

4. Now, clasp your hands behind your head and press your hands forward. Again, turn from side to side to inspect your breasts' outer portions. Remember to inspect the border underneath your breasts. You may need to lift your breasts with your hand to see this area.

5. Check your nipples for discharge (fluid). Place your thumb and forefinger on the tissue surrounding the nipple and pull outward toward the end of the nipple. Look for any discharge. Repeat on your other breast.

In the shower

1. Now, it's time to feel for changes in the breast. It is helpful to have your hands slippery with soap and water. Check for any lumps or thickening in your underarm area. Place your left hand on your hip and reach with your right hand to feel in the left armpit. Repeat on the other side.

2. Check both sides for lumps or thickenings above and below your collarbone.

3. With hands soapy, raise one arm behind your head to spread out the breast tissue. Use the flat part of your fingers from the other hand to press gently into the breast. Follow an up-and-down pattern along the breast, moving from bra line to collarbone. Continue the pattern until you have covered the entire breast. Repeat on the other side.

Lying Down

1. Next, lie down and place a small pillow or folded towel under your right shoulder. Put your right hand behind your head. Place your left hand on the upper portion of your right breast with fingers together and flat. Body lotion may help to make this part of the exam easier.



2. Think of your breast as a face on a clock. Start at 12 o'clock and move toward 1 o'clock in small circular motions. Continue around the entire circle until you reach 12 o'clock again. Keep your fingers flat and in constant contact with your breast. When the circle is complete, move in one inch toward the nipple and complete another circle around the clock. Continue in this pattern until you've felt the entire breast. Make sure to feel the upper outer areas that extend into your armpit.

3. Place your fingers flat and directly on top of your nipple. Feel beneath the nipple for any changes. Gently press your nipple inward. It should move easily.

Where are cancerous tumours normally found?

Interestingly, cancerous tumours are more likely to be found in certain parts of the breast over others. If you divide the breast into 4 sections, the approximate percentage of breast cancers found in each area are (in clockwise pattern):

- 41% upper, outer quadrant
- 14% upper, inner quadrant
- 5% lower, inner quadrant
- 6% lower, outer quadrant
- 34% in the area behind the nipple

Almost half occur in the upper outer quadrant of the breast, towards the armpit. Some physicians refer to this region as the "tail" of the breast and encourage women to examine it closely.

What conditions should be checked by the doctor?

- An area that is distinctly different from any other area on either breast
- A lump or thickening in or near the breast or in the underarm that persists through the menstrual cycle
- A change in the size, shape, or contour of the breast
- A mass or lump, which may feel as small as a pea
- A marble-like area under the skin
- A change in the feel or appearance of the skin on the breast or nipple (dimpled, puckered, scaly, or inflamed)
- Bloody or clear fluid discharge from the nipples
- Redness of the skin on the breast or nipple

YUNA LIVE IN MALAYSIA

BY NADHIRAH BADARDIN

Malaysia's songbird returns home for a performance

Malaysian songstress, Yuna, is returning to the shores of her home country for a one-night only performance at the Plenary Hall, Kuala Lumpur Convention Centre this Oct 16.

Organised by Livescape, the concert is expected to attract over 3,000 fans.

Known for her unique blend of contemporary pop, acoustic folk and soulful R&B, the singer-songwriter — who's currently out to conquer the American market — began writing songs at the age of 14 and started performing solo on her MySpace page in 2006 before forming a band.

In a remarkably short period of time, Yuna has risen from the local D.I.Y. music scene to full-on international stardom. In the process, the charming and charismatic singer-songwriter from the suburbs of Malaysia has become the first artiste from the homeland to create a name in the American music scene.

Yuna has transitioned to border-defying mainstream success with ease, considering her effortless pop, acoustic folk and R&B influences in her sound.

On Oct 16, Yuna is set to enthrall fans with a little bit of her old self with songs from her earlier homegrown albums and a little bit of her current sounds.

"I feel like I get to show a more mature side of myself in these songs. We did a lot of experimenting, doing things like working with traditional Malaysian instruments and making them work in the context of a pop song that sounds new and current," she said, "Because I come from a folkie singer-songwriter background, I was quite stubborn in trying new things in the beginning. But I learned to enjoy the beauty of what could happen when creative people get together and come up with something new. I love mixing all these genres together and I was fortunate to have all of these really talented producers to help bring these ideas to life."

Yuna's North American breakthrough in 2012 saw the artiste winning widespread acclaim while achieving significant career milestones. You know you've made it when The Rolling Stones recognises you as a certified indie cred, The New York Times describes your sound as gorgeous and you've been invited to appear on The Tonight Show with Jay Leno.

Fans should not miss the exclusive one-night-only "Yuna Live in Malaysia" show that will be happening at the Plenary Hall, KL Convention Centre on Oct 16.

Tickets to the show are priced from RM88 to RM388. Students are eligible for a special discount.



TRAVEL WITH JOY, TRAVEL WITH JOHNNIE WALKER®

BY NADHIRAH BADARDIN

'Win with Johnnie Walker' duty-free mega promotion offers chance to win an all-new Peugeot 308 THP

A promotion that features Johnnie Walker®, Eraman Duty Free, The Zon Duty Free, Malaysia Airports with the possibility of winning a brand new Peugeot 308 THP was launched on Sept 21. Johnnie Walker®, the world's number one blended Scotch whisky, is looking to bring joy and happiness to travellers and airport frequenters with its brand new 'Win with Johnnie Walker' mega

promotion. The two-month promotion is held exclusively at the Kuala Lumpur International Airport and the low-cost carrier terminal, KLIA2. '

Through the promotion, only one lucky participant will drive home the all-new Peugeot 308 THP while the two other winners will each receive a 16GB tablet. The new Peugeot 308 THP (turbo high pressure) was the winner of the prestigious 2014 "European Car of the

Year" award due to its sleek, classy and powerful aesthetics. Peugeot conducted numerous precision-based tests to assess the design, material, selection, assembly, soundproofing, and durability of the new 308. These included 2.5 million kilometres driven pre-launch, 2,500 hours of vibration and climate testing, 250,000 cycles of air-conditioning monitoring and 4.3 million touchscreen press cycles without any failure recorded.



In partnership with Eraman Duty Free, The Zon Duty Free and Malaysia Airports, this one of a kind promotion promises a refreshing excitement with eye-catching pit stops – located at hotspot areas, gondolas – and samplings of the Johnnie Walker Gold Label Reserve, at the spacious KLIA 2 departure emporium with dedicated and committed brand ambassadors who will be educating consumers on the history and flavour of the blend. All purchases of Johnnie Walker above RM200 will entitle consumers to draw a card and the lucky winners will be announced at the end of the two-month promotion period.

Through the collaboration with key operators and Peugeot, Johnnie Walker is delivering an exceptional shopping experience that is aligned with MAHB’s vision to make a difference to its airport terminals by offering exquisite retail experiences for all.

“We are constantly looking to create engaging and compelling experiences that will add value to both shoppers and our customers. Through the strategic partnership with Eraman and The Zon Duty Free, we are excited to host our biggest activation at Malaysia Airports to bring rewards to travellers. It is also part of our proactive initiative to reach out to the 4.2 million passengers who travel through both airports every month to bring home a bottle of Johnnie Walker,” said Adeep Gupta, general manager of the South-East Asia Key Accounts & Travel Retail at Diageo.

The ‘Win with Johnnie Walker’ duty-free mega promotion gives participants a chance to win an all-new Peugeot 308 THP. Interested participants are welcomed to join the promotion by purchasing any Johnnie Walker at the Kuala Lumpur International Airport or KLIA 2 above the RM200 mark at Eraman Duty Free or The Zon Duty Free.

Johnnie Walker and responsible drinking Johnnie Walker places great importance on responsible drinking, educating consumers and tackling this issue through its ‘Join the Pact’ campaign. With Mika Häkkinen as the Global Responsible Drinking ambassador, ‘Join the Pact’ invites consumers everywhere to make a commitment to never drink and drive, and has collected over 2.4 million commitments to date through #imnotdriving.

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JAZEMAN JAAFAR

Off to the races second half of the season

BY KATHLYN URSULA D'SOUZA



Leading young Malaysian driver, Jazeman Firhan Jaafar returned to the racetrack last month after the long summer break of the Formula Renault 3.5 Series. Jazeman, 22, raced at the famed Silverstone circuit in the UK with the Fortec Racing team, in a bid to resume his title fight in the championship.

"It's been a long time since the last race – nearly eight weeks – so although I've been training I haven't had any competitive racing for a while and I really miss it. Sitting on the grid waiting for the lights to go is when I have a big smile on my face as it's where I love to be," said Jazeman.

Jazeman was ranked third in the championship, but insisted that he was ready for the challenges presented by the Silverstone track. The Silverstone track is one of the longest circuits in the Formula Renault 3.5 Series calendar, and is tough because of its hodgepodge of high-speed corners, long straights and tight complex section. It is a track that always produces great racing.

On the Silverstone track, Jazeman commented, "It will be an important weekend. I wasn't as strong in Austria as I wanted to be and although I had two top ten finishes, I need to be getting on the podium every weekend to stay in the title chase. It is a challenge I'm up for and I'm buzzing with the excitement of being in the car again."

The Fortec team driver stated that he had raced at Silverstone many times during his career and had had some good results, and he was hoping to be able to use this experience to his advantage. "It's quite a challenging circuit, and the British weather is always unpredictable but I'm ready to have a really strong weekend, especially as it's the 'local' event for my team, Fortec, who are based just a few miles from the circuit," added Jazeman.

The sixth race weekend of the Formula Renault 3.5 Series headlined the World Series by Renault event at the Silverstone circuit, had an action-packed schedule of racing, displays and shows throughout the three days, Sept 4 – 6.

MAKAN-MAKAN PREVIEW

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SOO WINCCI

The all-around adroit beauty

BY KATHLYN URSULA D'SOUZA

Beauty may be dangerous, but intelligence is lethal. So what happens when you combine them both? The end-product of such a recipe, however, is a fine lady called Soo Wincci, who, if you don't know her already – which is impossible – will stun you with the information of what exactly it is that she does. Apart from getting to know this beauty-and-brains, we got her to indulge us in her favourite spots for some delicious grub around KL, her diet and her plans for the future.

First things first - tell us about yourself.

I am a beauty queen-turned singer, actress, composer, model, host, PhD student and entrepreneur. I am a person who loves adventure and also to keep challenging my own limits.

And a little bit about what you're up to these days.

Well, I just came back from Taiwan promoting my latest singles in Asia, and I am currently back in Malaysia for a charity planting-trees event. I will also be busy preparing for my upcoming first solo concert in Malaysia, which will be held on Oct 31 at the KLCC Plenary Hall. Also, my drama series which I just finished shooting a few months ago will be aired on ntv7 every Monday to Thursday at 9.30pm. I am also at the same time preparing for my final PhD viva presentation.

What's your daily diet like?

I must definitely start my day with a cup of coffee and my favourite whole wheat bagel. For lunch, usually I will either have a salad or some fruits. At night, I will usually try to eat before 8pm, and I will go for light meals or just some juice or milk.

And when it comes to guilty pleasures in food, what are your favourites?

Bread, chips, chocolate and soft drinks.

Name us 3 Malaysian food that you absolutely cannot live without.

Sambal belacan, petai and claypot yee mee.

Share with us a few of your favourite dining places, or even coffee haunts. What are your favourite dishes there?

My favourite coffee place is definitely Kaffa Coffee Uptown, My Mum's Kitchen Uptown



Claypot Yee Mee



Sambal Petai



Sambal Belacan



(it was opened by my mother and whenever I miss her home-cooked food I will definitely go there), and my favourite crab at Fatty Crab Taman Megah, for which I don't mind queuing up.

Do you cook? Any signature dishes of yours?

Yes, I have been cooking since I was five years old and I was placed 4th in the Master Chef Celebrity All Stars Cooking Reality Show. I usually love to invent new recipes but my signature dishes are the Coffee Condensed Milk Baked Chicken and Chocolate Curry Muffins.

What are your tips for eating healthy?

I used to be obese when I was young and I also almost went to the stage of being a bulimic during my high school. Then, when I was studying law in the UK, my weight piled up to 80 kg. For me, weight had always been my challenge in life and I used to restrict my food intake. However, these days I would challenge myself everyday to keep eating new food and try not to have the same kind, just to have different nutrients for my body. I listen to my body more but at the same time my calorie intake per day will not exceed 1,500 calories.

How do you keep yourself healthy and looking/feeling good?

We need to start from our mindset first before going into other techniques as the mind is the main control of our whole body and soul. Hence, everyday when I wake up, I would push myself to write some positive quotes

(which I named Wincciology) and share it with everyone on my social media. Also, I learn to be happy everyday regardless of any challenges or hurdles in life. Besides that, my personal coach also created an 8-minute lifestyle exercise for me to do anywhere or anytime I like to keep my blood flowing. I am not a flexible person, hence I challenge and change my weakness by taking up pole dancing, aerial hoop and silk. I also make sure that I have a lot of fruits.

What do you look forward to this year, in terms of career and personal life?

Actually, each year I would set a KPI (Key Performance Index) for myself. For this year, I have achieved most of my KPI, that is to have my own solo concert and my own TV drama and movie. Also, I would be completing my PhD at the end of this year (it has been more than 5 years of doing my thesis). This

year is my big 30 and I would say it is a preparation year for me to move to another stage of my life in 2016. Apart from that, I guess it is time for me to manage my love life and family life as I have been so busy juggling between my career and studies these few years that I've totally neglected my private life.

Lastly, what fuels and inspires you?

What really inspires me are the obstacles and challenges in life. The more the others say that it is impossible or the harder it is, the more it fuels me to do it and I always think that it is my duty to solve problems. I always choose routes which others won't choose as I don't like to compete with others – I just love to focus on pushing myself. I love to go the hard way, step by step as I love to learn how to make it so that in the future I can recreate myself and share the experience with everyone.





REBELLIONS

Fall in love with coffee and food all over again

BY KATHLYN URSULA D'SOUZA

Just the name gives it away – they want to defy the norm. There seems to be a lot of hipster cafes sprouting in KL, one after the other, but Rebellions promises something different. For one, they're not stingy or secretive about their coffee – they'd be glad to have you behind the counters and machines learning how to brew good coffee. Genial owner Joseph Long, whose customised house blend "Smackdown Joe" won the "2013 Best Espresso" award, is very amenable like that, as he believes educating customers is the best thing to ever

come from being in the F&B industry. Well, apart from the delicious food and drinks, of course.

Rebellions is now three months old. This multiple award-winning coffee shop immediately transports you into another dimension, if not another country. 'Australian influences', says the owner (who was in interior design), so you'll see a lot of steel and wood and an all-round cozy and spacious ambience with interesting light fixtures.

The menu is simple, frank and serves all-day Tex-Mex dishes. Their beverage selection consists of coffee, tea, house-made handcrafted coffee (their Cold Brew comes in customised bottles). After having tried the Cold Brew 106 (named after a feng shui number), we were told that both the milk and coffee grounds were put at rest for 20 hours. You may opt for cold brews with or without the milk. For those who prefer their coffee a little milky, the result is a very nutty, chocolatey concoction, very much like Bailey's Irish Cream sans alcohol.



After we'd had a taste of the groovy coffee, we went on to the food, which they've only just started serving. I must say, we were very surprised, as most coffee houses don't normally serve fantastic food that match the coffee, but it's different here. They are coffee people, but they ensure that their food is top-notch as well. Food presentations are very colourful, charming, rustic and dainty.

Take as an example the Quesadillas. Teamed with grilled chicken thigh, Lhasa sauce, sour garlic sauce, mint leaves and house-made honey mustard dressing. The chicken is charred really nicely and every bite is a treat, especially when combined with the side salad.

Next, we had the Chick Troopers – chicken stuffed with mozzarella and pico de gallo resting on top of hash brown with hand-made

mustard sauce containing some secret ingredients. The mix of flavours was simply exquisite, like a party in the mouth.

Quack Pasta – a duck pasta with oriental influences. Call it whatever you like, be it a duck version of bak kut teh or the spaghetti version of bak kut teh, the owner said this dish was either a hit or miss with customers. However, it was definitely a hit with us. This dish is house slow-braised shredded duck with hoisin sauce and Chinese herbs, which explains the hints of the Orient.

They've got fish here, too, for those craving for a much savoury protein dish. The pan-seared Seabass skin is sheer perfection and the side salad sweet and sour, which was a nice complement. It is served with tomato salad, rosemary sweet potatoes and house sour garlic sauce.

If you're looking for other drinks and dessert, fret not. Nutella chocolate bomb anybody? We were told that this was not for the faint-hearted as this was a triple chocolate threat. However, we did get to try the Blueberry Balsamic Cheesecake, which was cashew nut-based mixed with digestive biscuits and balsamic honey. Definitely unusual but enchanting. We tried the other best-seller too – the Snowball affrogato, which was a lovely cup of Kapiti vanilla ice cream with espresso and crushed walnuts.

Clearly, Rebellions is here to spoil you. The people running it know what they are doing, and they're doing it well.

Prices here are appropriate, as Rebellions caters to the office crowd in the densely populated Sunway Giza area.

Rebellions also caters for special events such as birthdays, coffee parties and they will only charge for food. Owner Joseph Long also says that if you're in the midst of bringing up your own café, he'd be glad to help design your café and train you in making coffee.

Having said (and tasted) all of that, we're definitely casting a 10/10 approval vote for Rebellions. If you've forgotten how to enjoy the little things in life, pop by Rebellions for a ticket to be transported to another place, and for that chance to fall in love again. Plus, tacos are in the works. Need we say anything else?

1, 2, Jalan PJU 5/4, Pju 1,
47810 Petaling Jaya, Selangor



YummyLicious @ the Kopishop

Reinventing kopitiam food the healthy way

BY NADHIRAH BADARDIN

I first got wind of YummyLicious a couple of years ago when a friend of mine ordered a Chilli Crab Burger through its home delivery service and gracefully offered me a bite. Soon, I found myself scurrying away, albeit very ungracefully, with the whole burger as if I'd found the Holy Grail of burgers.

I mean, it was literally 100% crabmeat. Not white fish or any imitation of the real deal. Just pure, freshly de-shelled crab meat. And it was love at first bite.

YummyLicious started out of desperation after a series of unfortunate events. With an initial capital of RM200, the resilient founders of YummyLicious drove to Ikea, bought pots, pans and basic cooking ingredients and that was the beginning of something healthy, wholesome and hearty.

Fast forward a few years later with some great milestones like having Jamie Oliver aching for its green tea buns of the Chili Crab Burger and complimenting them on Twitter and a whole lot of passion in serving their customers amazing healthy food that's not only good for them but tastes great as well, they've finally got an outpost in the ever bustling vicinity of Damansara Heights.

Enter The Kopishop, a refreshing and inviting concept of the traditional kopitiam. The proprietor of The Kopishop had a vision of patrons enjoying traditional and reinvented kopitiam dishes in a comfortable setting - think cozy and artsy décor, a

lounging playlist and most importantly, great coffee and food. The Kopishop is something like a collaborative effort of different talents - there's hearty and healthy food from YummyLicious, great coffee from the folks behind Café Marmo at MBMR Tower and noteworthy desserts from What The Fudge.

We sat down with the founders of YummyLicious at The Kopishop for lunch and were spoiled silly with beautifully handcrafted dishes. Some dishes were created specifically for The Kopishop's concept - staying true to the local kopitiam flavours but ultimately, experimental.

For starters, we tried the Summertime salad - it looked and tasted like summer



Herb Roasted Coconut Rice
with Vegetarian Mutton Curry

on a plate. Presented beautifully with crisp local vegetables, slices of oranges, cherry tomatoes, pistachios, medjool dates and edible flowers, the salad was dressed with a refreshing splash of fruit vinaigrette. The salad was invigorating and definitely a pretty sight. Now, doesn't that sound like summer?

Next, we had the Herb Roasted Coconut Rice with Vegetarian Mutton Curry, served with papadom and cold cucumber salsa. This tasted a lot like the classic Nasi Ulam sans the guilt of working out the mutton curry after. If we weren't told beforehand that the mutton was 100% vegetarian, we wouldn't have known any better. The rice was fragrant and fluffy and the thinly sliced herbs and cucumber salsa gave it a refreshing twist and a complimenting crunchy texture while the curry was bursting with authentic flavours.

If you're a fan of the local favourite, the Maggi Goreng, you would love the Spicy Noodles served here. This bowl of noodly goodness had flavours that were reminiscent of the Maggi Goreng but, of course, way healthier sans the heavy preservatives. There are vegetarian and non-vegetarian versions of this dish to cater to different dietary needs. We tried the Prawn Spicy Noodles. What's great about the noodles is that they're vegetarian and you eat it guilt-free, yet again. Topped with sliced cucumber, carrot, sesame seeds and fried egg, this tasted much like the Maggi Goreng you would get at your local mamak stall, only better. The prawns that accompanied this dish were breaded and cooked to a succulent finish while the serving of dried sambal added a smoky and spicy taste to the noodles. As a spicy eater, this had me begging for more.

Our visit to The Kopishop was a great one - we had great food, coffee and company - all you need for a great meal out. Yummylicious @ The Kopishop has definitely changed our view on the notion of healthy food being bland and tasteless. If you're looking to have the best of both worlds, pay The Kopishop a visit and let the folks from Yummylicious open up a whole new world of possibilities for you.



Exterior of The Kopishop



Summertime Salad

D-GF-01, Sunway Nexis,
Jalan PJU 5/1A Kota Damansara
47810 Petaling Jaya
+603 6151 3022

STEAKS & LOBSTERS

Kuala Lumpur's very own surf & turf restaurant

BY NADHIRAH BADARDIN

42, Jalan 24/70a, Desa Sri Hartamas, Kuala Lumpur



It's hard finding great steaks at an affordable price in Kuala Lumpur these days. Even deep-sea lobsters are hard to come by without paying an arm and maybe even a leg. So when we heard of a new surf & turf restaurant opening its doors in the food haven of Desa Sri Hartamas, we had to find out more.

Since the opening, Steaks & Lobsters already has a steady stream of customers come dinner time. There aren't many surf and turf restaurants in Kuala Lumpur offering their goodies at affordable prices and everyone's aching for a piece of their succulent lobsters and juicy steaks.

What makes Steak & Lobsters truly exceptional from other restaurants is the amount of effort it puts into each and every single dish served. All its steaks are not only professionally butchered but also wet aged in-house to ensure a more memorable steak experience. The forces behind Steak & Lobsters are already in the local food and beverage scene (they're the people behind Burger Junkyard, Food Talk and The Manzo Project) and decided to join forces to create Steaks & Lobsters.

"Steaks and Lobsters started off as just a premium steakhouse due to our shared

love for a darn good steak! That's hard to find in Kuala Lumpur!" said Nicholas Thang, co-founder of Steaks & Lobsters. "Then came to the USP. What would our unique selling point be? We wanted to make the premium, affordable to the general public, think Chilli's, Tony Romas and TGIF," he continued.

Staying true to their name, the effervescent team does not only cook up a mean steak, they also serve great lobsters and premium cuts of New Zealand lamb. The lobsters here are freshly flown in from Boston, thus they do not require much seasoning. As the lobsters are wild caught in the deep sea, these crustaceans already have a naturally slight salty flavour. To reduce the sodium from the lobsters, they lightly butter the lobsters before steaming or grilling and serve them with a mild butter or béarnaise sauce.

When it comes to making sure everyone has a great dining experience, the Steaks & Lobsters team figured out a way to offer variety, "Not everyone eats beef, nor is everyone able to eat crustaceans (due to allergy). And these factors could affect one's decision to dine in a particular restaurant. So we thought, why not? Let's put it all under one roof!" said Nicholas.

They serve their steaks, lobsters and lamb cuts with refillable sides of coleslaw, fries or salad

to give diners a satisfying dining experience. "We know how most Malaysians are satisfied with their meals only when they are full! So, we decided to go the extra mile and offer refillable sides! After all, it's just another few scoops of coleslaw, fries or salad. As long as everyone is happy and stuffed, why not?" said Nicholas.

The sauces are made in-house here at Steaks & Lobsters as well, minus the bottled chilli and tomato sauces.

Besides having their namesake on the menu, they also offer an extensive menu of pastas, salads, burgers, sandwiches, ribs and even salmon to cater to a wide array of customer palates. The food here is not prepared with alcohol as the philosophy of Steaks & Lobsters is about serving affordable luxury for all. However, there is a bar at the premises in case patrons feel like having a drink or two with their meal.

Moving forward, the team behind Steaks & Lobsters plans to open more branches to cater to patrons in other areas. If you're looking for great steaks, premium cut meats or seafood at an affordable price, look no further. It's about time you venture out to Steaks & Lobsters for a meal.

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RUYI & LYN

Eat, Drink, Play

BY KATHLYN URSULA D'SOUZA

Level 4, Bangsar Shopping Centre, Kuala Lumpur.

Another outlet popped up in Bangsar just three months ago. We'd like to call it just a restaurant, but it really isn't. Ruyi & Lyn is the first of its kind – a place where three concepts are amalgamated. First, the concept of food (the restaurant), relaxation (lounge) and party (club). Yes, it's got a Chinese theme but the design is modern and contemporary.

Inimitable, fearless and incredibly well thought out, Ruyi & Lyn gives the impression that it is exclusive, as it is located in a commodious area at the back of Bangsar Shopping Centre's fourth floor, a place that one can only access using one escalator. There is also no signage, and the mystery is enough to get you going as its reward when you manage to find it.

You'll feel as if you've made it to the Hollywood A-list after being ushered in through the lounge on a scarlet catwalk, with the spotlight shining on you, floor-to-ceiling backdrops of music videos playing on mute and one-way glass panels. Talk about making a grand entrance. Ruyi & Lyn's idea here is to make everybody feel like a celebrity.

The dishes served here are mainly contemporary East Asian. The kitchen is helmed by Chef James Ho, who creates authentic regional dishes that intrigue and tease the taste buds. Dishes offered here are modern Chinese but absolutely pork-free, but what really caught our attention was Ruyi's Sushi, which is rapidly becoming the crowd favourite. Although, in all fairness, it's not that difficult to see why.

Ruyi's Sushi is a platter of six sushi-sized local flavours. These flavours are Nasi Lemak, Hainanese Chicken Rice and Mango Sticky Rice. Doesn't that already sound so interesting? Granted, the size of a sushi isn't really that big and it would require quite an amount to have your fill, but here, each bite provides a luscious and fragrant flavour, while staying faithful to the original Asian dishes that we know and love. The Hainanese Chicken sushi has all the elements you'll find in its original dish – the oily rice, the boneless chicken, chilli and ginger. As for the Nasi Lemak version, it is complete with quail eggs, peanuts, sambal and anchovies.

Another highlight is the Champagne Snow Fish Flower. Eating can never be more glamorous than this, as this fish is deep-fried with Moët champagne sauce.

Other dishes that one should definitely try include the Smoked Little Duck Cones, a dish consisting of a succulent potpourri of sweet corn, pine nuts and edamame.

If chicken is what you're after, then RFC is the dish for you. With its almond-coated fried chicken with prawn paste served in plum-chilli, the mere thought of this dish should be able to have you salivating all over again.

However, if you're a little bit worried that you might not be able to get your fill of rice (being Malaysian and all), do not worry. Ruyi & Lyn offers an attention-grabbing dish – the Eureka Green Tea Rice. Feel the rice puffs 'pop' in your mouth in green tea broth.

The lounge reminds one of a relaxing living room equipped with a cigar speakeasy and a wine cellar.

There is a live DJ and a famous local illusionist set to entertain Ruyi & Lyn's patrons, so there is nothing else that you could ask for here.

"At Ruyi & Lyn, we want to elevate our guests' dining experience. We aim to be a game-changer in the food and beverage industry – as innovation is the driving force behind Ruyi & Lyn," said Lyn Siew, the executive director of Ruyi & Lyn.

Ruyi & Lyn is open from Monday to Sunday, with the lounge available from 12pm to 2am. All-day tapas are available at the lounge from 12pm onwards, with the last order being at 12am on Sundays to Wednesdays, and from 12pm onwards on Thursdays to Saturdays. The restaurant opens for lunch from 12pm to 3pm, and reopens for dinner from 6pm to 2am.



Smoked Little Duck Cones



Eureka Green Tea Rice

Lounge



Established in March 2014, Malaysian Art Network offers professional framing services to art collectors and aficionados alike.

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FRENCH TOAST

KL is gobbling up yet another treat – the French Toast – also known as eggy bread, German toast, gypsy toast or Spanish toast. The recipe is simple; consisting of merely bread soaked in beaten egg and then fried, but the combination of sheer simplicity and bursting flavours make this dish a heartwarming, euphoria-inducing one. Check out our top 5 picks of the fluffiest French toasts in town and where to find them.

BY KATHLYN URSULA D'SOUZA



FRANCO

As if this place wasn't going to be on the list! Their soufflés are already top-notch so naturally, their French toasts are, too. You are served with a stack of cubed French toast – nicely eggy, not too overpowering. The whipped cream served with it is fresh and the hint of vanilla is discernible. The bread soaks up the cream and maple syrup drizzled over it. It is neither soggy nor sad, it is light and airy and all around flawless.

Multiple locations: Pavilion, One Utama, The Curve, 101 City Mall, Publika, Paradigm, Mid Valley, Berjaya Times Square

FRISKY GOAT

This is a choice when you cannot decide if you should go for waffles or French toast and where nobody judges you for having both at once. Here they call it the 'Elvis', armed with peanut butter, strawberry jelly, caramelised banana, strawberries, vanilla ice cream, chocolate and maple syrup to go with that extra crunch.

72, Jalan Burhanuddin Helmi, Taman Tun Dr Ismail, 60000 Kuala Lumpur



THE GOOD BATCH

Dine like a true Parisian with their Parisienne dish, where their French toasts come in three layers, adorned with turkey ham slices and gruyere cheese in between and topped with homemade Bechamel sauce. Other options of French toasts include the Good Stuff where they are served with vanilla ice cream, mango slices, nuts and gula Melaka. Good stuff, indeed.

*53, Jalan SS21/1a, Damansara Utama,
47400 Petaling Jaya, Selangor*



TOUS LE JOURS

You've seen this one plenty of times. This famous bakery isn't about to get left out as their Banana Ricotta Cheese and French Toast needs a mention, what with its grilled caramelised bananas, ricotta cheese and a very generous pour of maple syrup. Its presentation is also a dainty little affair, set to make you smile even before you take a bite.

*Multiple locations: Telawi, Empire Damansara,
Empire Shopping Gallery, WOLO Bukit Bintang*

S.WINE *[non-halal]*

The name of the restaurant is already an indication of what to expect when you order a dish here. Clearly you know what you want here, and it is a place to let loose and enjoy the finer things in life such as sinfully eggy, greasy, maple syrup-y grilled bananas, peanut butter and bacon on top of that French toast. Only for the courageous.

*Lot 1A, 83-95, Level UG1-Publika, 1, Jalan Dutamas 1,
Solaris Dutamas, Kuala Lumpur*



Section 14, Petaling Jaya

Section 14, Petaling Jaya with its Jaya Shopping Centre and neighbouring spots such as Jaya 33, Taman Paramount, and Seapark have established themselves as a thriving F&B area. Some eateries in Section 14 have drawn throngs of eager patrons over the years together with a few recent pop-ups that deserve a mention. The Section 14 area has a great variety of food selections, from local to international or even traditional and upbeat. Read our top 5 recommendations of the best eateries in Section 14, PJ!

BY NADHIRAH BADARDIN

Serai @ Jaya Shopping Centre

Serai is no stranger in the local food and beverage scene. Located within the newly minted Jaya Shopping Centre, folks in Petaling Jaya are in for a treat. With a wide-range menu from local to international dishes served plus an attractive chic ambience, it is no wonder that this outlet is always swarming with customers. A notable favourite among customers is the classic Serai Platter – a plate of fluffy lemongrass-infused rice served with honeyed squid, a succulent piece of fried chicken, tender oxtail asam pedas and a fresh serving of acar.

*Lot G-18, Ground Floor, Jaya Shopping Centre,
Jalan Semangat, Seksyen 14, 46100 Petaling Jaya,
Selangor*



Chee Cheong Fun at Hai Keng Kopitiam

If you're looking for your fix of that silky smooth and made-just-right chee cheong fun in Section 14, Petaling Jaya, look no further than the Chee Cheong Fun stall at Hai Keng Kopitiam. This unassuming stall serves old-school Ipoh-style chee cheong fun and is hidden at the very back of the kopitiam. A plate of chee cheong fun is served with the infamous sweet sauce, chilli and pickled green chillies (for that spicy kick). It also serves an array of yong tau foo that is absolutely delicious.

24, Jalan 14/20, Seksyen 14 Petaling Jaya, Selangor



Kokopelli Travellers Bistro

Kokopelli Travellers Bistro is located in a charming and cozy bungalow. Walking up the green driveway with decorative drapes of plants, one will feel welcomed by Kokopelli's intimate and homey charm. The food served here is mostly Western. Our favourite is the highly recommended Mousakka – the Greek version of the lasagna featuring layers of juicy eggplant and ground meat. The crème brulee here is also a favourite among regular patrons. This dessert is smooth, delicate and indulgent in taste.

1, Jalan 14/48, Seksyen 14, 46100 Petaling Jaya, Selangor



House of Pakeeza

House of Pakeeza is known by folks in Petaling Jaya as the go-to Northern Indian food joint in Section 14. Located within a small area of shop lots opposite the main mosque, not many are familiar with Petaling Jaya's best-kept secret. The Palak Paneer (a delicacy of spinach and cheese) here is excellent and quite possibly one of the best Palak Paneers I have ever tasted. The spinach was nicely blended with the cheese to give it a very smooth and creamy texture. If you're a fan of clean eating, you would love this. If you're a fan of food in general, you would love this too.

16-1, Jalan 14/22, Seksyen 14, 46100 Petaling Jaya, Selangor



Taiwan Food Store

There aren't many places in the Klang Valley where one can enjoy a great bowl of beef noodles below RM10. However, you can find a decent bowl of beef noodles right here at Medan Selera in Section 14, Petaling Jaya (next to Digital Mall). A bowl of beef noodles is priced at RM5 while a larger portion costs RM8. The noodles are your regular ramen-type noodles while the broth and beef compliment the stringy noodles with a tender, meaty delight. If you're a fan of anything spicy, be sure to try the chilli oil condiment here. It will leave you wanting more.

Medan Selera, Jalan 14/20, 46100 Petaling Jaya, Selangor

FINE DESSERT

Nothing best concludes a meal but a plate of tantalising dessert. In this issue, we've shortlisted four of our favourite desserts – and no, they're not your ordinary desserts. For each of it comes with a delicate touch that reintroduces heaven to your taste buds.

BY JANE BEE



LEMON CHEESE CAKE WITH PASSION FRUIT SORBET AND FRESH BERRIES (RM38)

Mention Marble 8 and one can't help, but to be reminded of the finest steak in town. However, it has more to offer – and its latest dessert, the Lemon Cheese Cake with Passion Fruit Sorbet and Fresh Berries, is certainly worthy of your attention. And yes, you can forget all about self-control or diet when it comes to this.

*Marble 8, 163 Jalan Binjai, Persiaran KLCC, 50088 Kuala Lumpur
Tel: 03-2386 6030*



RHUBARD & BEETROOT

If you are looking for unique and interesting dessert, look no further than Cantaloupe. Its Rhubarb & Beetroot that consists of Rhubarb cream, beetroot ice cream, crispy sourdough, burnt ginger meringue and blood orange gel is simply sophisticated. Not to mention, it's a pretty unique combination too. The a la carte menu goes by 5-course, 8-course and 10-course, hence, an absolute dining experience!

*Cantaloupe Sky Dining, Level 23A Tower B, The Troika, 19 Persiaran KLCC 50450 Kuala Lumpur
Tel: 03-2162 0886*

MAGNUM IVANO (RM30)

Fuego is not only known for its scenic view and delicious food, the dessert served is worthy of trying as well. The latest addition to the dessert menu, Magnum Ivano is set to blow your mind with its taste and presentation. And yes, we can imagine the joy of indulging in the homemade banana and salted caramel "Magnum Mini" ice cream bar, crunchy cookie and banana cream and vanilla aroma.

*Fuego Sky Dining, Level 23A Tower B, The Troika, 19 Persiaran KLCC 50450 Kuala Lumpur
Tel: 03-2162 0886*



THIRTY8 SIGNATURE CAKE (RM45)

Consider this a must-have dessert in KL. Be it presentation or taste, this cake aces everything with flying colours. It takes just the sight of the milk chocolate mousse cake served with caramelised banana ice cream and salted caramel sauce to have most people going gaga over it.

*Grand Hyatt Kuala Lumpur, 12 Jalan Pinang, 50450 Kuala Lumpur
Tel: 03-2182 1234*

PREVIEW

SHOPPING



Black and White for Fall/Winter 2015-16, VALENTINO

- 48 Hotpicks Women
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- 50 Hotpicks Men



CHLOÉ
Darcey gold-tone Swarovski pearl cuff
Approximately RM1,714

Chloé's 'Darcey' cuff is a versatile piece that exhibits the label's clean artistic signature. Made in Italy, it's cast from polished gold-tone brass and embellished with two Swarovski pearls. We think it's a beautiful compliment to daily looks.



DIOR
Diorchromic Style Shades

Dior kicked off the seasons in 2015 with an iconic pair of sunglasses. Fresh off the brand new season is the Diorchromic Style shades featuring a ladylike shape with thin metal front doubled by contrasting metal lens contour, ala clip on.



LARSSON & JENNINGS
CM gold-plated watch
Approximately RM1,714

Larsson & Jennings 'CM' watch is so called because of its 'chain metal' strap crafted from light stainless steel. Designed to be worn by both men and women, this stunning timepiece is gold-plated and finished with a single set of bold Roman numerals at its white enameled brass face.



DIOR
Miss Dior Medium Bag with Long Chain in Black
Approximately RM19,233

Like Lady Dior, Miss Dior is inspired by the original 1947 haute couture collection made by Dior himself. A small bag with the carnage quilted leather design exclusive to Dior, this little wonder comes with a gorgeous gold chain shoulder strap or cross-body strap.

JIMMY CHOO
Lang mirrored-leather sandals
Approximately RM3,365

The curved straps of Jimmy Choo's gold mirrored-leather sandals have a super flattering effect. Wear yours with an equally glamorous cocktail dress or even with a pair of white slacks.



BURBERRY LONDON
Dégradé silk-georgette dress
Approximately RM6,552

Burberry London's dégradé dress is crafted from crinkled silk-georgette. This feminine style has a cutout back and gently ruched waist to flatter the smallest part of your frame. Style it with heels.



TONDA TOURBILLON SOLO DE JAZZ

Named the Montreux Jazz Festival's Global Partner of 2015, Parmigiani Fleurier Manufacture's new creation is a brilliant tribute to jazz. Just as music transcends barriers of language, reigning in universal appeal that takes in the listener from the very first notes, the Tonda Tourbillon Solo de Jazz's dazzling design emits a timeless appeal that is sure to capture your attention. The watch dial wonderfully depicts a trumpet player in his element against an urban backdrop, with the watch's tourbillon taking the place of the trumpet bell.

GIRARD-PERREGAUX 1966 LARGE DATE AND MOON PHASES

This new creation fits perfectly into the manufacturer's long tradition of expertise, paying tribute to the 1960s, when the technical and timekeeping innovations developed by Girard-Perregaux were awarded the Neuchâtel Observatory Centenary Prize. The pioneering watchmaker was one of the first to have its own Research & Development department, and in 1966 it introduced the first high-frequency movement that gave its watches an exceptional level of precision. The 1966 collection is enhanced with a moon phase indicator that is particularly beautiful.



TIME-STOPPING LUXURY WATCHES

Looking for a new timepiece that will last through the ages? Don't fret; we have got it all sorted out.

VAN CLEEF & ARPELS, THE CADENAS



Originally, the Cadenas watch was designed in 1935. The geometric lines of the piece are typical of 1930s design and give the otherwise feminine piece an edginess that suited the time. This year, Van Cleef & Arpels released a revamped Cadenas. The new piece has been fitted with a grander case and comes in four combinations of various gold metal and leather, complete with diamonds and double-snake bracelet. All have mother-of-pearl dial discreetly placed at an angle on the yellow-gold triangular case behind the U-form clasp.



HERMÈS PENDENTIF BOULE

Here's a dainty little timepiece that you could wear around your neck. Dangling gracefully from a white gold chain, the Pendentif Boule whirls and twirls, presenting its two faces as desired: a multi-coloured corolla motif on the back, or white mother-of-pearl on the dial side where the time ticks by with exquisite delicacy. Hermès introduces an unusual interpretation of its Pendentif Boule by exploring the art of cloisonné enamelling. The demands of this unique skill are rendered all the more complex by the rounded nature of the back of the watch on which the enameller creates a unique motif for Hermès.

ULYSSE NARDIN, "HANNIBAL" MINUTE REPEATER WESTMINSTER CARILLON TOURBILLON JAUQUEMARTS

Feared and revered by the Romans, the great Carthaginian general, Hannibal Barca, knew how to outthink the competition. In his quest to take Rome during the Second Punic War, Hannibal achieved a remarkable feat: He crossed the Pyrenees and Alps with an army of soldiers and elephants, taking on a triumphant victory in Italy. Ulysse Nardin depicts this monumental journey in the Hannibal Minute Repeater with rare and exceptional artistry. From its use of original materials to precise engineering, the recent addition to this premier collection is as ingenious as its inspiration. This watch is part of an exclusive limited edition of 30.





GIVENCHY
CUBAN-FIT PRINTED COTTON JERSEY T-SHIRT
Approximately RM1,880

Inject attitude into your slick contemporary lineup with this photographic skull-print tee by Givenchy. Pair this exclusive Givenchy t-shirt with a slim-cut denim or pants and edgy shoes.



CUTLER AND GROSS
TORTOISESHELL AND METAL SUNGLASSES
Approximately RM2,291

With the retro shape, Cutler and Goss sunglasses have a timeless appeal. Wear them to bring a touch of vintage to your daily wear.



TOD'S
CROSS-GRAIN LEATHER DOCUMENT HOLDER
Approximately RM1,439

Meticulously crafted in Italy from black cross-grain leather, this Tod's document holder springs quality. The slim profile and neat zipped pocket create a modern, functional appearance that is apt for today's distinguished city dweller.

TOM FORD
Suede High-Top Sneakers
Approximately RM3,641

These Tom Ford high-tops have been immaculately crafted in Italy. The suede puts a luxurious soft side in focus while the leather lining ensures a comfortable fit.



GIVENCHY
SLIM-FIT WOOL TROUSERS
Approximately RM3,318

These Givenchy trousers are razor sharp, cut for a slim fit and meticulously pressed down the front of the legs. The wool blend is soft and warm and the deep black shade ensures versatility.



AIRLINK



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Dr. Afendi Dahlan
Executive Director
JETTY POINT LIFESTYLE (M) Sdn. Bhd.

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Now into his second year as Managing Director of Malaysia Airports Holdings Berhad, Datuk Badlisham Ghazali is fast gaining recognition in the global aviation world. A speaker at the World Routes Strategy Summits in Chicago in 2014 and Durban in 2015, and the 22nd Global Airport Development conference this year, he is also Special Advisor to Airports Council International Asia-Pacific. He sits on the Boards of the international airports at Delhi, Hyderabad, Istanbul and Male.

This month, Datuk Badlisham talks about his vision for KLIA Aeropolis.



continues today, but the paradigms have widened, to encompass the great vision and comprehensive concept of the original plan. The vision of Malaysia Airports today is "To be a Global Leader in Creating Airport Cities". As such, the development of KLIA Aeropolis is one of the major catalysts in the achievement of our vision.

"Malaysia Airports' implementation of KLIA Aeropolis covers 6,750 acres of land surrounding KL International Airport (KLIA). A diversified and integrated city with comprehensive facilities for retail businesses, exhibitions, leisure and tourism activities, KLIA Aeropolis is the ideal location for business to thrive in a high-growth, optimum-value area.

"The KLIA Aeropolis master-plan development is driven by the accessibility,

AIRPORT MD SPEAKS

"When the concept of a new flagship airport for Malaysia was first mooted decades ago, it was intended to be much more than the ordinary, rather narrow definition of a facility for aeroplanes to land and take-off. Instead, KL International Airport was envisioned as a holistic, self-contained airhub. It was to be a complete urban development centred around the core airport facility – an ultramodern aeropolis.

"In the first year of its creation, KLIA was focussed on excellence in operations and service-delivery as a regional airhub of choice. Part of this journey involved becoming the World's First Next-Generation Hub. This journey





as Putrajaya and Cyberjaya, an abundant workforce in the immediate vicinity of KLIA that will support new businesses; and multimodal accessibility, including modern, multi-lane highways and an express train to Kuala Lumpur's main transport-hub at Sentral.

"As we aspire to be 'the global leader in creating airport cities', KLIA Aeropolis will be an important yardstick of success. Managing 39 airports across the country and more in other nations, the possibilities for growth are exciting. Malaysia Airports envisages that KLIA Aeropolis will eventually be the 'template' for the development of other similar airport-cities which will then position Malaysia as an internationally-recognised hub for aviation, aerospace and logistics while also being an engine for tourism growth.

"We want KLIA Aeropolis to be the centre for urban growth and development. We are certain that not only will the development of an airport city be of benefit to the Group but also our nation in general. Its development will spur an increase in employment opportunities thus creating multiplier effects to the local economy. On top of that, the facilities provided will also spur domestic and foreign investments, as well as strategically position Malaysia on the map as a global business and travel hub for South East Asia, with a reputation that spans the world."

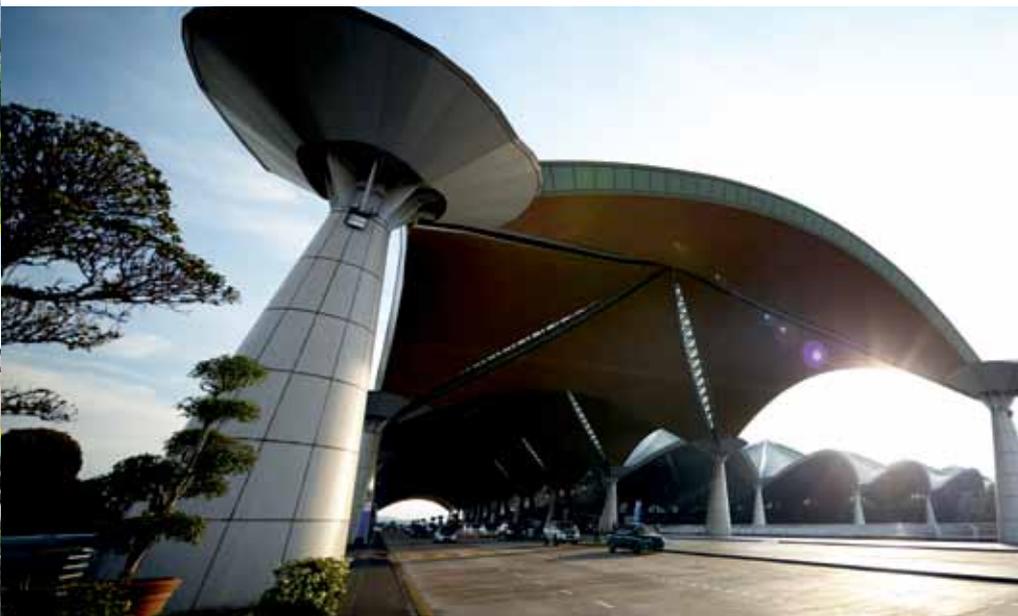
speed and agility factors that the airport provides to time-sensitive supply-chains and corporate connectivity, nationally and globally. It is envisioned to become a truly remarkable new airport-city development with top-class tourism attractions, to become a destination in its own right.

"The KLIA Aeropolis will comprise a Commercial Business Zone, a Free Commercial Zone, a Recreational & Institutional Zone, an Agro-Tourism & Theme Parks area, a Natural Conservation Zone, a Cargo & Logistics Zone, and an area set apart for Medical Tourism. It will revolutionise the country's aviation industry by pioneering the development and strategic planning of airport cities. The KLIA Aeropolis project will include the development of office buildings, businesses, a convention centre, distribution facilities, a theme park and a golf course.

"Prime Minister YAB Dato' Seri Najib Tun Abdul Razak said the KLIA Aeropolis will drive more business investments and tourist traffic to Malaysia. "As a centre for urban growth and development, it will spur an increase in employment opportunities, thus stimulating the local economy," he said at the opening of Mitsui Outlet Park, one of Malaysia Airport's key and initial projects in the KLIA Aeropolis master plan.

"The Mitsui Outlet Park, a catalyst project of the master plan, involves an investment of RM355 million for three phases of development. Additionally, the outlet-park is expected to provide over 1,800 employment opportunities by 2015 and another 200 each for the second and third phases. This means around 2200 people working at this exciting retail development that we believe is the beginning of great things at KLIA Aeropolis.

"We already have several key components in place that will facilitate development of KLIA Aeropolis, including a land-bank of more than 22,000 acres, close proximity to such key developments





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OMOTENASHI @ KLIA !

Mitsui Outlet Park KLIA provides an exciting shopping experience



Omotenashi is the unique spirit of Japanese hospitality, and this is what you will find, combined with authentic Malaysian elements, at Mitsui Outlet Park KLIA Sepang, the newest and really exciting shopping experience in Southeast Asia!

This impressive emporium will also enrich the shopping experience for regional and international travellers who visit and transit via Kuala Lumpur by offering them a taste of both Malaysian and Japanese culture in a location conveniently close to the airport.

As one enthusiastic shopper says, "Mitsui Outlet Park provides the best of Japanese shopping with a familiar Malaysian character – there's nothing quite like it in

this region!" At its Grand Launch in July, Masanobu Komoda, President and Chief Executive Officer of Mitsui Fudosan said, "We unite Malaysian culture and needs with our Japanese style of hospitality."

He added that "We strive to operate Mitsui Outlet Park KLIA Sepang to be an attractive and safe destination complemented by comfort and convenience. We have injected our experience and knowledge acquired from the development and operations of 13 existing outlet malls in Japan as well as many other retail malls that we own and manage internationally."

Mitsui Outlet Park KLIA Sepang features a unique 'Paradise Village' design-concept





with four nature-inspired zones - the Sunshine Square, Pier Walk, Tropical Plaza and Beach Walk – to evoke a tropical feel. This ensures that visitors feel relaxed and comfortable while walking amongst 127 outlets. The tropical-resort ambience is enhanced by the lush greenery and streams of natural light brightening the two-storey enclosed mall. It is Malaysia's new shopping paradise where luxury meets affordability.

Visitors can expect discounts between 30% to 70% throughout the year on off-season products from international and local brands such as Hugo Boss, Bally, Polo Ralph Lauren, Outlet by Club 21, Aigner, Sacoor Brothers, Tommy Hilfiger, BCBGMAXAZRIA, DVF, Hacket, Bonia, Adidas, Guess, Porsche Design, Hush Puppies, Karen Millen, Topshop, Superdry and more.

In keeping with the Malaysian love for food, Mitsui Outlet Park KLIA Sepang provides delicious servings of Japanese

culture through the 'Japan Avenue', where visitors can taste authentic Japanese cuisine and experience authentic Japanese culture through traditional demonstrations of arts and crafts, tea, and various other culinary delights.

For those with more cosmopolitan tastes, there is something for everyone! Popular international restaurants such as Sushi Maru, Don Don Tei, Gao! Gao!, Beryl's Chocolate & Café, and Para Thai, find their first homes in Malaysia in Mitsui Outlet Park KLIA Sepang. Specialty restaurants include Hidang, M.A.D.I, Bari-Uma, Straits House and The Eatery. Other all-time favourites are The Loaf, Coffee Bean & Tea Leaf, and Dome. Mitsui Outlet Park also houses a food court that can accommodate up to 800 diners at any one time.

Aside from its distinctive architecture, cultural combination and wide range of offerings, Mitsui Outlet Park KLIA Sepang has a comprehensive range of facilities. Baby Nursing Rooms are available at the Beach Walk, with 2 units on the Ground Floor and 1 unit on the First Floor. The Jkids Children's Playground is on the First Floor, while Wheelchairs and Strollers are available for loan. ATMs are available on the Ground Floor and First Floor, and there is a Surau located at the Ground Floor in the Beach Walk area.

There are even more surprises for air-travellers! This is the first Mitsui Outlet Park in the world to feature a Flight Check-in Centre within the premises of the outlet mall. This is a dedicated service for air-travellers that adds a new dynamic to the layover experience. The Flight Check-in Centre has been specially developed to a stress-free shopping experience for travellers, with maximum convenience and peace-of-mind.

Additionally, Mitsui Outlet Park also provides a free dedicated shuttle-bus service

to and from KLIA's Main Terminal and klia2. As the Chairman of Malaysia Airports Tan Sri Dato' Sri Dr Wan Abdul Aziz Wan Abdullah mentioned at the Grand Launch, Malaysia Airports ensures that Mitsui Outlet Park KLIA Sepang is seamlessly integrated into the airport experience, and provides customers with an end-to-end experience that blends well with the airport terminals.

For more information or to plan your next trip to include this unforgettable shopping destination, visit www.mitsuioutletparkklia.com.my.





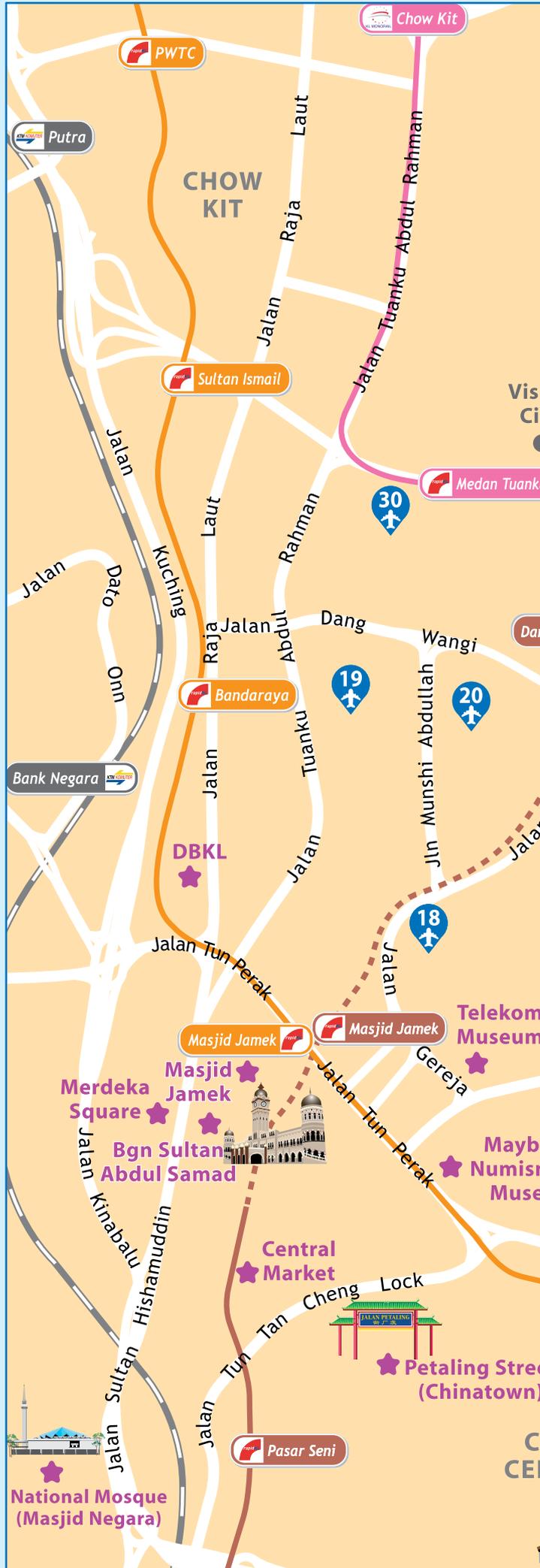
Flight Check-In Centre

- **Flight Check-in System** that lets air-travellers obtain their boarding-pass while they shop; (available for the following airlines: Malaysia Airlines, Air France-KLM, Bangkok Airways, Cathay Pacific Airways and Turkish Airlines)
- **Flight Information Display Systems** so that travellers can always check their latest flight-information without leaving the premises;
- **Free baggage storage service;** so travellers can shop in convenience while their luggage is securely and safely stowed;
- **Facilitation for transportation services** so shoppers can access buses, taxis, and rental cars.

A Malaysia Airports concept for communication convenience !

- | | |
|--|---|
| 1) Aeroflot 10
• Lion Office Tower • 03-2141 4000 | 49) Hunnu Air 16
• Menara Hap Seng • 03-2148 7500 |
| 2) Aerolineas Argentina 8
• Central Plaza • 03-2144 3288 | 50) Icelandair 24
• UOA Centre • 03-2715 2277 |
| 3) Aero Mexico 24
• UOA Centre • 03-2715 2277 | 51) Iran Air 25
• Megan Avenue II • 03-2161 1351 / 0411 |
| 4) Air Arabia 31
• Hotel Maya • 03-2161 0908 | 52) Iran Aseman Airlines 31
• Hotel Maya • 03-2166 7644 |
| 5) Air Astana 8
• Central Plaza • 03-2144 1571 | 53) Iraqi Airways 3
• Berjaya Times Square • 03-2110 0105 |
| 6) Air Berlin 9
• Menara Standard Chartered • 03-2687 2222 | 54) Jet Airways 10
• Lion Office Tower • 03-2148 9020 |
| 7) Air Bagan 8
• Central Plaza • 03-2144 6785 | 55) Jetstar 2
• Amoda Building • 03-2713 3909 |
| 8) Air Canada 24
• UOA Centre • 03-2715 2053 | 56) Kenya Airways 16
• Menara Hap Seng • 03-2141 7521 |
| 9) Air China 28
• MyHabitat One Residence • 03-2166 1999 | 57) KLM Royal Dutch Airlines 4
• ParkRoyal Hotel • 03-7712 4555 |
| 10) Air France 4
• ParkRoyal Hotel • 03-7724 8181 | 58) Korean Air 16
• Menara Hap Seng • 03-2030 0200 |
| 11) Air India 18
• Wisma Paradise • 03-2072 6066 | 59) Kuwait Airways 8
• UBN Tower • 03-2031 6033 |
| 12) Air KBZ 8
• Central Plaza • 03-2144 6785 | 60) Lufthansa 15
• Kenanga International • 03-2053 1898 |
| 13) Air Madagascar 10
• Lion Office Tower • 03-2141 3899 | 61) Mahan Air 25
• Megan Avenue II • 03-2166 7977 |
| 14) Air Mandalay 8
• Central Plaza • 03-2144 6785 | 62) Malindo Air 30
• Medan Tuanku 1 • 03-7841 5388 |
| 15) Air Mauritius 8
• Central Plaza • 03-2142 9161 | 63) Mandarin Airlines 2
• Amoda Building • 03-2142 7344 |
| 16) Air New Zealand 24
• UOA Centre • 03-2715 5020 | 64) Merpati Nusantara 12
• Wisma MPL • 03-2141 1411 |
| 17) Air Niugini 8
• Central Plaza • 03-2148 4313 | 65) Myanmar Airways International 8
• Central Plaza • 03-2144 6785 |
| 18) Air Seychelles 9
• Menara Standard Chartered • 03-2687 2222 | 66) Nepal Airlines 19
• Semua House • 03-2698 7933 |
| 19) Air Serbia 9
• Menara Standard Chartered • 03-2687 2222 | 67) Oman Air 16
• Menara Hap Seng • 03-2145 6123 |
| 20) Alitalia 10
• Lion Office Tower • 03-2148 0644 | 68) Pakistan International Airlines 8
• Central Plaza • 03-2142 5444 |
| 21) All Nippon Airways 11
• Wisma Goldhill • 03-2032 1331 | 69) PAL Express 10
• Lion Office Tower • 03-2141 0767 |
| 22) Amadeus (GDS) 13
• Menara Dion • 03-2302 2100 | 70) Philippines Airlines 10
• Lion Office Tower • 03-2141 0767 |
| 23) American Airlines 24
• UOA Centre • 03-2715 1122 | 71) Qantas 2
• Amoda Building • 03-2713 3911 |
| 24) Asiana Airlines 8
• Central Plaza • 03-2144 3101 | 72) Qatar Airways 8
• Central Plaza • 03-2118 6100 |
| 25) Association of Asia Pacific Airlines 23
• Menara Prestige • 03-2162 1888 | 73) Regent Airways 8
• Central Plaza • 03-2072 8255 |
| 26) Austrian Airlines 8
• Central Plaza • 03-2148 8033 | 74) Royal Brunei Airlines 17
• UBN Tower • 03-2070 7166 |
| 27) Bangkok Airways 8
• Central Plaza • 03-2148 0829 | 75) Royal Jordanian 16
• Menara Hap Seng • 03-2148 7500 |
| 28) Biman Bangladesh Airlines 26
• Menara Atlan • 03-2164 6270 | 76) Saudi Arabian Airlines 25
• Megan Avenue II • 03-2166 7778 |
| 29) British Airways 2
• The Intermark • 03-7712 4747 | 77) Scandinavian Airlines 25
• Megan Avenue II • 03-2162 6044 |
| 30) Cathay Pacific 22
• Menara IMC • 03-2035 2777 | 78) Silk Air 20
• Menara Multi-Purpose • 03-2618 6333 |
| 31) China Eastern Airlines 27
• Plaza OSK • 03-2161 1666 | 79) Singapore Airlines 20
• Menara Multi-Purpose • 03-2618 6333 |
| 32) China Southern Airlines 27
• Plaza OSK • 03-2163 9977 | 80) Shanghai Airlines 27
• Plaza OSK • 03-2161 1666 |
| 33) Dragonair 22
• Menara IMC • 03-2035 2777 | 81) Shenzhen Airlines 29
• MyHabitat One Residence • 03-2166 1999 |
| 34) Egypt Air 6
• Menara Keck Seng • 03-2145 6867 | 82) South African Airways 10
• Lion Office Tower • 03-2141 7456 |
| 35) Emirates Airlines 7
• The Pavilion • 03-2058 5899 | 83) SpiceJet 18
• Wisma Paradise • 03-2070 6055 |
| 36) Ethiopian Airlines 8
• Central Plaza • 03-2141 2190 | 84) SriLankan Airlines 16
• Menara Hap Seng • 03-2070 1979 |
| 37) Etihad Airways 9
• Menara Standard Chartered • 03-2687 2222 | 85) Swiss International Air Lines 15
• Kenanga International • 03-2053 1898 |
| 38) Etihad Regional 9
• Menara Standard Chartered • 03-2687 2222 | 86) TAP Portugal 24
• UOA Centre • 03-2715 2277 |
| 39) Eva Airways 15
• Kenanga International • 03-2162 2981 | 87) Thai Airways 11
• Wisma Goldhill • 03-2034 6999 |
| 40) Finnair 8
• Central Plaza • 03-2145 1155 | 88) Turkish Airlines 24
• Menara Prestige • 03-2163 0849 |
| 41) flyNiki 9
• Menara Standard Chartered • 03-2687 2222 | 89) Turkmenistan Airlines 32
• G Tower • 03-7728 1044 |
| 42) Galileo (GDS) 6
• Menara Keck Seng • 03-2119 6000 | 90) Ukraine International Airlines 31
• Hotel Maya • 03-2161 0908 |
| 43) Garuda Indonesia 28
• The Intermark • 03-2162 2811 | 91) United Airlines 8
• Central Plaza • 03-2142 4311 |
| 44) Gulf Air 8
• Central Plaza • 03-2141 2676 | 92) U.S. Airways 24
• UOA Centre • 03-2715 1122 |
| 45) Hahn Air 8
• Central Plaza • 03-2148 8033 | 93) Uzbekistan Airways 24
• Wisma UOA II • 03-2162 6488 |
| 46) Hawaiian Airlines 10
• Lion Office Tower • 03-2143 1533 | 94) Vietnam Airlines 16
• Menara Hap Seng • 03-2031 1555 |
| 47) Heli Air Monaco 10
• Lion Office Tower • 03-2141 4540 | 95) Xiamen Airlines 27
• Plaza OSK • 03-2166 8222 |
| 48) Hong Kong Airlines 24
• UOA Centre • 03-2715 1155 | 96) Yemen Airways 24
• UOA Centre • 03-2164 3031 |

MALAYSIA AIRPORTS HOLDINGS BERHAD (487092-W)
Marketing Division



KUALA LUMPUR



“Outlet Parks are a way forward in shopping lifestyle.” An investor offers an intellectual perspective.



Interview with
Dr. Afendi Dahlan
Executive Director
JETTY POINT LIFESTYLE (M) Sdn. Bhd.

Committed to excellence in everything he does, Afendi Dahlan pursued his education in pharmaceutical science to its zenith by obtaining a doctorate in Pharmaceutics from The School of Pharmacy, University College London. Simultaneously, he had pursued an education in law, achieving both a Graduate Diploma in Law and a Post-Graduate Diploma in Vocational Training for the Bar in the United Kingdom – the latter in the same year he obtained his PhD.

He began his career with the Ministry of Health Malaysia. As a registered pharmacist, he serves the Malaysian Pharmaceutical Society as its Chairman of the Pharmacy Legislation Committee. He is uniquely qualified for this post because of his legal background and experience.

After being called to the Bar of England and Wales (Lincoln’s Inn) and then to the Malaysian Bar, he commenced practising law with an international law firm based in Kuala Lumpur, where he specializes in mergers & acquisitions, telecommunication & multimedia, and pharmaceutical & biotechnology.

Keen to see a new generation of well-qualified professionals rise up in Malaysia, he started a third career in academia, lecturing at Cyberjaya University College of Medical Sciences in his spare time. When he was appointed to his present post, as the Executive Director of Jetty Point Lifestyle (M) Sdn Bhd, his fourth career - this

time as an entrepreneur - began. Despite his incredible schedule, those working with him in his latest project at Mitsui Outlet Park KLIA readily testify to his passion, dedication and commitment to the success of his retail investment.

Jetty Point Lifestyle (M) Sdn Bhd is the authorized partner of Porsche Design for Malaysia. Its Executive Director is enthusiastic about this venture: “We are excited about this project after the positive response we received from our first store in an Outlet Park in Johor. Given the proximity of Mitsui Outlet Park KLIA to the city, this allows us to reach and service our customer-base in the central region especially in Klang Valley. It also effectively serves the tourist market and business-travellers on tight schedules.”

It is clear that the concept of Outlet Parks figure prominently in Afendi Dahlan’s business strategy. The establishment of Outlet Parks is one of the Entry Point Projects identified in one of the National Key Economic Areas in Malaysia’s Economic Transformation Programme. Malaysia Airports is championing one of the Entry Point Projects with the Mitsui Outlet Park being one of its key and initial projects in its KLIA Aeropolis Master Plan. But where did this innovative concept come from?

Outlet Stores first appeared in the eastern United States in the 1930s, originally directly retailing a single brand for a manufacturer. In 1974, Vanity Fair opened up the first multi-store outlet in Pennsylvania. Since the 1980s, outlet malls experienced strong growth across the USA. The concept soon spread around the world. In Europe, retailer BAA McArthurGlen has opened over a dozen such malls with more than 1,200 stores and 3 million square feet of retail space. In Japan, multi-brand Outlet Parks began emerging in the 1990s. Japanese retail giant Mitsui operates 13 Outlet Parks in Japan and 1 in China. Mitsui Outlet Park KLIA is its first venture outside the Far East. Afendi Dahlan’s perspective stems from his own initial experience in the United Kingdom. “My first visit to Bicester Village in Oxfordshire was an eye-opener. Although situated in a relatively remote area approximately one hour from both London and Birmingham, it has become one of the United Kingdom’s most visited tourist destinations! Opened in April 1995, Bicester Village is the first purpose-built and strategically-located Outlet Park in the UK. Its phenomenal success has opened the flood-gates for the emergence of Outlet Parks all over Great Britain.”

“The success of Bicester Village taught me several valuable truths”, he explains animatedly. “Despite the vast difference in traditional shopping cultures in America, Japan, the European nations and Great Britain, the success of Outlets Parks demonstrate that certain key shopping values are universal. Firstly, Outlet Parks give people more for their money. For the same amount of money, they come away with loads more merchandise than they would in a town shop or city-centre mall. “Secondly, Outlet Parks bring world-famous luxury brands within the reach of a broader group of people. You can get the superb quality, glamorous image and solid durability of the world’s top brands at massive discounts.

“At Mitsui Outlet Park KLIA, for example, one of the key criteria is that goods must be sold at a discount of at least 30% off downtown prices. Some Outlet Park retailers would even go down to a whopping 80% or 90% to move their products. Malaysians love a bargain, and I believe that that Outlet Parks will soon become a hit here!

“I think the Malaysian Government is very wise in promoting Outlet Parks as a way of bringing bargains galore to the masses”, he concludes. “For value-conscious Malaysians, resident expatriates, air-travellers and tourists, Mitsui Outlet Park KLIA is ideal. In fact, I strongly believe that Outlet Parks are a way forward in shopping lifestyle.”



ESPRIT excites savvy shoppers!

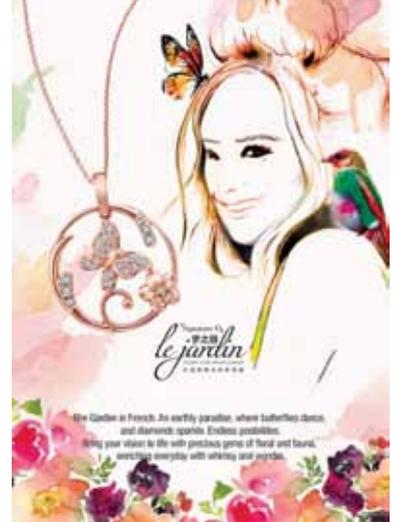
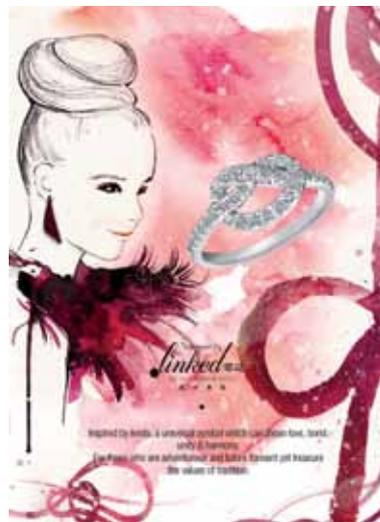
Esprit is an international fashion brand at Mitsui Outlet Park KLIA Sepang that excites savvy shoppers and air-travellers. Founded in San Francisco by Susie and Doug Tompkins in 1968, Esprit works on a basis of creativity and responsibility, fused with a sunny Californian attitude.

Effortless style, authenticity and easy-going living are at the heart of the brand's philosophy. These positive values shine through at every level, from the laid-back tailoring to the made-to-last quality, use of natural materials and responsible production.

Esprit's aspiration is to be the best casual fashion brand with outstanding value. It captures market-trends and newness in colour, quality fabrics and shapes, and expresses them in the effortless, relaxed and comfortable Esprit style. For every garment, Esprit pays maximum attention to fabric selection, fitting and perfect quality. The company's "esprit de corps" reflects a positive and caring attitude towards life that celebrates real people and togetherness according to the brand promise: "We want to make you feel good to look good".



DIAMOND & PLATINUM opens at Mitsui Outlet Park



Customers will be spoilt for choice when they visit Diamond & Platinum at Mitsui Outlet Park KLIA Sepang. Besides a glittering array of jewellery with attractive discounts up to 50%, this is the first store to launch the latest fashion jewellery collection, Signature D.

Signature D features Le Jardin – a garden-inspired jewellery collection with unique linked designs of flowers, butterflies and leaves, featuring diamonds set with 10K white and rose gold. Some special champagne and brown diamonds are also used in the collection.

Diamond & Platinum celebrates your life's precious moments, and immortalises them

with platinum, 750 white gold and Estrella diamonds. As a pioneer for diamonds set in platinum & white gold, they have 16 years' experience in the jewellery market. They understand the customer's need to find the perfect ring or jewellery for special moments. They put in extra effort to ensure all products are perfect before they are sold.

Diamond & Platinum set another milestone when they were appointed the sole licensee for Malaysia to distribute Forevermark Diamonds by De Beers. Currently in its fourth year, Diamond & Platinum has been moving from strength to strength.



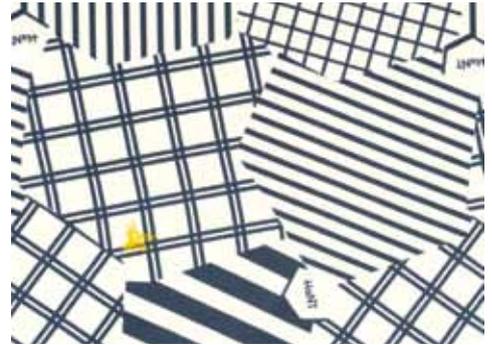
For more information, please contact Elaine Lim or Amanda Kuan at **03-22827318**.

ACE introduces Proteca and HaNT



One of the leading travel-retail names at Mitsui Outlet Park KLIA Sepang is Ace, the leading bags and luggage brand from Japan. Established in 1940, Ace produces innovative and technologically-superior bags of the highest possible quality. From its manufacturing-plant in Hokkaido, Ace produces functional, stylish and high-quality bags and luggage for business, travel and daily use.

Purchasers of Ace products at the Ace store in at Mitsui Outlet Park will be introduced to the security benefits of Proteca, advanced technological designs that provide the ultimate in stylish protection for your valuable possessions. Proteca is developed to provide the most outstanding luggage protection. Proteca has been described as "the best



of the best", created with superior quality, value and functionality in attractive, modern designs for smart, sophisticated world travellers.

Ace also showcases HaNT, the first range of ladies' suitcases fully designed by ladies, and packed with ideas to surprise. Sporting the distinctive "Bee" icon, HaNT suitcases come with caster stoppers, silent wheels, scratch-resistant body, and zippered inner pockets with different colour fabrics.

Every suitcase comes with a TSA-safe locking system for your convenience. The ACE store at Mitsui Outlet Park also has many other luggage-choices on promotion.

PORSCHE DESIGN engineers luxury



Porsche Design, the No. 1 German luxury fashion-brand, offers 'engineered luxury' with the opening of its second conceptstore in Malaysia at Mitsui Outlet Park KLIA.

Spread over 1,600 sq ft, the Porsche Design store features a unique global retail concept. The store's fixtures mirror the style and functionality of the high-quality Porsche Design products themselves. A combination of rich natural elements is contrasted with sleek, innovative high-tech materials. An alternating lighting display creates a dynamic yet luxurious atmosphere.

Porsche Design is a luxury brand with a particular focus on technically-inspired products. Founded in 1972 by Ferdinand Alexander Porsche, the brand Porsche has stood for functional, timeless and purist design ever since. Porsche Design has created elegant and timeless men's fashion accessories since 1972 with the introduction of the first-ever all-black wristwatch. Other iconic products include sunglasses, driving and running shoes, ladies' handbags and writing instruments.

Testimony to both the superior quality and irresistible glamour of Porsche Design comes from the number of rich and famous folk sporting the brand. Hollywood A-list celebrities are often seen donning Porsche Design products, while sports fans will be interested to know that José Mourinho, Chelsea football-team manager, is currently the brand ambassador for Porsche Design.

The Mitsui Outlet Park KLIA store offers an exciting full range of classic men's

accessories, watches, a sport and fashion collection as well as electronic products and an extensive luggage collection. Also available is the shake pen – a ball pen is characterized by its innovative shake technology. With a brief wrist movement, it is ready to write!

In Malaysia, Porsche Design collaborates with Porsche Club Malaysia as a brand partner, driving the brand to the fast-lane for growth. And it's all available at Mitsui Outlet Park KLIA!



KLM brings Miffy to KL



KLM Royal Dutch Airlines recently brought a special guest, Miffy, the adorable white rabbit from the Netherlands to Kuala Lumpur to launch a one-time special KLM Miffy flight on 11 August 2015 between Kuala Lumpur and Jakarta.

Miffy, is the creation of Dutch artist Dick Bruna and is also known as 'Nijntje'

– the shortened form of 'Konijntje', meaning 'rabbit' – in Dutch. Miffy was 'born' in 1955 during a vacation in The Netherlands where Bruna would tell his son a story about a white rabbit who would wander through the gardens of the holiday-village in which they were staying. This rabbit later became the inspiration for Miffy, who came to life through Bruna's

drawings. Miffy just celebrated her 60th anniversary early this month.

The 'KLM Brings Miffy' campaign aims to promote the KLM brand values: Dutch, inspirational, refreshingly genuine, and open. It also aims to promote brand awareness to the younger audience who is inspired to travel and to promote the daily direct KLM services to Kuala Lumpur/Jakarta, Amsterdam and other exciting destinations in Europe.

Aude-Lise Combier, Country Manager for Air France-KLM in Malaysia, says that "With the 'KLM Brings Miffy' campaign, KLM aims to engage our followers on social media with new and exciting activities. Bringing Miffy to Kuala Lumpur is another way for KLM to further engage with our existing fans, and expand KLM's social media presence to include new followers. Through this campaign, we hope to increase awareness of the new KLM cabins and our extensive worldwide network."

The special themed flight featured the brand-new KLM Economy Class cabin with the latest improvements in seat-comfort and technology offering passengers an improved travel experience. It provided an all-round experience that began from the check-in counter and continued to items onboard including a KLM and Miffy-themed meal-tray, headrest, pillowcase and other items. For ticketing and reservations please call **03-7712 4555**.



New Manager for AIR ASTANA



The Kuala Lumpur office of the national flag-carrier of Kazakhstan has seen some new moves in recent months. Air Astana's Malaysia Country Manager Fauzi Abdulaziz has retired, and he has been succeeded by Manshuk Kuatbaikyzy from the airline's headquarters in Almaty.

Having visited Malaysia on vacation before, the new Country Manager is enthusiastic about her posting to this country. "When they say Malaysia is truly Asia, I realise that it actually combines the cultures, languages, cuisine and business-styles of several Asian countries all at the



same time! It is a fascinating country, and I look forward to the challenges ahead of me."

Last year, Air Astana celebrated triple success at the 2014 Skytrax World Airline Awards, with a 4-Star rating, Best Airline Central Asia/India and Best Airline Staff Service Central Asia/India being achieved for the third successive year.

Manshuk Kuatbaikyzy explains that Kazakhstan's national flag-carrier currently flies three times a week from KLIA. For enquiries and ticketing, please visit the website www.airastana.com or call **03- 2144 1571**.

QATAR AIRWAYS partners Qatar Tourism



Qatar Tourism Authority Asia recently held a workshop at the Kuala Lumpur Hilton for selected travel-agents. The event was officiated by the Guest of Honour, Mansoor Ali F. A. Al-Hajri, Charge d'Affaires at the Qatar Embassy in Malaysia.

Qatar Tourism Authority Asia Account Supervisor Peter Phang welcomed guests and gave the Opening Address, after which Qatar Airways Country Manager of Malaysia Emmanuel Oswald gave a vivid audio-visual presentation. Of special interest to the assembled Travel Agents was the Complimentary 3-hour Transit Tours of Doha available on a first-come, first-served basis at Hamad International Airport. These tours are only available for those on transit for between 6 to 15 hours.

Another product that generated considerable interest was the Qatar



Airways Stopover Package. Whether travelling for business or leisure, Qatar boasts attractive facilities and activities for everyone. Passengers can choose from an outstanding selection of hotels, excursions, and recreational activities for a memorable stopover experience of this amazing country.

Highlight of the afternoon event was the Launch and Seminar on TAWASH – the exciting Qatar Tourism Authority Online Destination Training Programme by Account Manager Yvonne Yeo. Those who completed the training-programme successfully would be awarded an Official Certificate and the participation in a Lucky Draw that had two latest-model iPad as prizes.

The TAWASH Seminar was followed by another set of impactful audio-visual presentations on some of the attractions in Qatar, including the idyllic Anantara Banana

Island Resort. The resort provided the prize of two nights stay for the lucky winner of the on-site raffle that was conducted by Esther Chiu, the hotel group's Director of Sales for Singapore & Malaysia.

The event ended with refreshments and question-and-answers sessions. Several travel-agents said that the afternoon was "an eye-opener" and congratulated Qatar Tourism Authority Asia for a well-run and informative event.

This year, Qatar Airways celebrates its 2nd anniversary of joining the oneworld global alliance. Emmanuel Oswald says that the airline operates 24 flights a week between Kuala Lumpur and Doha with onward connections to Europe, the Americas, Africa and the Middle East via its Doha hub. For more information, visit www.qatarairways.com or call **03-2118 6100**.

CHINA AIRLINES *New Uniforms popular*



General Manager of China Airlines Malaysia Branch Robert K. C. Chin says that the futuristic and fashionable new uniforms launched recently have proven popular with air-travellers, industry analysts and the cabin-crew themselves.

The new-generation China Airlines uniforms for air and ground staff feature a mix of traditional and contemporary elements and are both stylish and classic at the same time. Designed by William Chang, winner of 11 Golden Horse Awards for Best Costume and an Oscar nominee for Best Costume Design, in his first foray outside of the film sector, the new uniforms are an expression of contemporary design that uses different colour blocks in unique proportions to create visual cues.

The design retains the form of the traditional qipao yet incorporates modern fashion concepts and lines. The results are figure-enhancing and give both sexes an energetic look when worn. Functionality is emphasized so air and ground staff can raise their arms or bend down with ease in their work. This design-focus is in keeping with the elegance of past China Airlines uniforms and incorporates many innovative ideas from the latest inter-disciplinary collaboration.

The functionality of the dress shoe was considered as well with emphasis given to comfort and the need to stand for extended periods of time. Footwear is divided into high heels for travel and flat soles for work. The design includes blue decorative lines



and sapphire-coloured shoes that hint at the corporate colours of China Airlines. They complement the overall uniform and ensure a consistent, high-quality look.

This year, China Airlines celebrates its 48th year in Malaysia; making it one of the most established foreign airlines in this country. The leading airline from Taiwan flies to 115 destinations in 29 countries and regions around the world. The airline is one of the busiest at KLIA, where it has its own exclusive Dynasty Lounge. For ticketing and information, please visit www.china-airlines.com or call **03-2142 7344**.



ANA Comes to Malaysia!



Yes! ANA Comes to KL!
That was the dynamic theme of the glittering celebration party hosted by All Nippon Airways at a prominent hotel in Kuala Lumpur a few days prior to the airline's arrival in Malaysia.

Guests of Honour for the evening were His Excellency the Ambassador of Japan to Malaysia Dr. Makio Miyagawa and the Director-General of Tourism Malaysia Dato' Mirza Mohammad Taiyab.

ANA was represented by Member of the Board of Directors and Executive Vice-President Akira Okada, Senior Vice President

Kenya Inada, Vice-President Asia Mitsuo Tomita, and a large team from the Kuala Lumpur and Regional offices.

During the evening, guests were treated to a multi-media presentation by ANA, a dramatic balloon-launch of ANA's core philosophy, a powerful and throbbing traditional Wadaiko Taiko Drum performance, and a fun-filled Lucky Draw with a variety of prizes that included 1 single return ticket to Tokyo, 1 pair of return tickets to Tokyo and 1 pair of Business Class tickets to Tokyo.

Last month, Japan's leading airline launched a new daily service from Narita

to Kuala Lumpur, utilising an ultra-modern Boeing 787-8 Dreamliner. The new service allows passengers to make easier connections with flights to and from North America during the evening period at Narita.

Founded in 1952, ANA flies today on 72 international routes and 115 domestic routes with a fleet of about 240 aircraft. ANA has been a core member of Star Alliance since 1999 and its Frequent Flyer Program, ANA Mileage Club, has more than 26 million members. ANA was voted Airline of the Year for 2013 by Air Transport World Magazine, and was awarded five stars in 2013 and 2014 by SKYTRAX.

For more information and ticketing, please call **03-2032 1331**.





***DRAGONAIR** promotes Hiroshima*

Danny Tham, Sales Manager for Cathay Pacific and Dragonair in Malaysia & Brunei, says that the launch of Dragonair flights between Hong Kong and Hiroshima has sparked interest in the Malaysian market.

Although best known as the first metropolis in history to be targeted by a nuclear weapon seventy years ago, Hiroshima today is a bustling business centre and a scenic city with a myriad tourism attractions.

The launch was celebrated with a special ceremony held at Hiroshima Airport before the departure of the first KA351 service to Hong Kong. The ceremony was organised by the Hiroshima Prefecture Airport Promotion Committee and officiated by Hironori Takagaki, Deputy Hiroshima Governor. Representing Dragonair and the Cathay Pacific Group were Dane Cheng, Director Sales & Marketing, and Clarence Tai, General Manager Japan.

Also present at the event were Managing Director of the Hiroshima Prefectural Government Airport and Seaport Department Yasuyuki Nishio, President of Hiroshima Airport Building Company Kennichi Yamamoto, Hong Kong Tourism Board Regional Director Japan Kazunori Hori, as well as dignitaries and staff of the local government and airline.

Hiroshima becomes Dragonair's fourth destination in Japan, joining Tokyo (Haneda), Fukuoka and Okinawa in the airline's network. With this new twice-weekly service, Dragonair and its sister airline Cathay Pacific operate a total of 152 flights a week between Hong Kong and 8 destinations across Japan.

Danny Tham explains that Dragonair, an affiliate member of oneworld, is part of the Cathay Pacific Group, providing seamless connectivity for passengers to more than 180 cities around the globe. For more ticketing and information, please log-on to www.dragonair.com.my, or contact the Dragonair Reservation office at **04- 261 8397** (Penang) or **088-254 733** (Kota Kinabalu).



The next generation hub is taking shape at KLIA, and it's taking aviation to unprecedented heights.





BRITISH AIRWAYS highlights UK Landmarks

British Airways Commercial Manager Malaysia Vivian Tan-Loh says that “We are very pleased to announce the top 21 landmarks that define the United Kingdom in the 21st century. These iconic destinations were chosen with the help of the readers of our High Life magazine, and are a celebration of our heritage. At British Airways, we are proud to be able to bring our customers from Malaysia to visit these great landmarks, through our non-stop daily service and our world-class London Heathrow Terminal 5.”

The list of nominated landmarks was then narrowed down by a distinguished panel of experts from across Britain including president of the Royal Institute of British Architects (RIBA) Stephen Hodder; director

of London’s Whitechapel Gallery, Iwona Blazwick; architect and RIBA Worldwide and Civic Trust award winner, Will Alsop; BBC and ITV broadcaster Julia Bradbury and editor for High Life, Kerry Smith.

Awarded the top landmark that defines the British skyline, was Cornwall’s visitor attraction, The Eden Project, that transformed a disused china-clay pit into a 21st-century global garden. In second place was the Angel of the North, followed by Coventry Cathedral in third place.

The airline operates from the state-of-the-art Terminal 5 at London Heathrow,

which is exclusive to British Airways’ and Iberia Airlines’ customers and is capable of handling 30 million customers a year. In March 2015, Terminal 5 was named by Skytrax as the Best Airport Terminal for the fourth year running. London Heathrow Airport also won the Best Airport Shopping award.

Vivian Tan-Loh says that British Airways’ route-network currently serves more than 179 cities in 75 countries. It has direct daily flights between Kuala Lumpur and London. For tickets and reservations, please call **03-7712 4747**.



2.5 million

visitors a year

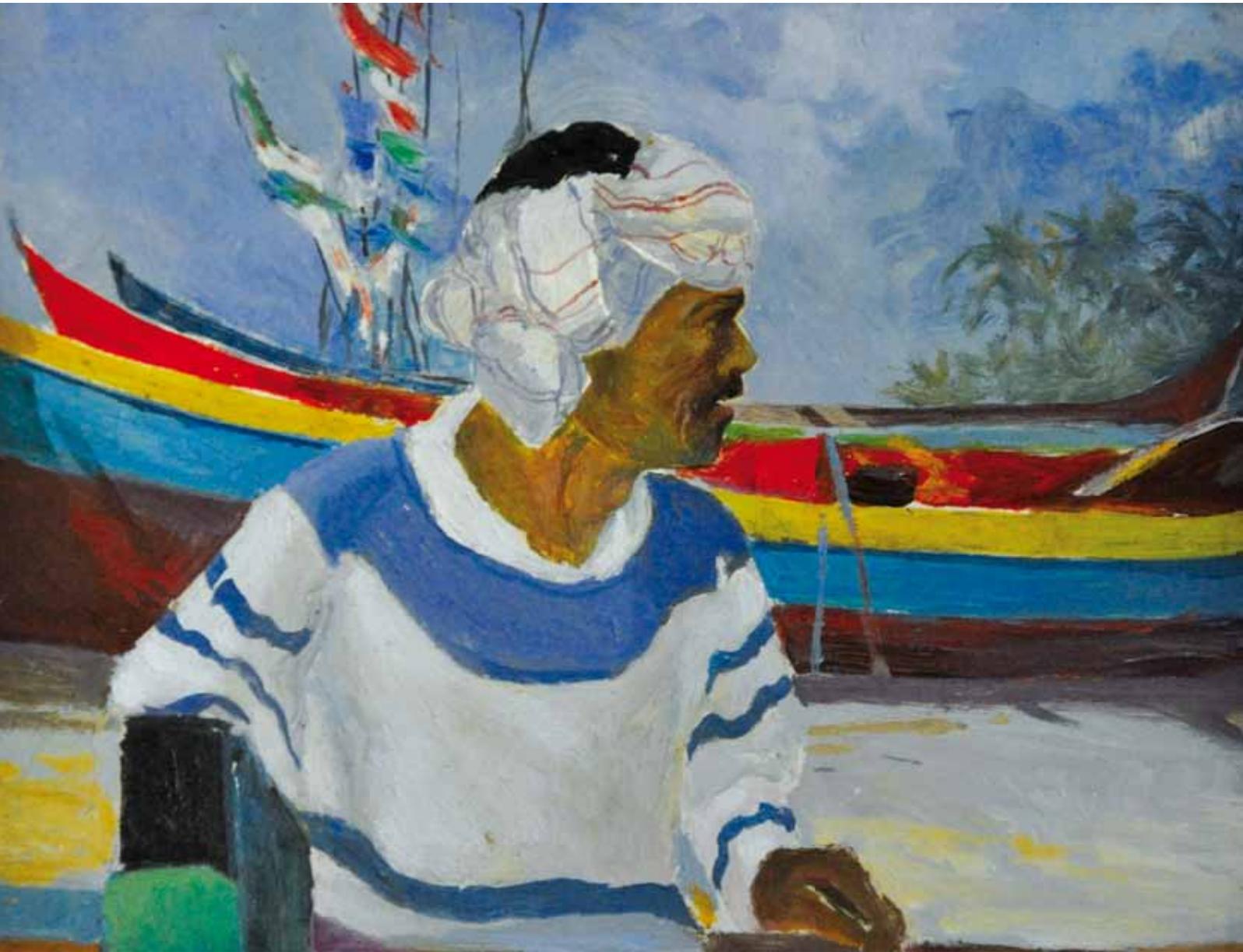
leave with unforgettable memories

to declare

On the 99 mystical islands of Langkawi, every mountain and lake has a life story. Travellers come to search for the hidden entrance to Pirate Lagoon, treading softly on the bleached sands of Skull Beach; they swim in waterfall pools where fairies bathe. They walk carefully on a bridge suspended between two giants who were turned into mountains, surrounded by all the chattering creatures of the rainforest canopy. Upon their return, they'll tell their friends with a happy shiver that these beautiful islands were once cursed by a murdered princess.

Contact our Airport Marketing Team at +603-20708606 or email marketing@malaysiaairports.com.my to transport your passengers to these mysterious and exotic islands of legend via the Langkawi International Airport.

ART & LIVING PREVIEW



KHALIL IBRAHIM Pantai Kundu I, 1999 Acrylic on canvas 28 x 33.5cm RM 2,200 - RM 4,000

KLAS ART AUCTION

MALAYSIAN MODERN & CONTEMPORARY ART



SUNDAY, 8 NOVEMBER 2015 | 1.00 PM | KLAS @ JALAN UTARA

KLAS ART AUCTION MALAYSIAN MODERN & CONTEMPORARY ART EDITION XVIII

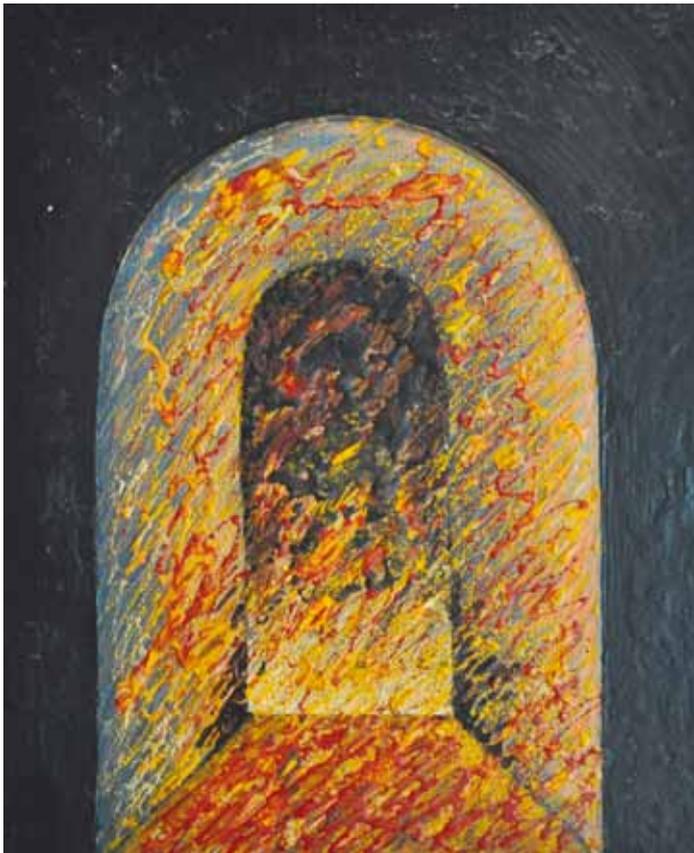


AUCTION DAY : SUNDAY, 8 NOVEMBER 2015 | 1.00 PM | KLAS @ JALAN UTARA

Full Preview

October 16 - November 7, 2015
31, Jalan Utara
46200 Petaling Jaya, Selangor, Malaysia.

Open daily from 10am to 7pm



LATIFF MOHIDIN B. N. Sembilan, 1941
Mindscape, 1983
Oil on board 54 x 44 cm
RM 35,000 - RM 50,000

Art collectors and bidders will expect another art auction that will be held by KL Lifestyle. Mark your calendars for KLAS's sixth auction this year – the KLAS Art Auction Edition XVIII, which will be held at KLAS @ Jalan Utara on November 8, 2015.

KL Lifestyle Art Space held its previous auction – the 17th Edition – on September 13, 2015. It was the fifth auction this year, featuring big names and magnificent masterpieces that went under the hammer.

This upcoming auction, the last one this year, is set to feature astonishing works from local artist including Khalil Ibrahim, Awang Damit, Yusof Ghani Ismail Latiff Raphael Scott Ahbeng and many others, set to catch your eyes during the auction day.

The upcoming modern and contemporary art auction will feature prized works of Malaysian and Asian masters and some modern and emerging contemporary artists that will capture the attention of many bidders.

Art collectors and interested buyers can catch a sneak peek of these artworks from October 16 - November 7, 2015 at KLAS's new gallery at 31, Jalan Utara.

To register as a bidder for the auction, please contact Lydia Teoh at 019 260 9668 or Shamila at 019 333 7668. You can also send your requests to info@mediate.com.my



YUSOF GHANI B. Johor, 1950
Siri Segerak Gold Miner, 2003
Oil on canvas 122 x 122 cm
RM 25,000 - RM 40,000



YUSOF GHANI B. Johor, 1950
Protest Series, 1984
Mixed media on paper 52 x 42 cm
RM 10,00 - RM 22,000



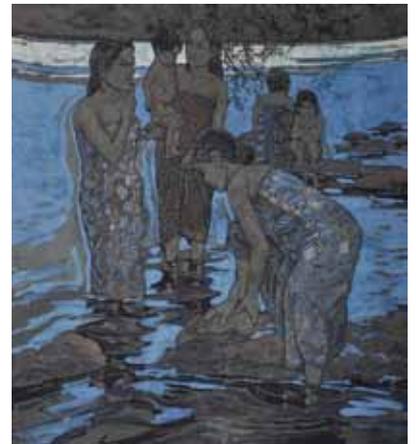
YUSOF GHANI B. Johor, 1950
Siri-Tari-Putih, 1989
Mixed media on paper 25 x 33 cm
RM 3,500 - RM 7,000



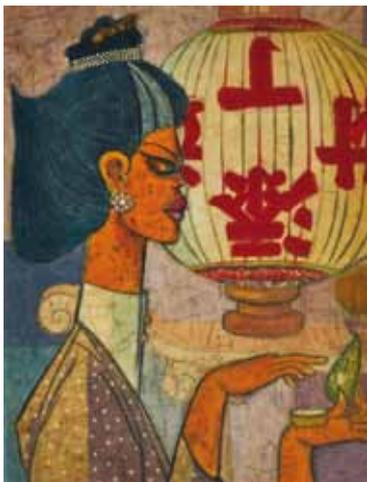
TAJUDDIN ISMAIL, DATO' B. N. Sembilan, 1949
Rentak Alam, 2007
Mixed media on wood panel 122 cm (Diameter)
RM 25,000 - RM 40,000



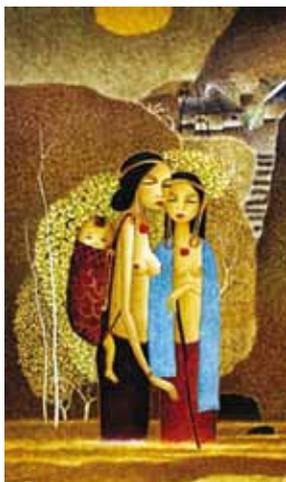
KHALIL IBRAHIM B. Kelantan, 1934
Pantai Kundu I, 1999
Acrylic on canvas 28 x 33.5 cm
RM 2,200 - RM 4,000



ISMAIL MAT HUSSIN B. Kelantan, 1938 - 2015
Bathing, 2000
Batik 83.5 x 78 cm
RM 28,000 - RM 36,000



CHUAH THEAN TENG B. China, 1912 - 2008
Girl With a Lantern, 1970s
Batik 58 x 43 cm
RM 12,000 - RM 18,000



LYE YAU FATT B. Kedah, 1950
Crossing the River 1984
Mixed media on paper 74 x 43cm
RM 6,000 - RM 10,000



ONG KIM SENG B. Singapore, 1945
Chinatown, 1991
Watercolour on paper 36 x 54 cm
RM 14,000 - RM 24,000

KLAS ART AUCTION MALAYSIAN MODERN & CONTEMPORARY ART EDITION XVII RESULTS



AUCTION DAY : SUNDAY, 13 SEPTEMBER 2015 | 1.00 PM | CONNEXION@NEXUS, BANGSAR SOUTH



KHALIL IBRAHIM B. Kelantan, 1934
Abstract, 1992
Acrylic on canvas 97 x 115.5 cm
SOLD RM 57,487.20



AWANG DAMIT AHMAD B. Sabah, 1956
EOC Series "Ting Ting Elegi Anak Kecil", 1987
Mixed media on canvas 115 cm x 145 cm
SOLD RM 180,352

The KL Lifestyle Art Space kicked off the KLAS Art Auction Edition XVII at Connexion@Nexus in Bangsar South, Kuala Lumpur. It was the fifth auction this year, featuring big names and big sales as well. The modern and contemporary art auction featured works of Malaysian and Asian masters and some modern and emerging contemporary artists.

The highlight of the auction was undisputedly Awang Damit Ahmad's EOC Series – Ting Ting Elegi Anak Kecil, completed in 1987 and sold for a whopping price of RM188,000.

Other pieces that stole the show included Yusof Ghani's 'Siri Tari Lambak I', 'Siri Topeng' and 'Siri Segerak – Red Army' which was sold for RM135,700, RM49,560 and RM82,600

respectively, Datuk Ibrahim Hussein's 'Two Figures' (RM60,180), Datuk Tajuddin Ismail's 'Blue Moon II' (RM47,200) and 'Homage to Chillida III' (RM42,480), the late Ismail Mat Hussin's 'Pantai Sabak' (RM53,100), Ng Eng Teng's 'In The Swamp' (RM35,400) and Thai artist Tawee Nandakwang's 'Sampan Boats on River' (RM30,680).

The auction commenced at 1.30pm with registration and paddle collections over a brunch buffet spread. Less than three hours later, the auction ended with successful sales and pleased bidders. High-tea was then served.

For those interested in unsold pieces, or interested in consigning for the next auction, please contact Lydia Teoh at 019 260 9668 or Sharmila at 019 333 7668 or email to info@mediate.com.my.



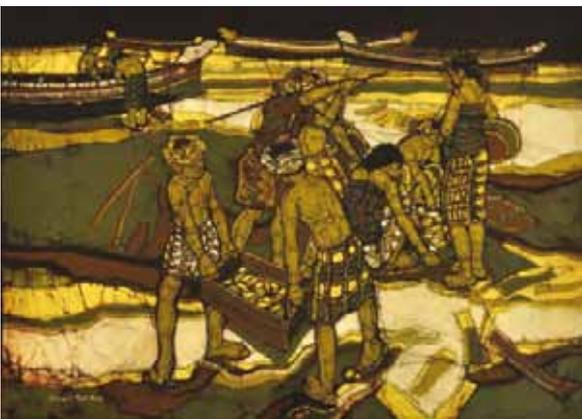
AHMAD ZAKI ANWAR B. Johor, 1955
Spiderman, 1990s
Mixed media and collage on
newsprint 54 x 37 cm
SOLD RM 12, 962.80



CHEN WEN HSI B. China, 1906-1991
Ducks, undated
Watercolour and Chinese ink on paper
44.5 x 32.5 cm
SOLD RM 25, 925.60



YUSOF GHANI B. Johor, 1950
Siri Tari Lambak I, 1990
Oil on canvas 91 x 163 cm
SOLD RM 129, 628.00



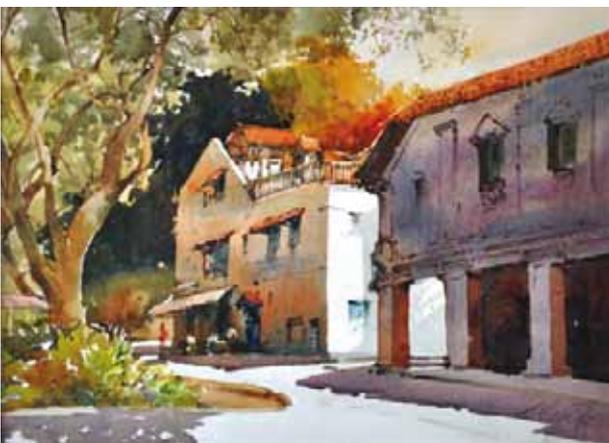
ISMAIL MAT HUSSIN B. Kelantan, 1938-2015
Bachok Fishermen, 1979
Batik 50 x 68 cm
SOLD RM 20, 289.60



KHOO SUI HOE B. Kedah, 1939
Echo, 1993
Oil on canvas 80 x 80 cm
SOLD RM 28, 180.00



IBRAHIM HUSSEIN, DATUK B. Kedah, 1936-2009
Two Figures, 1972
Acrylic on paper 35 x 30 cm
SOLD RM 57, 487.20



ONG KIM SENG B. Singapore, 1945
Heritage Shophouses, Singapore, 2008
Watercolour on paper 52 x 72 cm
SOLD RM 22, 544.00



YUSOF GHANI B. Johor, 1950
Protest - Washington Series
"Rasuah Kakitangan Kerajaan", 1984
Mixed media on paper 68 x 52 cm
SOLD RM 25, 362.00



TAJUDDIN ISMAIL, DATO' B. N. Sembilan, 1949
Blue Moon II, 2007
Mixed media on wood panel 122 x 122 cm
SOLD RM 45, 088.00

ART FEATURES

OSCAR COUSY

Art Literature

BY JUNE BAHARUDDIN, CURATOR, GALTANGSI, KUALA LUMPUR

You & I, 2010
Acrylic on Belgium Linen
84 x 117 cm



Forest Dance, 2010
Acrylic on Belgium Linen
90 x 60 cm



"We should know what our convictions are, and stand for them. Upon one's own philosophy, conscious or unconscious, depends on one's ultimate interpretation of facts. Therefore it is wise to be as clear as possible about one's subjective principles. As the man is, so will be his ultimate truth." - C.G. Jung

Oscar Cousy, a former Trade and Economics Commissioner of Flanders was born in 1945 in the small vibrant city of Zottegem, Belgium, known for its historical association with Egmont and its abundance of pubs and art and drama societies. The village fairs with their Big Tops, the roundabouts, and the magical simplicity of a quiet country life are some of the images drawn from the artist's memories of growing up in Belgium.

An award-winning child of the 50's, he won the province of East Flanders prestigious prize for young artist. He practised art with the Belgium inspirational painter and sculptor, Bert de Clerk. At 15, he enrolled himself at the Ghent Academy of Fine Arts where he painted with like-minded artists of that time such as Amedee Cortier, Belgium's legendary minimalist artist. And the Belgium Television Station ran a 20-minute documentary featuring his artworks in the popular art series, MOSIAC.

A young Oscar travelled with easel and paints to Tahiti and onwards to the Marquesas to see Gauguin's grave. In Tahiti, he sold his paintings and drawings of local scenes and lovely vahines to tourists passing by on cruise ships. He lived in Australia for two years where he continued painting.

In 1973, he joined the Belgium Foreign Affairs Ministry as its Economics and Commercial Counsellor in Nairobi. He was

28. The years ahead brought him to more travels and postings, in exotic Africa such as the dry hinterland in Madagascar and Somalia, the Seychelles, Mauritius, the Comoros, etc. Life as a diplomat proved to be stimulating. Some of his best works date to that period. He remained in the diplomatic service as Trade and Economic Commissioner of Flanders for over 30 years across Africa, Australia and the Far East.

The exposure abroad imbued his world with meaning. His enormous experience with other cultures, Africa, in particular influenced his art style. The soul of Africa with its rich traditions, evolving cultures, people, music and art brought out the exuberance of colours and wonder in his works.

Oscar's expressive use of colours, gained him a reputation as the great colourist. Pure and vivid colours are the hallmark of his work. He integrates figures and background in a colourful palette of viridians, yellows, carmine, blues or colours that would grab his imagination. His style ranges from impressionist brushwork, to a more choppy linear style abstract work. His more successful works are those where the colour is layered, toned and more painterly. His painting of nude and clothed women offer splashes of bright, bold and vibrant colours, often with reference to classical mythology. For many, he is the Matisse of Belgium.

His art is a study of nature and science, the

human consciousness and its psychoanalysis. The artist himself says he is influenced by the Jungian concept, a school of psychology that originated from the ideas of Swiss psychiatrist Carl Gustav Jung, author of *Mystery, Dreams and Fictions*; Freud's troubled heir of psychoanalysis, being responsible for fascinating theories on personality, inner consciousness and dualities through symbols, dreams and fantasies.

He is also intrigued by Ilya Prigogine Belgium's Nobel laureate and founder of the chaos theory and author of *The End of Certainty: Time, Chaos, and the New Laws of Nature* which challenges the accepted laws of nature. It became one of the most adventurous scientific imaginations of our time. Prigogine whose area of research is Time, also a chemist and physicist, once told Oscar he believed that, "we are all just scratching the surface of knowledge".

Expressions of Genesis, the beginning of earth, time, the human existence and its psychic are central to his art. There is a high sense of profoundness in his abstract works. It is not just emotional and intriguing, it is sensual, almost poetic and delightfully captivating in all its universal meaning and appealing.

In 2009, Oscar Cousy, now 70, moved to settle in Malaysia with his Malaysian wife of over 35 years. Painting is still a major part of his life.

A Chat with CAROLINE BROUTIN

On travel, food and being at home in Malaysia

BY KATHLYN URSULA D'SOUZA

If you're familiar with the Telawi, Bangsar area, you might have seen an outlet called "La Creperie de Caroline". Named after its founder and owner, Caroline Broutin, it was a hit with most Malaysians as the new French treats were beginning to "crepe" into the local trend, so to speak. We spoke to the lovely Caroline about her experiences here in Malaysia, and what her plans are for the future as she moves into the next chapter of her life.

Where are you originally from and what was your hometown like?

I am from France and my hometown is St Omer in the north, near Lille, a very dynamic city with lots of students and tourists. People from the north of France are well known to be friendly. The weather is not too good but there is a saying, "People from the north have the sun in their heart".

When did you arrive in Malaysia and what was your first impression?

I arrived in Malaysia in 2007. I was a bit worried in the beginning as I was coming from Hong Kong. Hong Kong is a very busy city. KL seemed to me a bit slow and I didn't know anyone here...but then I met lots of people, most of them Malaysians and this was when things started to get very interesting! I must say, it's Malaysians and their culture that make me love this country so much! Friendly, welcoming, fun and always ready to travel,

go out and to meet new people. Oh, let's not forget the islands or the places like Malacca and Penang...how not to fall in love with this country?

What was the transition like moving from country to country? Do you ever get homesick?

I moved from France to Spain, then to Hong Kong and Malaysia. I also call Malaysia my home as I have been here for long now. I have been away from France for more than 13 years and yes, I do get homesick once in a while. What I miss the most are family and childhood friends. I get frustrated sometimes when I want to do simple things like going out for a coffee with my best friend or going shopping with mum but I can't because I am too far away. It's a bit tough sometimes because you miss also very important events involving your loved ones like weddings and family dinners when you are far away.

How did you get into the food industry?

I am not too sure! Hehe. Well, my family back in France has been in the food industry for more than 30 years now and I always said I would never do that! One day, while walking around Bangsar it just came to me that I wanted to be in the F&B industry. I went back to France to learn from my dad, went for training and came back here to open my place.

What was the turning point of your career and your secret to success?

I had always worked for companies before but somehow I had always had that urge of being my own boss. I started a company doing jewellery by importing, selling here in Malaysia and exporting to Europe. I then realised that working for myself was what I really wanted, being independent and working on my own ideas. That was the turning point in my career, I guess.

I like challenges and I believe success is something you get when you really chase your dreams and work hard. Once I have something in mind, I just can't let it go and I will work very hard to make it work. Never give up is my motto! Things get very hard when you open your own business but you have to always keep moving. I get bored very easily and need challenges, so I am always thinking of new ideas, about the next projects. I believe if you are an entrepreneur you always have to keep moving, because if you don't take a step forward you will always remain at the same place.

What is it that you love about what you do?

The people I meet everyday, the friendly customers who have become friends. The





smile on people's faces when they tell you they had a great time and they would be coming back. The fact that I am very independent and most importantly when I look at what I have done so far, I have that feeling of satisfaction. I love the challenging part of any new project that comes to me.

What are the challenges you face in the industry?

When you are in the food industry you have long working hours, no holidays, no weekends and your social life gets affected too, at least until your team gets sorted and you have staff you can trust working with you. During the first year of operations I was at the restaurant 7 days a week, from morning till night. It was very challenging. You lacked sleep and sometimes it could be very frustrating.

Another big challenge - staff! I didn't expect to have so many difficulties in finding a good team. And when you think you have it all sorted, it's when things get difficult again. The turnover in Malaysia in the F&B industry is very high. Besides this, the starting-up was quite a journey: the renovation of the shop and administration work to get all the licenses sorted were also a very big challenge for me. I am a foreigner, but I am also a lady, so sometimes things got a bit difficult dealing with contractors.

Tell us about your family.

I have one brother; he is one year older than me. We are very close and I just became the godmother of his baby boy this year. He is also working in the food industry. We sms each

other a few times a week; sometimes just to say hi, sometimes to joke or talk business. Besides that, I am actually disturbing him every other day to get pictures of my nephew.

I am very close to my mum and dad too. They love Asia and come visit me here very often. I admire my parents for having worked very hard all their life to be where they are today. They started with a very small business long ago and are now very successful. They sacrificed holidays, weekends and worked 7 days a week early morning till very late at night to be where they are today.

Any funny stories or interesting experience that happened while you've been in Malaysia?

One Monday at 11.30am, someone called and asked me the direction to the restaurant and where he could park. I was alone in the restaurant that morning with one cook in the kitchen as Monday lunch is always more quiet than other days of the week. I gave him the direction and asked him how many persons, so I could get the table ready. He said "I am nearby, I will be there in a few minutes and I am driving a bus with Korean tourists"... I thought it was a joke until I saw the bus double-parking in front of the restaurant with more than 80 persons coming out. So I sent a text to my team: "EMERGENCY, please all of you come to work NOW!" It was a stressful but very funny lunch!

Have you tried any of the local food in Malaysia? Do you have a favourite?

I have tried a lot of dishes but I always go for Maggi Goreng in the mamak shops when I have to eat late. When I have friends visiting from France, I always get them the cheese naan and the taandori chicken. Yummy too!

Any favourite holiday destinations in Malaysia so far?

Perhentian Islands for a few days' break and some quiet time by the beach with friends, and a small chalet with a view of blue water and white sand is the perfect break to catch up on sleep and have fun too. Malaysia is a wonderful country with so many beautiful islands.

I also love Malacca. There is something about Malacca, a very friendly town with nice people, good food and nice architecture. It's a nice place to get out of town for 1 or 2 days. Every time I get a chance of having 1 or 2 days off, it's where I want to go.

What is your current project?

I have just sold La Creperie de Caroline to a new owner and I am now working on a new project. Once I hand over the place to the new owner, I will take a short break to go see my family in France, attend some fairs in Europe but also travel to Hong Kong to see my good friends, and spend some time with my friends here in KL and make up for all the events I missed the past few years. Then I will start working on the next step, probably opening another business.

What is your advice to those who would love to pursue your career line or take the plunge into the unknown?

Go for it, chase your dreams and keep moving. Listen to yourself, being scared is part of the process but never give up. The journey is never easy, the ups and downs are sometimes very difficult to manage mentally but the journey of an entrepreneur is worth it. It's also lots of fun, and when you achieve your dream, there is nothing more satisfying than looking at what you have done and tell yourself: woooo I did it!

Wyndham's RAMADA PLAZA

BY KATHLYN URSULA D'SOUZA

Now in Kuala Lumpur



8, Jalan Tun Sambanthan,
50470 Kuala Lumpur

Infinity Pool

Wyndham Hotel Group, the world's largest hotel chain with approximately 7,590 hotels and part of Wyndham Worldwide Corporation, has expanded its Ramada® brand in Malaysia with the opening of the 359-room Ramada Plaza Kuala Lumpur, the brand's second location in the country, just three months ago.

Strategically nestled in a bustling part of Kuala Lumpur and just steps away from the city's shopping, entertainment and

attractions, Ramada Plaza Kuala Lumpur is located in the heart of Kuala Lumpur Sentral, an exclusive urban centre built around Malaysia's largest transit hub that offers global connectivity, business convenience and an international lifestyle. It is a short walk from Kuala Lumpur's integrated rail transportation centre and enjoys close proximity to the city's main business and tourist hub. Served by a network of highways, the 33-storey building is a mere 50-minute drive from Kuala Lumpur International Airport and 40 minutes from Kuala Lumpur International Airport II. For guests' ease and convenience, the hotel provides complimentary scheduled shuttle service to designated destinations.

The stylishly furnished hotel rooms and suites range in size from 34 to 162 square metres. Their contemporary and chic design features honey-coloured timber interiors, creating a warm ambience complemented with unparalleled facilities to match the discerning needs of both business and leisure travellers. Each guestroom is equipped with exclusive amenities and conveniences including a workspace, plush bed and feather pillows, 32-inch LCD television with satellite channels and in-room movie options, Wi-Fi internet connectivity, a minibar, coffee and tea making facilities, an electronic safe as



well as personalised 24-hour housekeeping services. The large bathroom is covered with marble tiles and has a hairdryer, a make-up mirror, a separate shower or bathtub, a walk-in wardrobe and complimentary toiletries. Based on preferences, Ramada Plaza Kuala Lumpur offers single rooms and double rooms with either king-size beds or queen-size beds. Connecting rooms and non-smoking rooms are available on request. For an additional level of comfort, opt for the suites to enjoy upgraded amenities.

In a city known for its exciting dining options, Ramada Plaza Kuala Lumpur presents a feast of culinary options of exquisite settings with attentive service. Savour fine cuisine, along with a stellar wine selection at the timeless elegant Grill 582. Or, enjoy more casual dining in the hotel's signature restaurant, Kembali Kitchen for a captivating array of global delights. Unwind from the day's stress at Kuala Lumpur's "hottest" nightclub - Hugo's On 6, an ideal chill-out spot for those who enjoy good food and drinks. Punch Bar & Lounge offers a selection of mixed drinks, unique cocktails and an extensive selection of wines, champagne and premium spirits. If you prefer to dine in the comfort of your own room, 24-hour room service offers a selection of traditional and international dining options.

Located on the second floor of the hotel, Grill 582 is an oasis for those seeking a stylish setting in the heart of the city. Its silver and wood tones create a warm backdrop, oak furniture and leather-cushioned chairs create a relaxing ambience and contemporary art

pieces complete the theme. Famed for its finest steaks and succulent seafood, using the freshest ingredients and traditional spices coupled with a diversity of fine wines and vintage champagne, Grill 582 presents to you the creations of classic European cuisine in an elegant and unique fine dining experience. Fitted with a show kitchen, watch as the chefs prepare the dishes and take in the wonderful aroma emanating from within, which is sure to whet your appetite.

Kembali Kitchen celebrates international flavours and local favourites in a chic, contemporary yet warm atmosphere combined with soothing background music and perfect theatre-style lighting. It is a restaurant for the total sensory experience. This 200-seat capacity restaurant features a variety of seating arrangements, from intimate corners for two to seven semi-private dining areas for large groups. The trendy live cooking station concept allows guests to interact with the chefs and watch the culinary magic as it happens. Kembali Kitchen offers a wide variety of dishes for buffet lunch and dinner. With the elaborate counter displays of food, diners are spoiled for choice when it comes to dining at Kembali Kitchen. An enticing a la carte menu with the best of western and local cuisines is made available from breakfast through dinner to suit every mood and palate.

Having an impressive décor with a contemporary setting, Hugo's on 6 provides a state of relaxation and enjoyment with a beautifully landscaped garden by the hotel's

infinity pool and magnificent views of Kuala Lumpur city. At Hugo's on 6, guests can look forward to a full range of beverages; from world-class beers, a range of single malt Scotch whiskies, cognacs, and liqueurs to exciting cocktails. In addition, guests can also sample an exquisite mix of light meals - crispy hot pizzas, a selection of tapas, a range of sandwiches and burgers are just the beginning. With soft jazz music playing in the background from the state-of-the-art sound systems, Hugo's on 6 is Kuala Lumpur's "hottest" nightclub.

Punch Bar and Lounge is an ideal spot for socialising or meeting up for that important business appointment in which one can enjoy light refreshments or a diversity of beverages. The feel of the cozy and stylish lounge is enhanced by soft lighting, deep sofas and winged chairs as well as bountiful murals and faux finish walls which recreate a typical 'gentlemen's club' although one where the ladies are very much welcomed. Punch Bar & Lounge entices guests with a selection of mixed drinks, unique cocktails and an extensive selection of wines, champagne and premium spirits.

The hotel offers more than 1,100 square metres of adaptable function space, including meeting rooms with a pre-function area and teleconferencing facility. Located on Level 6, the hotel's leisure facilities include Avana Spa, a tranquil urban oasis featuring soothing therapies, and revitalising spa experience, as well as a state-of-the-art fitness facility and an infinity pool.

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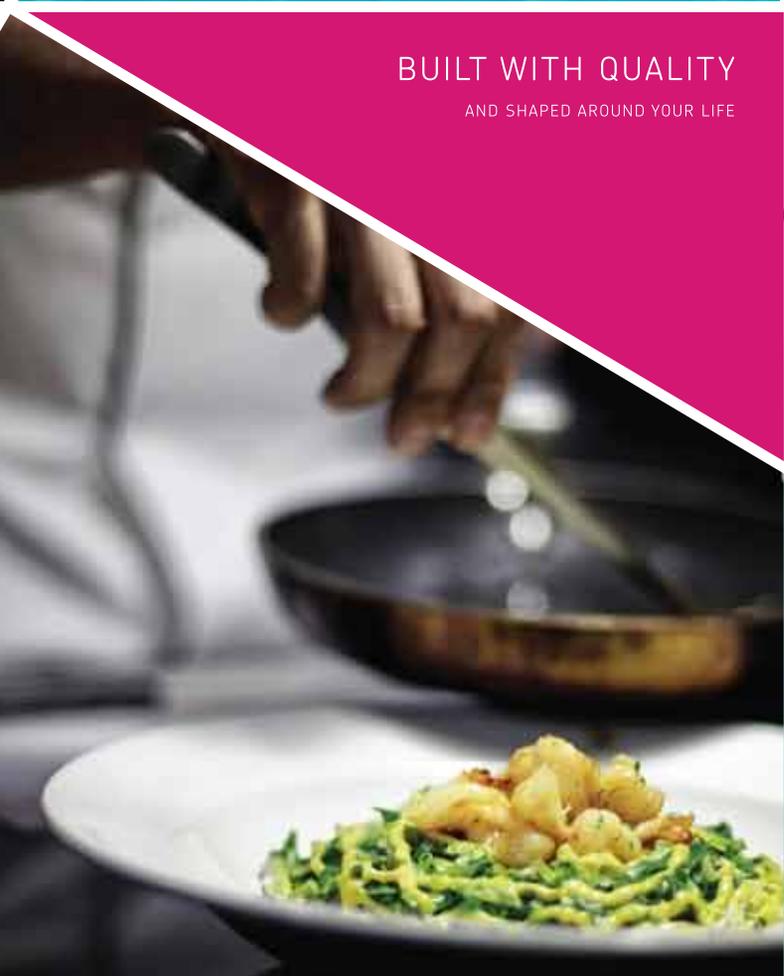
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OUR MALAYAN SUN BEARS NEED YOUR HELP

The Malayan Sun Bear is one of the 12 large mammal species in Malaysia

The Malayan Sun Bear, so named due to the golden crescent patch of fur on its chest, is the smallest among the eight species of bears found worldwide. It can weigh anywhere between 27 kg to 70 kg, and when standing upright is about 1 to 1.5 metres high. Even though they are considered small for bears, they have been known to tear open trees with their long, sharp claws and teeth in search of honey and leave behind shattered tree trunks. As omnivores, Malayan Sun Bears feed primarily on termites, ants, beetle larvae, bee larvae and a large variety of fruits, especially figs when available.

The Malayan Sun Bear can be found in Bangladesh, Brunei Darussalam, Cambodia, China, India, Indonesia, Lao People's Democratic Republic, Myanmar, Thailand, Vietnam and Malaysia (in both the peninsula and Borneo).

How they fit in the ecosystem

The Malayan Sun Bear is one of the 12 large mammal species in Malaysia. Their omnivorous diet actually helps keep the forest

healthy. By consuming a large variety of fruit species, they help to disperse seeds; they also keep termite populations down since termites are their primary source of food. With the population of termites being controlled, this then helps tropical tree species to continue to grow and thrive. They also dig for insects such as beetles and ants in the soil, which enhances the forest's nutrient cycle through the mixing of rich and poor soil. And they help create nesting sites for animals such as hornbills and flying squirrels, by tearing open tree trunks to reach the honey inside.

Numbers declining due to:

Globally, the population of the Malayan Sun Bear is suspected to have dwindled by 30% since the 1980s. The Malayan Sun Bear has lost much of its habitat due to forest conversion for urban development, monoculture plantations (rubber and oil palm), and other development. One recent study has shown that Malaysia has the highest deforestation rate in the world, and this does not bode well for the Malayan Sun Bear with the continuous destruction of its habitat.



Photo © WWF-Netherlands/ Jacob Bours

Sun Bears feed primarily on termites, ants, beetle larvae, bee larvae and a large variety of fruits

prey to the indiscriminate snare-trap. Opportunistically or not, caught animals constantly help to fuel the illegal wildlife trade. Although there are laws to protect the Malayan Sun Bear, the war against illegal poaching of this animal is still an uphill battle. According to the Wildlife Conservation Act 2010 of Peninsular Malaysia, anyone convicted of a crime relating to a Sun Bear (including those involving a female or juvenile animal, which carries a heavier penalty) is punishable by a fine of up to MYR 300,000 (USD 96,700) or prison term of up to 10 years, or both.

In Myanmar, Thailand, Lao PDR, Cambodia and Vietnam, Sun Bears are being poached for their gall bladder and paws. It is believed that the bile of the animal can cure diseases. Although current pharmacological studies do concur that bear bile indeed have certain medicinal properties, nevertheless more needs to be done to encourage consumers to use herbal and synthetic substitutes for bear bile as an alternative to reduce the demand from wild populations.

Aside from losing their habitat, the Malayan Sun Bear is also threatened by poaching for the illegal wildlife trade which sees this adorable animal killed for its bile, meat and bones. Back in 2011, one of WWF-Malaysia's camera-traps set in the Belum-Temengor Forest Complex photographed a three-legged Sun Bear, which was believed to have lost its foot

to a snare. Subsequently between 2013 and 2014, the field team detected yet two more cases of Sun Bears caught in snares; one was rescued by the Department of Wildlife and National Parks but unfortunately, the other died with its foot still caught in the snare. Although poachers often target different animals, other species such as the Malayan Sun Bear often fall



Photo © WWF-Malaysia/ Iau Ching Fong

The Malayan Sun Bear has lost much of its habitat due to forest conversion for urban development, monoculture plantations (rubber and oil palm), and other development.



WWF Malaysia - Take action with WWF's online ef...
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<http://kaywa.me/9DGmm>

Download the Kaywa QR Code Reader (App Store & Android Market) and scan your code!

To find out more on how you can play an important role in helping to protect the future of our precious Malayan Sun Bear, visit <https://www.pandashop.my/adoptasunbear/>

A. GANESAN

Breakthrough Residential Agent of the Year 2015

BY KATHLYN URSULA D'SOUZA

Awards were presented to the local real estate industry's outstanding agents and agencies at the inaugural iProperty.com Agents Advertising Awards (AAA) 2015 on June 18. The event, held at One World Hotel in Bandar Utama, welcomed about 500 guests comprising estate professionals, agency personnel, working partners, sponsors and the media.

Among these awards were the Individual Awards, of which A. Ganesan (team leader, Universal Properties REN (10279) won the Breakthrough Agent of the Year (Residential). We spoke to the man of the hour on his background, the industry and his business philosophy.



Tell us about yourself.

I'm an enthusiast. When I was young, I used to help my dad, who is a businessman for about 40 years, with his business. I was inspired by my dad and the idea of being a businessman or a boss fascinated me. I then grew a passion to start my own business.

How long have you been in the real estate sales and how did you get into the industry?

In 2009, I joined Universal Properties as a real estate negotiator. This was a turning point in my life when I saw this big business opportunity. I saw this as a unique business concept, a hassle-free business with a minimum capital invested for high returns. The other perks are time flexibility and to be able to work at your own pace. I started to master the business by studying the market, areas, properties, building a client database and strategies to sell.

In 2012, I was promoted to team leader, which allowed me to recruit new agents, build my own team of negotiators and train them. In 2013, I managed to bag the Top Achiever Award. Based on my 2014 performance, I achieved the Breakthrough Agent of the Year Award and Star Agent Area Award for residential Petaling Jaya in 2015. I have sold about 63 properties to date. I have also featured in property articles in The Edge Property, The Sun and Property Insight magazine.

What is your experience and education?

After my law studies, I ventured into several businesses ranging from trading, selling cars, recycling business, IT business, travel agency and so on. All these business ventures were a failure, more of a hands-on learning curve.

What specific marketing systems and approaches do you use to sell homes?

The key to being successful in the real estate industry is best described as getting high exposure of the properties for sale. I use the internet media, social media, mobile media and printed media extensively. I invest in advertising heavily and creativity of the advertisement also matters. The other important aspect: I am very much the people's person. The ability to build rapport and strong bond with the clients is also a must. This makes sales and purchase negotiations easier.

Which neighbourhoods do you work in primarily?

I specialise in selling Petaling Jaya bungalows. (Please see: www.pj-bungalows.com)

What is your key to success?

The key to my success is to personally enrich the clients' needs and preference. I always wish to maintain a high standard of professionalism and focus on providing services beyond their expectations. I strongly feel that my clients' happiness is the most important reward that I wish to achieve.

What's your business philosophy?

"Turning Dreams Into Reality."

I have always dreamt of being a successful businessman and to live luxuriously. This dream has inspired me to venture into the real estate business. Today, I'm helping people around me to build and preserve wealth. The key to my success is the personal engagement with each client's needs and preferences. Sharing in-depth property knowledge and providing excellent services have provided them with the confidence to invest in a property. Assisting my clients throughout the entire buying and selling process has helped me establish a strong bond with my clients.

HEALTH & BEAUTY PREVIEW



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MAKEOVER HAIRDRESSING

Your ultimate tress reliever

BY NADHIRAH BADARDIN



of over 10 years, the charming Desmond Yong, Makeover Hairdressing is rapidly becoming one of the most favoured hair salons in Bangsar and quite possibly, the Klang Valley.

Located just above Naughty Babe and Dirty Duck on the prominent street of Jalan Telawi 2 is the illuminated emblem of the letter "M" for Makeover Hairdressing. It aims to be a one-stop centre for the modern day woman on the go. It has got hair stylists, a nail spa and even makeup services. Desmond's philosophy here is simple, "Each of my customers will arrive a stranger but will leave as a friend." And that is exactly what we experienced at Makeover Hairdressing.

of his interests. He also makes sure that he empowers and trains his employees well. If it's one thing Desmond won't allow is a customer who would walk out less than ecstatic about his or her new hair do. "A happy customer is always the main goal with every customer," said Desmond. "I love my staff and I make sure they are well trained and are able to hold the fort with the same welcoming warmth, if not more, that I would expect to receive in a great hair salon. Salons aren't just about sitting down for hours and doing hair. Relationships can be built in salons and a lasting relationship with each customer is something I aspire to achieve. This is why I take pride in making my salon as warm and inviting as possible."

For someone with curly hair, it is hard for me to find a hairdresser that understands my hair needs. When I heard of Makeover Hairdressing and its ability to appreciate all types of hair, I was intrigued. Spearheaded by experienced hair stylist

The salon is decorated beautifully and has a warm and welcoming ambience about it. Desmond takes pride in making his salon feel as inviting as possible while executing his décor of posters and light fixtures with elements of vintage elegance and jazzy nuances – an expression

We sat down with Desmond and made plans to tame our unruly tresses. What's great about having Desmond as your hairstylist is that he'll take into consideration the key aspects of your features to create a hairstyle that's ideal for you such as skin tone, body shape and even hair



texture. After sitting down a while and discussing what to do with our unruly and curly tresses, we decided on two types of styles – a freestyle water flow ombre and volumising hair cut for me to accommodate my loose curls and a semi-relaxation treatment to tame flyaway hair on top plus a colour update and a volumising cut for Kathlyn.

The water flow ombre Desmond gave me is different than the usual ombre trend as it is done in a sort of freestyle manner. He picked an ashy brown colour with a tiny tint of blue to complement my tanned skin and the volumising cut made room for my curls instead of the mushroom cloud I was initially sporting. To optimise results, a treatment dedicated for coloured hair by Shiseido was left in for about 15 minutes. We were told that he favours Shiseido products as they are perfect for the hot and humid weather of the tropics, therefore will not leave hair feeling too greasy or too dry.

For Kathlyn, Desmond suggested for her to tame the top part of her locks to create a better texture and flow for her curly tresses. Desmond also updated her previously coloured and highlighted hair with a warm shade of maroon and a violet tinge to enhance her look. The volumising cut worked wonders for Kat's ringlets as the cut gave her hair a graceful flow.

All in all, we were more than satisfied with our trip as it had exceeded our expectations. We left Makeover Hairdressing with a brand new look, a few new friends on our list and smiles on our faces. If you're in the Bangsar district and are looking for a place to pamper yourself, head to Makeover Hairdressing in Jalan Telawi 2. Such an effervescent crew will spoil you silly.



Before



After



Before



After



No.25-1, Jalan Telawi 2, Bangsar Baru,
59100 Kuala Lumpur, Malaysia
Tel: +60 3-2284 8199



ROYALE SPA

Pampering yourself the luxurious way

BY KATHLYN URSULA D'SOUZA



So you want to pamper your body at Jojoba International Spa. But you hesitate, simply because it is located at Berjaya Times Square, which means that you may have to brace yourself for the heavy traffic and you are just not too keen on that idea.

Well, fret not as Jojoba International Spa has opened a new outlet at The Royale Chulan Damansara (not to be confused with The Royale @ The Curve), and it is equally as classy and luxurious as its headquarters.

The Royale Spa is located just a stone's throw away from e-Curve. It is convenient and easily accessible – a perfect place

for shoppers or patrons to stop by for a perfect pampering session or to satisfy the desire to be treated like a queen.

Stepping into Royale Spa, we couldn't help but to feel at ease. The wood element exudes grandeur as well as a zen atmosphere. We were immediately greeted by the staff who were absolutely attentive and efficient at their work.

One thing we love about Royale Spa is its funky and interesting spa packages. After much contemplation, we decided on the Royale Lovely Chocolate (RM368), a treatment which promotes anti-ageing on the skin and the Royale Emperor Bird Nest (RM414) which helps to enhance cell activation and skin suppleness.

We were guided to our own rooms, which were very spacious and almost had us thinking it was a luxurious hotel. The room is equipped with two massage beds, a bathtub, a steam room and a shower room – all fit for a queen.

The Royale Lovely Chocolate treatment started off with a cocoa bean body scrub. All I had to do was lie down on the massage bed which was covered with a plastic sheet and the masseuse performed her task, dedicatedly. She certainly made the whole experience even more memorable – she was very attentive to my needs, constantly checking if the right pressure was used or if the room temperature was to my liking.



The Royale Emperor Bird Nest treatment did not disappoint as well. The masseuse was equally good and attentive. The treatment was much simpler and yet, each process was packed with a bagful of goodness. It started off with a bird nest scrub and followed by a lavender body shower. A calming good soak in the aromatherapy detox spa followed after, with a hearty cup of warm bird nest soup to end.

It certainly does reflect the fact that The Royale Spa focuses on quality - be it the products, services or skilled masseuses.

We walked into The Royale Spa feeling fatigued but left it feeling like royalty.

So, the next time you are shopping or spending your weekend at The Curve or Ikea, remember to stop by The Royale Spa for a treat.

After the cocoa bean body scrub, we proceeded to the cocoa bean body wrap. It not only soothed my skin, it also smelled good and had a calming effect. I felt relaxed and slipped into dream world.

The masseuse then gently woke me up, and guided me to the shower room for the lavender body shower. As I washed the cocoa bean mask off my body, I couldn't help but to admire my now baby-like skin. Then, came the steam bath. At the end of it, my skin was supple and refreshed.

The ear candle treatment and the aromatherapy massage were amazing as well. During the ear candling process, the masseuse gently massaged my shoulder blade in rhythm. It was comforting and I never really wanted it to stop. Her strokes during the aromatherapy massage were precise and powerful, yet, the pressure was kept to a point where it gave comfort to the body. The aroma eye pillow treatment was kept short and simple. Nevertheless, the cooling effect left my eyes refreshed for hours.

Everything was kept simple and precise, yet it left me feeling glorious. A cup of hot ginger tea was a perfect end to the session.



The Royale Chulan Damansara, Level 3,
2 Jalan PJU 7/3, Mutiara Damansara,
47810 Petaling Jaya, Selangor
Tel: 03-7959 9101
Website: www.jojoba.com.my

Falling for Luxury Fragrances

Looking for a new bottle of perfume but not sure where to start? Or maybe you need a last-minute gift idea? Today is your day. Read our list of the best luxury perfumes in the market.



DIOR HOMME EAU FOR MEN

Dior Homme Eau for Men is immaculately designed by perfumer Francois Demachy who states that Dior Homme avoids every masculine cliché. It explores new masculine characteristics, directly and in a more complex way. And we agree. Top notes of the Dior fragrance for men offer a sophisticated blend of freshness of Moroccan grapefruit and Calabrian bergamot mixed with spicy aromatic Crimean coriander. The heart of the composition develops in an elegant way and the extremely sexy Tuscan iris is accompanied by a warm trail of wood in the base.

ANNICK GOUTAL EAU D'HADRIEN

Eau d'Hadrien was launched back in 1981 as a result of a collaboration between Annick Goutal and Francis Camail. It is a unisex fragrance that smells like fresh citrus with ingredients such as lemon, mandarin orange, Sicilian lemon, grapefruit citron, cypress, aldehydes and extract of Madagascan ylang ylang. This dainty fragrance lingers all day and is perfect for daily wear.



ESSENCE NO. 4 OUD BY ELIE SAAB

Elie Saab has long been renowned for his magnificent runway creations, and the designer now brings his haute couture expertise to the world of perfume with La Collection des Essences. Created with perfumer Francis Kurkdjian, the four new fragrances are the result of exclusive craftsmanship, rigorous selection of flowers and essences, and ultra-precise distillation. Our favourite is Essence No. 4, Oud. With an oriental scent and base notes of agar wood and black pepper, this fragrance is woody and mysterious.



BLACK OPIUM BY YVES SAINT LAURENT

Black Opium is the new addictive feminine fragrance from Yves Saint Laurent. The opening notes for this seductive fragrance are of adrenaline-rich coffee and the sweet sensuality of vanilla notes and fall into the softness of white flowers for that sensual modern-day Hepburn feel. Here's the new signature scent for the modern day woman.

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the Curve

Mutiara Damansara, PJ
Tel : 03-7710 6868
Situating in PJ's golden triangle, this open-air mall boasts 700,000 sq ft of space spreading over 3 floors and accommodating 270 specialty shops. It is connected to Ikea, Ikano Power Centre and Tesco. • 10am-10pm daily.

Bangsar Village

Jalan Ara, Bangsar • Bangsar
Tel : 03-2282 1808
Located in happening Bangsar, this neighbourhood mall is vastly popular due to its individual specialist shops offering fashion wear, toys, jewellery, hardware, beauty salons and F&B. Anchor tenants include The Village Grocer. The newer and bigger Bangsar Village II that's connected to this mall offers more local and international brands.

Alamanda Putrajaya

Jalan Alamanda, Precinct 1, Putrajaya
Tel : 03-8888 8882
Accessibility: ERL Putrajaya & Nadi Putra (bus service) Located at the heart of Putrajaya, Alamanda offers a new resort-style shopping to suit the needs of all - with Parkson & Carrefour as anchor tenants, FOS, Somerset Bay, MPH and Toycity tagged with ARL Bowl.

CapSquare

Jalan Munshi Abdullah • M Tuanku
 Dang Wangi
Tel : 03-26912036
Strategically located in the heart of KL's midtown area, CapSquare is an eclectic mix of signature offices, Manhattan-inspired residences, a shopping centre and a vibrant 300-metre retail boulevard. It also houses intimate eateries, chill-out spots and a TGV cinema. • D6

Bata

• Sunway Pyramid • LG14 Subang Parade • One Utama PHS 2 • KLCC
• Mid Valley Megamall • Alamanda Putrajaya • Pavilion KL • Jusco Bukit Tinggi

fahrenheit88

179, Jalan Bukit Bintang • B Bintang
Tel : 03-2148 5488
A hot spot for Fashion, Food, Gadgets and Entertainment with 200 retail stores over 7 levels of shopping space. Shop at South East Asia's largest Uniqlo store, the latest Shoes, Bags, Accessories on First Floor, or buy gifts and souvenirs. Discover new concept cafes and restaurant or entertain at CEO Karaoke Box and Club Vellin. • 10am-10pm daily

1 Utama

1 Lebuhr Bandar Utama, Bandar Utama, PJ Tel : 03-7710 8118
A new generation shopping centre which satisfies all shopping needs under one roof. The old wing has Jusco as the main anchor tenant while the new extension houses many designer brands and has U Parkson, MPH & Jusco as anchor tenants • 10am - 10pm daily.

Berjaya Times Square

Tel : 03-21173111
1 Jalan Imbi • Imbi
The biggest in Southeast Asia, this mall which measures 7.5 million sq ft, is an integrated shopping-cum-entertainment centre with a hotel, the region's biggest indoor theme park and bowling centre. • 10am - 10pm daily. • F8

KLIA Shopping

KL International Airport, Sepang KLIA Ekspres-KLIA Tel : 03-8777 8888
One of airports with value-for-money shopping, it offers an excellent selection of goods like souvenirs, tobacco, liquors, perfume, chocolates and designer brands.

Publika Shopping Gallery

Tel : 03-62079426
No 1, Jalan Dutamas 1, Solaris Dutamas, 50480 Kuala Lumpur
Tel : 03-621107877
www.publika.com.my
www.facebook.com/publikashoppinggallery

Suria KLCC

Petronas Twin Towers • KLCC
Tel : 03-2382 2828
Located at the base of the Petronas Twin Towers, Suria KLCC is the premier shopping centre in KL. It offers unique shopping, dining & entertainment experience. It houses exclusive designer brands and provides an abundant choices of goods and services for everyone. • 10am - 10pm daily. • D8

Sunway Pyramid

Bandar Sunway
Tel : 03-74943100
Impressive giant sphinx statue greets you at the entrance of this Egyptian-themed shopping centre situated next to Sunway Hotel and the Sunway Lagoon theme park. The mall has a variety of shops and restaurants, an indoor ice-skating rink and a cineplex. • 10am-10pm daily.

Pavilion KL

168, Jalan Bukit Bintang • B Bintang
Tel : 03-2118 8833
The shopping centre blends the best of the international retail world with 450 stores - ranging from fashion to home deco and leisure to culinary delights - over its 7 levels and 6 themed precincts. 20% of its tenants represent debut brands in Malaysia. Anchor departmental stores are Parkson Pavilion and Tangs. • 10am to 10pm daily

Bangsar Shopping Centre

Jalan Maarof, Bangsar
Tel : 03-2094 7700
Located in the affluent Bangsar suburb, this mall buzzes with a trendy crowd and houses an array of individual specialist shops for every need. Jasons Food Hall is a favourite with shoppers, as it offers an extensive range of fresh and international food brands. 10am - 10pm daily.

Maju Junction Mall

1001 Jalan Sultan Ismail • M Tuanku S Ismail Tel : 03-27728500
Located at the junction of Jalan Tuanku Abdul Rahman and Jalan Sultan Ismail, the five-storey mall has 101 outlets with Giant, Wh by British India, FOS, Nichii Fashion City being the anchor tenants. The mall provides concierge service and has an indoor archery centre, Big-Shot Archery. • 10am - 10pm daily.

Bukit Bintang Plaza

111 Jalan Bukit Bintang • B Bintang
Tel : 03-2148 7411
Extending into Sungei Wang Plaza, BB Plaza offers an interesting variety of stores selling jewellery, fashion wear, books, AV equipment, etc. Metrojaya department store is the anchor tenant. • 10am - 10pm daily. • F8

Pertama Complex

Jalan Tuanku Abdul Rahman
• M Tuanku
• Bandaraya • Bank Negara
Tel : 03-2692 7457
One of the earliest shopping complexes in KL, this mall consists of many small shops selling an astonishing variety of goods and services appealing to the masses, including sports goods, leatherware, clothes, shoes and stationery. • 9am - 9pm daily. • D5

Sogo KL

Jalan Tuanku Abdul Rahman
• M Tuanku
• Bandaraya • Bank Negara
Tel : 03-2698 2111
This 10-storey shopping mall is well patronised for its quality goods (local and international) ranging from apparel, home furnishing to daily need items. It also has an international restaurant floor on the 6th floor • 11am-9pm daily • D5

Starhill Gallery

181 Jin Bkt Bintang • B Bintang
Tel : 03-2782 3855
Connected to JW Marriott Hotel and Ritz Carlton Hotel, Starhill houses the largest retail watch floor and a host of top fashion designer boutiques. An exclusive mall with excellent eateries and high-end shops. • 10am - 10pm daily • E9

Sungei Wang Plaza

Jalan Sultan Ismail • B Bintang
Tel : 03-2148 6109
Sungei Wang remains one of the busiest shopping centres for the last 2 decades. Linked directly to the Monorail, it has over 500 retail outlets and eateries. A great place to hunt for electrical and electronic products, mobile phones, fashionable street wear, shoes & accessories. The hip T-Hop zone at the 6th floor caters to trendy teenagers • 10am - 10pm daily • F8

Subang Parade

Subang Jaya • Subang
Tel : 03-5032 9778
This suburban mall offers an interesting mix of stores with goods ranging from apparels to antiques, and music to jewellery. Anchor tenants include Toy 'R' Us and Parkson. Carefour hypermarket is located next door. • 10am - 10pm daily.

Great Eastern Mall

303 Jalan Ampang
Tel : 03-4259 8090
Located along busy Jalan Ampang, this 6-storey mall has a host of shops including a pet shop, Aussino, British India and eateries like Starbucks and Alexis. It has Cold Storage as its anchor supermarket. • 11am - 9pm daily.



Hartamas Shopping Centre

Plaza Damas, 60 Jalan Sri Hartamas 1
Tel : 03-6201 6553/ 8353.
Integrated with Plaza Damas & situated among retail shops, offices, serviced apartments and alfresco boulevards. Features Citi Super, SenQ and many other speciality retailers.

IPC Shopping Centre (Formerly Ikano)
2, Jalan P.JU 7/2, Damansara Mutiara, P.J
Tel : 03-77207333

Located near 1 Utama and linked to IKEA, this centre only has XXL size stores. The 11 anchor tenants includes Harvey

Lot 10

50 Jalan Sultan Ismail • B Bintang
Tel : 03-2143 6092
Linked to the Bukit Bintang Monorail station and Sungai Wang Plaza by an overhead bridge, Lot 10 offers an upmarket and wide selection of fashion wear. It has Isetan as anchor tenant • 10am - 9.30pm daily • F8

Low Yat Plaza

Off Jalan Bukit Bintang • B Bintang
Tel : 03-2148 3651
Located next to the Federal Hotel, it has 250 tenants offering goods as varied as cameras, mobile phones, apparel, fashion accessories and antiques. This largest IT centre provides for all your computing needs. BB Park, located across the plaza and consisting of trendy restaurants and alfresco cafes, sees a hive of activities at night. • 10am - 10pm daily • F8

MINES Shopping Fair

Seri Kembangan • Serdang
Tel : 03-8949 6333
Cruise into the heart of a busy shopping mall with a vibrant mix of more than 300 retailers, fashion boutiques, F&B outlets, canal quay alfresco dining, IT & mobile gadgets and also leisure and entertainment facilities like a cinema, bowling alley and snooker centre. • 10am - 10pm daily.

Mid Valley Megamall

Lingkar Syed Putra • Mid Valley
Tel : 03-2938 3333
The shops go on and on in this mall strategically located between KL and P.J. It has Metrojaya, Jusco, Carrefour, Golden Screen Cinemas and MPH as anchor tenants, over 300 speciality stores and 70 F&B outlets under one roof. Adjacent to the mall are Cititel Mid Valley Hotel and Boulevard Hotel • 10am - 10pm daily.

The Gardens Galleria

Mid Valley City • Mid Valley
Tel : 03-2297 0288
This five-star component of Mid Valley comprises a contemporary four-storey shopping gallery with specifically designed floors for straightforward shopping experience. Check out the Roof Garden, touted to be an exciting fine dining destination in KL. Anchor tenants include Isetan of Japan, Robinson and Golden Screen Cinemas • 10am - 10pm daily

Sunway Putra Mall

(Formerly The Mall)
100 Jalan Putra, KL • PWTC
Tel : 03-4042 7122
Located across the Seri Pacific Hotel and Putra World Trade Centre, the Mall has anchor tenant Parkson Grand together with a host of retailers, offering a full range of products, services, food & amusement to shoppers • 10am - 10pm daily • B5

DINE



Steaks & Lobsters
42, Jalan 24/70a,
Desa Sri Hartamas, Kuala Lumpur



Ruyi & Lyn
Level 4, Bangsar Shopping Centre,
Kuala Lumpur

Chinese

Celestial Court

03-2717 9988 • M Tuanku • Sheraton Imperial Hotel • Halal • Casual Dining • C6

Chynna

03-2264 2264 • KL Sentral • Hilton KL • Halal • Casual Dining • H3

Dynasty

03-21 62 2233 • B Nanas • East Wing, Renaissance Hotel • Non-Halal • Casual Dining • D7

Dynasty Dragon

03-2145 1628 • B Bintang • Time Square • Non-Halal • Casual Dining • F8

Hakka

03-21431907 • Raja Chulan 6 Jalan Kia Peng • Non-Halal • Casual Dining • E9

Imbi Palace

03-2145 4822 • Imbi • Jalan Barat, off Jalan Imbi • Non-Halal • Casual Dining • F8

Kim Ma

03-8946 4888 • Palace of the Golden Horses • The Mines Resort City • Halal • Fine Dining • Cantonese cuisine

Lai Po Heen

03-2179 8885 • KLCC • Mandarin Oriental Hotel • Halal • Casual Dining • Cantonese • D8

Lee Wong Kee

Bandaraya • 239 Jln Tuanku Abdul Rahman • Non-Halal • Casual Dining • Cantonese • D5 • 03-2692 2685

Li Yen

03-2782 9033 • B Bintang • The Ritz Carlton Hotel • Non-Halal • Casual Dining • F9

Maju Palace

03-2691 8822 • M Tuanku S Ismail • Level 5, Maju Junction Mall • Halal • Casual Dining • C5

Xing Zhu

03-8312 7223 • Cyberlodge Resort, Cyberjaya. • Halal

Mandarin Palace

03-2148 9166 • B Bintang • 2/F, Federal Hotel • Non-Halal • Casual Dining • F8

Marco Polo

03-2141 2233 • Raja Chulan • 1/F, Wisma Lim Foo Yong, Jalan Raja Chulan • Non-Halal • Casual Dining • E8

Meisan

03-2693 9233 • Bandaraya • Quality Hotel City Centre • Jalan Raja Laut • Halal • Casual Dining • Szechuan cuisine

Ming Palace

03-2161 8888 • Ampang Park • Corus Hotel, Jln Ampang • Casual Dining

Ming Room

03-2284 8822 • Bangsar • Bangsar Shopping Centre • Non-Halal • Casual Dining

Museum

03-4042 9888 • PWTC • The Legend Hotel • Halal • Private Dining

Oriental Noble House

03-2145 8822 • Imbi • 19 Jalan Delima, Off Jalan Imbi • Non-Halal • Casual Dining • F10

Overseas

03-2144 9911 • B Bintang • 84-88 Jalan Imbi • Non-Halal • Casual Dining • F8

Purple Cane

03-2272 3090 • Maharajalela • Selangor Chinese Assembly Hall, 1 Jln Maharajalela • Halal • Casual Dining • G6

Xin Cuisine

03-2144 2200 • B Nanas • Concorde Hotel • Non-Halal • Private Dining • D7

French

Café Café

03-2141 8141 • Maharajalela • 175 Jalan Maharajalela • Halal • Fine Dining • Fr & Italian • H7

Fusion

Cilantro

03-2179 8000 • MiCasa All Suite Hotel, 368B Jalan Tun Razak • Pork-Free • Halal • Fine Dining • D10

Etoile Bistro

03-2161 7777 • R Chulan • Hotel Equatorial • Halal • Casual Dining • E8

Frangipani

03-2144 3001 • B Bintang • 25, Changkat Bkt Bintang • Halal • Fine Dining

Isthmus

03-2282 8112 • Mid Valley • G/F, Northpoint, Mid Valley City • Thai & Nyonya • Pork-Free • Casual Dining • F8

Rahsia

03-2144 0059 • 13 Jalan Damai, off Jalan Tun Razak • Halal • Casual Dining • Nyonya, Indonesian, European • C10

Senses

03-2264 2264 • KL Sentral • Hilton KL

Shooki

03-2719 8535 • B Bintang • Lower G/F, Starhill Gallery • Halal • Fine Dining • E9

Indian

Estana Curry House

03-2141 1958 • Raja Chulan • 23D, Jln Sultan Ismail • Halal • Casual Dining • C6

Kallianees

KLCC • 16 Lorong Yap Kwan Seng • Kerala cuisine • Halal • Casual Dining • C9
03-2161 0616

Khaana Peena

03-6201 3355 • E-01-04, Plaza Mont Kiara • North Indian • Halal • Casual Dining

Passage Thru' India

03-2145 0366 • 4, Jln Delima,kl
Halal • Casual Dining • E10

Spice Garden Imperial

03-2142 2220 • B. Bintang • 205 Jln Bkt Bintang.

That Indian Thing

Medan Tuanku • 52 Jalan Doraisamy • Halal • Casual Dining • D6

Indonesia

House of Sundanese

Sari Ratu
03-2141 1811 • B Bintang 42-2 Jalan Sultan Ismail • Halal • E8

International

Essence

03-2717 9900 • M Tuanku • Sheraton Imperial • Halal • Casual Dining • C6

The Resort Cafe

03 - 7495 1888 . Lobby Level, Sunway Resort Hotel & Spa
*Pork-Free Restaurant

Eight Gourmets Gala (EGG)

017 948 8684 . Suite G-01, Ground Floor, Pinnacle Annexe, Persiaran Lagoon, Bandar Sunway, 47500, Selangor

HOTELS & RESORTS

Maya Brasserie

03-2711 8866 📍 B Nanas • KLCC
• Hotel Maya KL • Halal • Casual Dining • Nyonya & International • D8

Melting Pot

03-2144 2200 📍 B Nanas Concorde Hotel, 2 Jln Sultan Ismail • Halal • 24-hour • Casual Dining • D7

Still Water Restaurant

03-27118866 📍 B Nanas • KLCC • Hotel Maya KL • Halal • Casual Dining • Japanese & Western • D8

The Vogue

03-2162 2233 📍 B Nanas • Renaissance Hotel • Halal • Casual Dining

PNB Darby Cafe

03-7490 3333 📍 Ampang Park • G/F, PNB Darby Park, Executive Suites, 10 Jalan Binjai • Halal • Casual Dining • D9

Italian

Collini's

03-2715 1000 📍 B Bintang • Dorsett Regency Hotel • 172 Jalan Imbi • Halal • Casual Dining • F9

il Tempio

03-4256 9300 • Tamarind Springs Restaurant • Halal • Fine Dining

La Risata

03-4252 6269 • 26, Persiaran Ampang • Halal • Casual Dining

Prego

03-2773 8338 📍 B Bintang • The Westin Hotel • Halal • Fine Dining • E9

Villa Danieli

03-2717 9922 📍 M Tuanku • Sheraton Imperial Hotel • Halal • Italian • Fine Dining • C6

Japanese

Benkay

03-2782 6118 📍 Ampang Park • Hotel Nikko • Halal • Casual Dining • C9

Gen

03-4042 9888 📍 PWTC • Sunway Putra Hotel • Halal • Casual Dining • B5

Genki Sushi

03-2166 6220 📍 KLCC • 428 Level 4, Suria KLCC • Halal • Casual Dining

Iketeru

03-2264 2264 📍 Stesen Sentral KL • Hilton Kuala Lumpur, 3 Jln Stesen Sentral

Kampachi

03-2148 9608 📍 Raja • Pavilion KL

Kokufu

03-4049 4412 📍 PWTC • Pan Pacific Kuala Lumpur • Halal • Fine Dining

Komura

03-2161 8888 📍 Ampang Park Corus Hotel • Casual Dining • C9

Ozeki Tokyo Cuisine

03-2166 4263 📍 B Nanas • Menara TA One • Halal • Fine Dining • D8

Sagano

03-2162 2233 📍 B Nanas • Renaissance Hotel • Halal • Casual Dining

Korean

Da On

03-2141 2100 📍 B Bintang • Pavilion KL • Halal • Fine Dining • Korean • E8

Ko Hiang

03-4251 0492 • 314 Jalan Ampang • Non-Halal • Casual Dining

Koong Jung

03-2166 7181 📍 Ampang Park • PNB Darby Park • Halal • D9

Koryo Won

03-2143 2189 📍 Bukit Bintang • Starhill Gallery • Halal • Casual Dining • E8

Thai

Rama V Fine Thai Cuisine

03-2143 2428 / 03-2143 2663 5, Jalan U-Thant, 55000 Kuala Lumpur • Halal • Fine Dining

HOTEL & RESORT

★★★★★

Ascott KL

03-2142 6868
9, Jalan Pinang • 📍 R Chulan • From RM380-RM790

Berjaya Times Square Hotel & Convention Centre

03-2117 8000 • 1 Jalan Imbi • 📍 Imbi • Big Apple Restaurant (Fusion) Broadway Lounge, The Cafe, The Bar, • From RM245-RM700 • F8 • www.timesquarekl.com

Seri Pacific Hotel Kuala Lumpur

03-4042 5555 • Jalan Putra • PWTC Zende (Int'l), Kokufu (Jap), lounge to Chereza From RM198++ to RM3,000 • B5 www.seripacifichotel.com

Grand Hyatt Kuala Lumpur

03-2182 1234 • Jalan Pinang • 📍 KLCC • JP Teres (Malaysian), THIRTY8 (International), Poolside From RM550 - RM5610 www.kualalumpur.grand.hyatt.com

The Westin KL

03-2731 8333 199 • Jalan Bukit Bintang • 📍 B Bintang • Prego (Ita), Living Room (Int'l), Qba (Bar & Grill), Treats (gourmet bakery), Eest (Pan Asian) • From RM480-RM7,000 • E9 • www.westin.com

Grand Millennium KL

03-2117 4888 • 160, Jalan Bukit Bintang • 📍 Bukit Bintang • Zing (Chi), The Mill (Int'l) • From RM300-RM5,600 • www.millenniumhotel.com

Hilton KL

03-2264 2264 • 3, Jln Stesen • Sentral, KL Sentral • 📍 KL Sentral • Chynna (Chi), Senses (Fusion), Noodle Room, Sudu, Zeta Bar, Vintage Bank • From RM385-RM605 • G3 • www.hilton.com

Hilton PJ

03-7955 9122 • 2 Jalan Barat, PJ • 📍 Asia Jaya • Toh Yuen (Chi), Paya Serai Coffee House, Genji (Jap), Caffè Cino, Uncle Chilli's • From RM220-RM1685

Holiday Inn Kuala Lumpur Glenmarie

03-7802 5200 • 1 Jalan Usahawan U1/8, Shah Alam • Fu-Rin (Jap), Kites (Int'l), The Mix Restaurant & Bar • From RM290 • www.holidayinn.com/glenmarie



KL Tower

03-2020 5446 / 2020 5444
📍 Bukit Nanas • Jalan Punchak, off Jalan P Ramlee. • The KL Tower stands at 421 metres. The tower houses a revolving restaurant and an observation deck which takes 58 seconds to reach. Catch the sunset or experience sky jumping from the tower roof. • Opens 9am 10pm daily • E7



Istana Negara, Jalan Duta

Located along Jalan Duta, it is the official residence of Malaysia's king since Nov 11, 2011. Influenced by both Islamic and traditional Malay architecture, this unique structure is the latest addition to the country's architectural wonders.



National Monument

Jalan Tugu, off Jalan Parlimen
• Designed by American artist, Felix Weldon and cast in Italy, the immense bronze structure was built to commemorate the servicemen who lost their lives during the struggle against the communist insurgency in the 1950's. The 7 soldiers symbolise unity, strength, leadership, sacrifice, courage, suffering and vigilance • E3



Little India

📍 Masjid Jamek • Jalan Masjid India is a colourful street with numerous wholesale and retail Indian traders who sell everything from Indian brass, jewellery, sarees, Indian handicrafts to perfumes & spices. • E5



National Museum

03-2694 4590 • 29 Jalan Raja • Displays a unique permanent collection of artifacts and materials showcasing the history and heritage of Malaysia • Opens 9am to 6pm daily • Admission RM1. Free for <12 yrs & students



Jamek Mosque

Jalan Tun Perak • Situated at the confluence of the Klang and Gombak rivers, this grand old mosque was designed by British architect AB Hubbock in 1909. It incorporates many features of Moghul architecture • Opens 8am-1:30pm & 2:30pm-6pm.

Sheraton Imperial KL

03-2717 9900 • Jln Sultan Ismail • M Tuanku • Essence (Int'l), Villa Danieli (Ita), Celestial Court (Chi) • From RM300-RM5,825 • D6

Hotel Istana

03-2141 9988 • 73, Jalan Raja Chulan • R Chulan • Peach Garden (Chi), Urban Bistro (Aus), Taman Sari (Int'l) • From RM299-RM5000 • E8 • www.hotelistan.com.my

Hotel Maya KL

03-2711 8866 • Jalan Ampang • Bukit Nanas • KLCC • Still Waters, Maya Brasserie, Ramah Tamah • From RM325-RM1,800 • D8 • www.hotelmay.com.my

InterContinental KL

03-2161 1111 • 165, Jalan Ampang • Ampang Park • Serena Brasserie, Tao (Chi), Tatsu (Jap), Bentley's Pub, Lobby Lounge & The Deli • From RM330-RM12,500 • C9 • www.intercontinental.com

JW Marriott Hotel KL

03-2715 9000 • 183 Jalan Bukit Bintang • B Bintang • 3rd Floor (Int'l), Marriott Café, Shanghai (Chi), JW Marriott Gourmet (Int'l), Havana Club • From RM400-RM8,000 • E9 • www.marriott.com

Le Meridien KL

03-2263 7888 • 2, Jln Stesen Sentral 5, KL Sentral • KL Sentral • One On One (Asian Fusion), Al Nafourah (Middle Eastern), The Conservatory (Lounge & Bar) • From RM 328- RM5,500 • H3 • www.lemeridienkualalumpur.com

Mandarin Oriental Hotel

03-2380 8888 • KL City Centre • KLCC • Lai Po Heen (Ch), Mandarin Grill and Mo Bar (Bar & Grill), Mosaic (Buffet), The Mandarin Cake Shop, Cascades (Int'l), Wasabi Bistro (Jap) • From RM409 (internet)/RM499 (phone) • D8 • www.mandarinoriental.com

Palace Beach and Spa

03-8943 6688 • Jalan Dulang, Mines Resort City, Seri Kembangan, Selangor • Serdang • Abdul and Charlie's (local), Cheng Ho Court (Chi), Beach Hut and Sunset Lounge (drinks and snacks) • From RM200-RM2000

Sama-Sama Hotel KLIA

03-8787 3333 • Kuala Lumpur International Airport • KLIA Degrees (Int), Traveller's Bar & Grill, Palmz Lounge (Wn) • From RM570++ • www.samasamahotels.com

Parkroyal Kuala Lumpur

03-2147 0088 Jln Sultan Ismail • B Bintang • Chatz Brasserie (Wn), Bossa Nova (Wn), Hot Gossip, Si Chuan Dou Hua (Chi), Klx Lounge • From RM270 • www.parkroyalhotels.com

PNB Darby Park Executive Suites

03-7490 3333 • 10, Jln Binjai • Ampang Park • The 39 Restaurant, Minmax (Chi), Koong Jung (Jap/Korean) • From RM350-RM686 • D9 • www.pnbdarbyparksuites-kl.com

Prince Hotel & Residence KL

03-2170 8888 • 4, Jalan Conlay • Raja Chulan • Tai Zi Heen (Chi), Eccucino (Café), Enju (Jap) • From RM270-RM670 • E9 • www.princehotelkl.com

Renaissance KL

03-2163 6888 • Corner of Jln S. Ismail/ Jln Ampang • B Nanas • Sagano (Jap), MED@Marche (Med), Vogue (Int'l) • East Wing: Dynasty (Chi), TEMPTationS (Int'l) • From RM215-RM6,000 • D7

Shangri-La Hotel KL

03-2032 2388 • 11 Jalan Sultan Ismail •

B Nanas • Shang Palace (Chi), Zipangu (Jap), Lafite (Fr), Lemon Garden Café (Int'l), The Pub • From RM364-RM12,000 • D7 • www.shangri-la.com

Sheraton Imperial Hotel

03-2717 9900 Jln Sultan Ismail • M Tuanku • Essence (Int'l), Villa Danieli (Ita), Celestial Court (Chi) • From RM300-RM5,8250 • D6

Somerset Seri Bukit Ceylon

03-2055 8888 • No 8, Lorong Ceylon off Jalan Raja Chulan • NeroTeca (Ita) • From RM250-RM480 • E7 • www.somerset.com

The Gardens Hotel & Residences

03-2268 1188 • Mid Valley City • Mid Valley • The Soread (Int'l), Sage Restaurant & Wine Bar (Fr & Jap) • From RM600-RM2,600 • www.gardenshtres.com

Sunway Putra Hotel (Formerly The Legend Hotel)

03-4042 9888 • Putra Place, 100 Jalan Putra • PWTC • Museum (Chi), Di-Atas Brasserie (Int'l), Gen (Jap), Monkey Bar • From RM188-RM388 • B5 • www.legendhotelkl.com

The Ritz-Carlton KL

03-2142 8000 • 168, Jalan Imbi • B Bintang • Li Yen (Chi), Rossini's (Ita) • From RM418 • F9 • www.ritz-carlton.com

The Ritz-Carlton Residences

03-2142 9000 • B Bintang • From RM950-RM1,330 • F9

The Royal Chulan

03-2688 9688 • Jalan Conlay • R Chulan • Deli Cafe (Ita), Bunga Emas (Mas), L'Heritage (Fr) • F6 • www.theroyalchulan.com.my

**Aloft Kuala Lumpur Sentral**

03-2723 1188 Jalan Stesen Sentral KL Sentral • KL Sentral • Nook (International), MAI Bar (Bar Menu), w xyz(SM) Bar (Cocktails & Snacks) • From RM270 - RM388 • http://www.starwoodhotels.com/alofthotels

Ancasa Hotel KL

03-2026 6060 • Jln Tun Tan Cheng Lock • Plaza Rakyat • Saffron Brasserie and BabaReeBal • Ancasa Spa • From RM165-RM416 • www.ancasa-hotel.com

Boulevard Hotel

03-2295 8111/2295 8000 Mid Valley City, Lingkaran Syed Putra • Mid Valley • Wild Rice (Int'l) • Rates from RM290Nett - RM420Nett • www.blvhotel.com

Carcosa Seri Negara

03-2295 0888 • Taman Tasik Perdana • The Dining Room (Fr), Gulai House (Malay) The Bar • From RM1,100-RM5,500 • F3

Concorde Hotel

03-2144 2200 • 2 Jalan Sultan Ismail • B Nanas • Spices (Western), Melting Pot (Int'l), Xin (Chi) • From RM178++-RM320++ • D7

Coronade Hotel KL

03-2148 6888 • Jalan Walter Grenier, Bkt Bintang • B Bintang • Makan-Makan (Local & Int'l), The Kasturi (Malay), Lobby Lounge • From RM208- RM500 • F8 • www.coronade.com

Corus Hotel KL

03-2161 8888 • Jalan Ampang • Ampang Park • Ming Palace (Chi), Dondang Sayang (Int'l), Komura (Jap) • From RM185-RM390 • C9 • www.corushotelkl.com

Dorsett Regency

03-2716 1000 • 172, Jalan Imbi • B Bintang • Checker's (Café), Cellini's (Ita), Windows Lounge (Wn) • From RM200



The Majestic Hotel Kuala Lumpur
5 Jalan Sultan Hishammuddin, 50000 Kuala Lumpur, Malaysia.
03-2785 8000
www.majestickl.com

onwards • F9 • www.dorsettregency-kl.com

Federal Hotel

03-2148 9166 • 35, Jalan Bukit Bintang • B Bintang • Mandarin Palace (Chi), The Verandah (Int'l) Revolving Bintang (European) • From RM170-RM600 • F8 • www.fh-hotels.com

Grand Seasons

03-2697 8888 • 72, Jalan Pahang • Chow Kit • KLCC • Season (Café), O'Las (Indian), Lobby Lounge (Wn), Kas Bah Bar (Wn) • From RM150-RM348 • B6

Impiana KLCC Hotel & Spa

03-2147 1111 • 13 Jln Pinang • R Chulan • Tonka Bean Cafe (Int'l) • From RM219-RM368 • D8 • www.impiana.com

Novotel City Centre KL

03-2147 0888 • 2 Jln Kia Peng • R Chulan • Qing Zhen (Chi Muslim), The Square (Int'l), Fun Pub, Al Fresco • From RM260-RM660 • E8 • www.novotel.com

Pacific Regency Hotel Suites

03-2332 7777 • Menara PanGlobal, Jalan Puncak • B Nanas • Soi 23, Luna, Olive & Geo Café • From RM290-RM500 • D7 • www.pacific-regency.com

Pyramid Tower Hotel

03-7492 8000 • Persiaran Lagoon Bandar Sunway Petaling Jaya

Quality Hotel City Centre

03-2614 8000 • Jalan Raja Laut • DBKL • Benteng Coffee House (Int'l), Meisan Szechuan (Chi), Club 300 • From RM150-RM550 • C5 • www.qualiti.com.my

Swiss Garden Hotel

03-2141 3333 • 117, Jln Pudu • Hang Tuah • Blue Chip Lounge (Int'l), Flavours Restaurant (Int'l), Green Treats Delicatessen (Int'l), T@ste 6 Restaurant (Int'l) • From 470+

The Royale Bintang KL

03-2143 9898 17-21 Jalan Bukit Bintang • B Bintang • Sunflowers Brasserie, Cafe Royale & Bar, Rimba Spa • From RM208 • F8 • www.royale-bintang-hotel.com.my

The Royale Bintang Damansara

03-7843 1111 • 6, Jalan PJU 7/3, Mutiara Damansara • The Restaurant (Int'l), Mystery Pub & Café • From RM195 • www.royalebintang.com.my

The ZON All Suites Residences on the Park

03-2164 8000 • 161D Jalan Ampang • Ampang Park • Terracotta Restaurant &

Lounge • From RM253-RM396 • D8 • www.zonhotel.com.my

Traders Hotel

03-2332 9888 • Kuala Lumpur City Centre • KLCC • Gobo Chit Chat, Gobo Upstairs, Sky Bar, Lounge & Grill • From RM270 • This hotel is located in the vicinity of KL Convention Centre • D8

Vistana KL

03-4042 8000 • 9 Jalan Lumut, off Jalan Ipoh, Kuala Lumpur • Titiwangsa • Vistana (Asian) • From RM172-RM230 • A5 • www.vistanahotels.com

**Alpha Genesis**

03-2141 2000 • 45 Tingkat Tong Shin • B Bintang • Tee Box Café • From RM150-RM380 • F7 • www.alphagenesishotel.com

Cititel Mid Valley

03-2296 1188 • Mid Valley, Lingkaran Syed Putra • Mid Valley • Citi Café • Rates from RM205Nett - RM320Nett

Corona Inn

03-2144 3888 • 22, Jalan Tong Shin • B Bintang • Corona Café • From RM130-RM180 • F8 • www.coronainn-kuala-lumpur.com

Grand Continental

03-2693 9333 • Jln Bellia/Jln Raja Laut • PWTC M Tuanku • Grand Star (Chi), Lai Marble Coffeehouse • From RM135-RM800 • C5 • www.gh-hotels.com.my

First World Hotel

03-6101 1118 • Genting Highlands • Istorante Torcello's (Italian), Lakeview Seafood Restaurant (Seafood), The Patio (Wn) • From RM85 - RM460

Hotel Malaya

03-2072 7722 • 162, Jalan Hang Lekir • Pasar Seni • Malaya Café • From RM120-RM250 • F5 • www.hotelmalaya.com.my

Midah KL

03-2273 9999 • 8, Jalan Kampung Attap • Maharajalela • Attapia Coffee House (Int'l), Rolling Good Times Café • From RM145-RM250 • G5

Prescott Inn

03-2713 7887 • 23 Lrg Medan Tuanku 1, off Jln Sultan Ismail • M Tuanku • Makana Restaurant • From RM110-RM170 • C5

SIGHTSEEING

Swiss-Inn KL

03-2072 3333 • 62, Jln Sultan • 📍
Maharajalela
• Café Petaling • From RM130-RM175
• G6

The Plaza Hotel

03-2698 2255 • Jalan Raja Laut • 📍 Sultan
Ismail • Pago-Pago Café (Continental),
Plaza Court (Chi) • From RM110-RM178
• C5

SIGHTSEEING

Aquaria KLCC

03-2333 1888 • 📍 Raja Chulan 📍 KLCC •
All 60,000 sq ft of Aquaria encompasses
Evolution, Jewels of the Jungle, Deep
Forest, The Coasts and Touch Pool, The
Living Oceans and The Living Reef, with
over 5000 aquatic and land-bound animals
representing over 150 different species.
Don't miss the 90-metre underwater tunnel.
Opens daily from 11am-8pm. (Including
weekends, school and public holidays) Last
admission at 7pm. Entry RM38 (adult), RM26
(children) • D8

Batu Caves

03-6189 6284 • This popular Hindu
temple draws hundreds of thousand
of visitors during Thaipusam. It
consists of three grand caves: the
Dark Cave, the Museum Cave and
the Temple Cave with brilliant rock
formations. The Museum Cave at
the foothills has interesting display
of Indian mythology. To reach the
main Temple Cave, one has to climb
272 steps.

Bird Park

03-2272 1010 • Located at the Lake
Gardens, this 8.4ha bird park is the
world's largest free-flight walk-in
aviary. It is home to more than
3,000 birds from approximately 200
species. Opens daily from 9am-
7.30pm. • F4

Butterfly Park

03-2693 4799 • Over 120 species
of butterflies can be found in this
park located at the Lake Gardens'
vicinity. Admission is RM9 for adults
and RM2 for children. Camera: RM3.
Opens 9am to 6pm daily. • F4

Bukit Nanas Forest Recreational Park

03-2306 3421 / 2064 4741 • 📍 Bukit Nanas
• Nestled in the heart of KL, the virgin
forest-clad hill is a 10.5 ha park offering a
10-minute & a 20-minute walk trails from
the Forest Information Centre at Jalan
Raja Chulan to KL Tower. • E7

Carcosa Seri Negara

03-2282 1888 • Perched on a quiet hilltop
overlooking the Lake Gardens, this 19th
century colonial mansion used to be
the residence of the British Governor
and High Commissioners. Today it is an
exclusive hotel offering a sense of history
and fine dining. • F2

Central Market

03-2031 0399 • 📍 Pasar Seni Once the
city's biggest wet market, it is now a
centre for food and cultural activities.
Cultural performances are staged during
weekends at the riverside amphitheatre.
Handicraft, souvenirs, art & portrait
paintings are sold at bargain prices. The
Annexe Gallery at CM is a progressive
art centre. • Opens 10am to 10pm daily.
• F5

Deer Park

03-2693 6661 • Enclosed within a 2-ha
ground at the Lake Gardens, the deer,
fawns and does roam freely in a cool
and peaceful habitat with lush trees and
shrubs and ponds. • F3

Istana Negara

Official residence of Malaysia's King,
visitors can witness the changing
of the royal guards daily. The Rulers
Conference, various royal and national
ceremonies, investitures and official
banquets are held at this palace. • H5

Little India

📍 Masjid Jamek • Jalan Masjid India
is a colourful street with numerous
wholesale and retail Indian traders
who sell everything from Indian brass,
jewellery, saris, Indian handicrafts to
perfumes & spices. • E5

Jamek Mosque

📍 Masjid Jamek • Jalan Tun Perak
• Situated at the confluence of the
Klang and Gombak rivers, this grand old
mosque was designed by British architect
AB Hubbock in 1909. It incorporates



Craft Complex

03-2164 8344
📍 Raja Chulan • 63, Jalan Conlay. •
Showcases ethnic handicrafts, batik
printing and pottery from the 13 states
of Malaysia. • Opens 9am-6pm daily.
• E9 FREE



Telekom Museum

03-2031 9966
📍 Raja Chulan • Jalan Raja Chulan
• Displays interesting exhibits of
telephones and evolution of their
designs over the years.
• Opens 9am-5pm. Closed on Mondays
• E6 FREE



Sultan Abdul Samad Building

📍 Masjid Jamek • Jln Sultan
Hishamuddin • Also known as the Big
Ben of KL, this historical landmark and
heritage building is well known for its
Mogul architecture dating back to
1897. Originally the offices of the Colonial
Secretariat, it then housed the Supreme
Court. • E5



PETRONAS Twin Towers

03-2615 8188
📍 KLCC • KL City Centre • The
88-storey Petronas Twin Towers stand at
451.9 metres. Seated in the heart of KL
and amidst a 50-hectare landscaped
park, a skybridge on the 41st floor is
open to visitors between 9am-7pm
daily, closed on Monday • D8

many features of Moghul architecture
a • Opens 8am-1:30pm & 2:30pm-6pm.
• E5

Lake Gardens

Jalan Parlimen • Located near the city
centre, this 9.2ha landscaped garden is
built around a lake. Several attractions
are found within the park including
an Orchid Garden, Hibiscus Garden,
Butterfly Park, Bird Park, Deer Park,
National Monument and the Asean
Sculpture Garden • F3

Malaysian Tourism Centre

03-9235 4848 • 📍 B Nanas • 109
Jalan Ampang • This is a one-stop
tourist service centre comprising the
information counter (7am-10pm)
Transnational Executive Coach counter,
domestic tour booking counter, money
changer, restaurant and craft demo
centre. Built in 1935, the building was the
home of wealthy tin-miner and planter,
Eu Tong Seng. Cultural shows are on Tues,
Thur, Sat & Sun 2-2.30pm. • D7

Merdeka Square

📍 Masjid Jamek • Jalan Raja •
Opposite the Sultan Abdul Samad
Building, this is the site where the
independence of Malaya was declared

on 31 August, 1957. The 100m high
flagpole is the tallest in the world. Live
entertainment and cultural shows are
staged here on festive occasions. The
Royal Selangor Club and St. Mary's
Cathedral are located nearby. • E5

National Mosque

03-2693 7784 • 📍 KL • Jalan Perdana
• This mosque embodies contemporary
designs, together with traditional Islamic
art, calligraphy and ornamentation.
The main dome with its 18-point star,
represents the 13 states of Malaysia
united by the Five Pillars of Islam. Visitors
must dress conservatively and remove
their shoes before entering the mosque
• Opens 9am to 12noon; 3pm to 4pm;
5:30pm to 6:30pm daily. • F4

National Planetarium

03-2273 4303 • Lot 54 Jalan Perdana •
Located close to the National Mosque,
the attractions include space science
and astronomy exhibits, a theatre
screening 3-Dimensional movies, a
viewing gallery and an observatory •
Admission is RM1 for adults and children
over 12 years [extra charges for all
shows]. Opens 9:30am to 4:15pm daily.
Closed on Monday except public &
school holidays • G4

National Science Centre

03-2089 3400 • Persiaran Bukit Kiara •
Houses 9 galleries with different scientific
themes. Offers interesting interactive
displays for learning and entertainment.
• Opens 10am-5pm. Closed on Friday.

National Zoo

03-4108 3427 / 4108 3422 • Located in
Hulu Kelang, 12km from the city centre,
the zoo is home to 400 species of local
birds, mammals, reptiles and fishes. •
Opens 9am - 5pm daily. Night Zoo is on
Saturdays 7.30am - 10.30pm. Admission
: RM10 for adults and RM5 for children
under 12. Videocam RM15.

Old KL Railway Station

Jalan Hishammudin • Built in 1910,
the Moghul-inspired building was a
hub for Malaysian rail transport until it
was replaced by the new KL Sentral
Station. It remains a landmark and the
refurbished Heritage Hotel is still open for
business. Across the road, the Malaysian
Railway administrative building is also a
breathtaking architectural showpiece
• G5

Petrosains, The Discovery Centre

03-2331 8181 • 📍 KLCC • Petronas Twin
Towers, Level 4 Suria KLCC • Focusing on

Malaysia's oil and gas industry, it offers
an interactive approach to learning.
It takes you through a unique voyage
of discovery of science. • Opens daily
9.30am to 6pm. Last admission 4.30pm.
Closed on Monday • D8

Royal Selangor Visitor's Centre

03-4145 6000 • 4, Jalan Usahawan Enam,
Setapak Jaya • Located 15 minutes from
the city centre, the Royal Selangor which
is internationally known for its fine designs
and craftsmanship, offers a complete
visitor experience, enabling them to see,
hear, touch and learn how pewter is
made. • Opens daily from 9am-5pm.

Royal Selangor Club

03-2692 7166 • 📍 Masjid Jamek • Jalan
Raja • Once nicknamed 'The Spotted
Dog' during the colonial days, this club
which features Mock Tudor architecture,
is one of the oldest membership clubs
in KL. • E5

Thean Hou Temple

03-2274 7088 • 65 Persiaran Endah, off
Jalan Syed Putra • A beautiful blend of
Chinese and contemporary architecture,
this is one of the largest and most ornate
Buddhist temples in the region and a
venue for major religious festivals. Also

check out the herbs garden, wishing well and souvenir stall • Opens 9am to 9pm daily.

Museums

Asian Arts Museum Universiti Malaysia

03-7967 3805 • Uni. of Malaya • A unique collection of Asian art & sculptures, ceramics, including Islamic & Malay art and textiles • Opens Mon - Sat. Closed on Sunday & public hols.

Bank Negara Money Museum

03-2698 8044 • Bank Negara Bandaraya • Block A, Bank Negara Malaysia, Jalan Dato' Onn • A repository for Malaysia's numismatic heritage, the museum displays an impressive collection of coins, bank notes, barter trade currencies & traces the evolution of the Malaysian currency • Opens Mon-Sat. Closed on Sunday • E5

Forest Research Institute Malaysia

03-62797 000 • Kepong • Located within the 1,500 hectares of natural land reserve, the institute showcases Malaysia's rich forest heritage. • Opens 8am-4pm. Fri 9am- 12pm.

Heritage Centre

03-2144 9273 • 2 Jin Stonor • Showcases Malaysia's architectural heritage, the centre also conducts 2 guided tours a day (11am & 3pm) of the Rumah Penghulu or Village Head's abode which has been furnished to reflect a house in the early thirties • E10

Islamic Arts Museum

03-2274 2020 • Jalan Lembah Perdana • Opened in 1998, the museum focuses on the rich diversity of Islamic arts and culture. Miniature replicas of Taj Mahal and other Islamic architectural wonders are on display • Tickets at RM12 (adults), RM6 (under 18, students & senior citizens) • Opens 10am to 6pm daily. • G4

Maybank Numismatic Museum

03-2070 8833 • Plaza Rakyat • Menara Maybank, 100 Jalan Tun Perak, KL • A fascinating display of coins dating back to the early history of the Malay Sultanate. • Open 10am-6pm daily • F6

Museum Orang Asli

03-6189 2122 • Km 24 Gombak • Displays a collection of over 3,000 artifacts showcasing the history, culture & lifestyle of indigenous tribes of Peninsular Malaysia. • Opens 9am-5pm. Closed Fri. FREE

National Museum

03-2282 6255 • 29 Jalan Raja • Displays a unique permanent collection of artifacts and materials showcasing the history and heritage of Malaysia • Opens 9am to 6pm daily • Admission RM1. Free for <12 yrs & students

ARTS & CULTURE

National Library

03-2687 1700 • 232 Jalan Tun Razak • This 7-storey building which blends traditional design with modern architectural elements houses more than 1.5 million books, some of them extremely rare. • Opens daily except Monday • A8 FREE

Galeri Petronas

03-2051 7770 • KLCC • Level 3 Suria KLCC. • Exhibits artworks by local and international artists. • Opens 10am to 8pm. Closed on Monday. • D8 FREE

National Theatre (Istana Budaya)

03-4026 5555 • Jalan Tun Razak • Designed by Malaysian architect Muhammad Kamar Ya'akub, this

modern theatre is one of the world's most sophisticated theatres with state-of-the-art stage equipment. It holds drama, dance and musical performances regularly. • A7

Petronas Philharmonic Hall

03-2051 7008 • KLCC • Located within the Petronas Twin Towers, it is home to the Malaysian Philharmonic Orchestra and the National Choir. It features performances of highest quality by visiting orchestras and world-renowned soloists, besides performances by the MPO which now ranks among the top orchestras in the region • D8

OTHER FUN-TASTIC THRILLS & SPILLS

Cruises

03-3101 1313 • Star Cruises, Pulau Indah, Klang

Casino

03-2718 1118 • Genting Highlands Hotel

D'Paradise

063, Jalan Solok Uban, Kampung Brisu, Lubok China, 78100 Melaka. 06-552 8010/0611 (Resort), 03-4256 0381 (KL Sales Office) www.d-paradise.com.my

Flying

03-2141 1934 • Royal Selangor Flying Club

Horse Racing

03-9058 3888 • Selangor Turf Club, Jln Sungai Besi

Horse Riding

03-4256 4531 • Royal Selangor Polo Club, Jln Ampang Hill

03-9058 3888 • STC Equestrian Centre, Jln Kuda Emas

03-209 35211 • Bukit Kiara Equestrian Club, Jln Bukit Kiara, Kuala Lumpur

Theme Parks

03-288 8888 • Colmar Tropicale, Bkt Tinggi

03-71188338 • Desa Water Park, Trm Desa

03-8942 5010 • Genting Resort

03-8942 8942 • The Mines Wonderland



Bank Negara Malaysia Museum and Art Gallery Sasana Kijang

No. 2, Jalan Dato Onn, 50480 Kuala Lumpur
Opening Hours: 10am to 6pm daily
For Enquiries Call: +603-9179 2742



University of Malaya Art Gallery (UMAG)

Tingkat 5, Bangunan Canselor, Universiti Malaya, Petaling Jaya
Tel: 03-79671061
Opening Hours: 9.00am to 4.00pm
Closed on: Saturday and Sunday



Galeri Tenaga

Wisma TNB, Jalan Timur, Petaling Jaya
Tel : +603-2296 5566
Fax : +603-2282 3274
Opening Hours: Monday – Friday : 10 am – 3 pm.

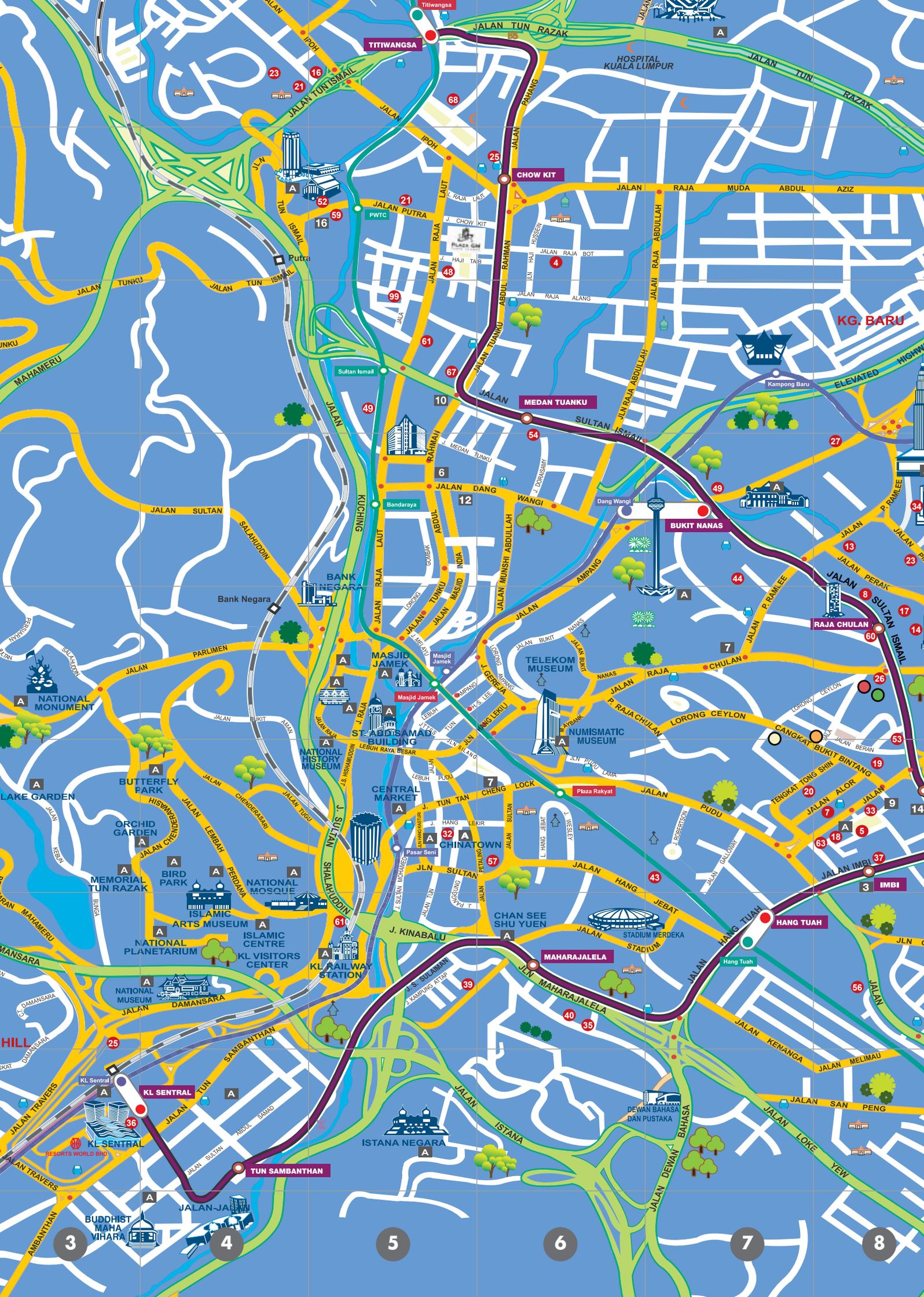


KL Lifestyle Art Space

31 Jalan Utara, 46200 Petaling Jaya, Selangor, Malaysia

Tel: +603 2093 2668, +603 2094 2668
Email: info@mediate.com.my

Open Monday - Friday, 10am - 7pm
(Closed on Weekends and Public Holidays)



TITIWANGSA

JALAN TUN RAZAK

HOSPITAL KUALA LUMPUR

CHOW KIT

JALAN RAJA MUDA ABDUL AZIZ

KG. BARU

MEDAN TUANKU

SULTAN ISMAIL

BUKIT NANAS

JALAN PERAK

MASJID JAMEK

TELEKOM MUSEUM

NUMISMATIC MUSEUM

CENTRAL MARKET

CHINA TOWN

CHAN SEE SHU YUEN

MAHARAJALELA

HANG TUAH

ISTANA NEGARA

DEWAN BAHASA DAN PUSTAKA

KL SENTRAL

TUN SAMBANTHAN

3

4

5

6

7

8

EXPLORE KUALA LUMPUR



- | | | |
|---|---|--|
| <p>1 Agora Hotel
Tel: 2142 8133 F8</p> <p>2 Alpha Genesis Hotel
Tel: 2142 6868 F7</p> <p>3 Berjaya Times Square Hotel & Convention Centre
Tel: 2117 8000 F8</p> <p>4 Brisdale International Hotel
Tel: 2694 8833 B6</p> <p>5 Capitol Hotel
Tel: 22143 7000 F8</p> <p>6 Carcosa Seri Negara
Tel: 2282 1888 F8</p> <p>7 Cardogan Hotel
Tel: 2144 4883 F8</p> <p>8 Concorde Hotel
Tel: 2144 2200 D7</p> <p>9 Corona Inn
Tel: 2144 3888 F7</p> <p>10 Coronade Hotel
Tel: 2148 6888 F8</p> <p>11 Corus Hotel
Tel: 2161 8888 C9</p> <p>12 Doubletree Hilton Kuala Lumpur
Tel: 2172 7272 C10</p> <p>13 Crown Regency Hotel
Tel: 2162 3888 D8</p> <p>14 Crowne Plaza Kuala Lumpur
Tel: 2148 2322 E8</p> <p>15 Dorsett Regency Hotel
Tel: 2715 1000 F9</p> <p>16 Dynasty Hotel
Tel: 4043 7777 A4</p> <p>17 Equatorial Hotel
Tel: 2161 7777 E8</p> <p>18 Federal Hotel
Tel: 2148 9166 F8</p> <p>19 Fortuna Hotel
Tel: 2141 9111 F8</p> <p>20 Grand Central Hotel
Tel: 4041 3011 B5</p> <p>21 Grand Continental Hotel
Tel: 2693 9333 C5</p> <p>22 Grand Millenium KL
Tel: 2141 8000 E8</p> <p>23 Grand Pacific Hotel
Tel: 4042 2177 A5</p> <p>24 Grand Seasons Hotel
Tel: 2697 8888 B6</p> | <p>25 Hilton KL
Tel: 2264 2264 G3</p> <p>26 Hotel Istana
Tel: 2141 9988 E8</p> <p>27 Hotel Maya Kuala Lumpur
Tel: 2711 8866 D8</p> <p>28 Impiana KLCC Hotel & Spa
Tel: 2147 1111 D8</p> <p>29 JW Marriott Hotel
Tel: 2715 9000 E9</p> <p>30 Kuala Lumpur International Hotel
Tel: 2697 8833 B6</p> <p>31 Le Meridien KL
Tel: 2263 7888 G3</p> <p>32 Malaya Hotel
Tel: 2072 772 F5</p> <p>33 Malaysia Hotel
Tel: 2142 8033 F8</p> <p>34 Mandarin Oriental Hotel
Tel: 2380 8888 G6</p> <p>35 Mandarin Court Hotel
Tel: 2273 9933 G6</p> <p>36 Maradian Oriental Hotel
Tel: 2380 8888 D8</p> <p>37 Melia Kuala Lumpur
Tel: 2785 2828 F8</p> <p>38 Micasa All Suite Hotel
Tel: 2179 8000 D10</p> <p>39 Midah Hotel KL
Tel: 2273 9999 G5</p> <p>40 Mirama Hotel
Tel: 2148 9122 G6</p> <p>41 InterContinental KL
Tel: 2161 1111 C9</p> <p>42 Novotel Kuala Lumpur City Centre
Tel: 2147 0888 E8</p> <p>43 Olympic Sports Hotel
Tel: 2078 7888 F7</p> <p>44 Pacific Regency Hotel Suite
Tel: 2332 7777 D7</p> <p>45 Parkroyal Kuala Lumpur
Tel: 2147 0088 F8</p> <p>46 PNB Darby Park Executive Suites
Tel: 7490 3333 D10</p> <p>47 Prince Hotel & Residence Kuala Lumpur
Tel: 2170 8888 D10</p> | <p>48 Quality Hotel
Tel: 2693 9233 C5</p> <p>49 Renaissance Kuala Lumpur Hotel
Tel: 2162 2233 D7</p> <p>50 Residence Hotel
Tel: 2693 3333 C5</p> <p>51 Ritz-Carlton Kuala Lumpur Hotel
Tel: 2142 8000 F9</p> <p>52 Seri Pacific Kuala Lumpur
Tel: 4042 5555 B5</p> <p>53 Shangri-La Hotel
Tel: 2032 2388 D7</p> <p>54 Sheraton Imperial
Tel: 2717 9900 D6</p> <p>55 Stanford Hotel
Tel: 2691 9833 B6</p> <p>56 Swiss Garden Hotel
Tel: 2141 3333 F7</p> <p>57 Swiss Inn Hotel
Tel: 2072 3333 G6</p> <p>58 The Heritage Station Hotel
Tel: 2273 5588 G5</p> <p>59 The Legend Hotel
Tel: 4042 9888 B5</p> <p>60 The Lodge
Tel: 2142 0122 E8</p> <p>61 The Plaza Hotel
Tel: 2698 2255 C5</p> <p>62 The Ritz-Carlton Residences
Tel: 2142 9000 F9</p> <p>63 The Royale Bintang
Tel: 2143 8000 F8</p> <p>64 The Westin KL
Tel: 2731 8333 E9</p> <p>65 The Zon All Suites Residences on the Park
Tel: 2164 8000 C9</p> <p>66 Traders Hotel
Tel: 2332 9888 D8</p> <p>67 Tune Hotels.com
Tel: 7692 5888 C5</p> <p>68 Vistana Hotel
Tel 4042 80000 A5</p> |
|---|---|--|

Shopping Malls:

- | | | |
|---|--|---|
| <p>1. Ampang Park
Tel: 03-2161 7006 C10</p> <p>2. Avenue K
Tel: 03-2166 7888 C9</p> <p>3. Berjaya Times Square
Tel: 1-300-888-988 E9</p> <p>4. City Square
Tel: 03-2162 1566 C10</p> <p>5. KL Sogo
Tel: 03- 2698 2111 D5</p> <p>6. Kompleks Kotaraya
Tel: 03-2072 2562 F6</p> <p>7. Lot 10
Tel: 03-2141 0500 F8</p> | <p>8. Low Yat Plaza
Tel: 03-2162 1176 F8</p> <p>9. Maju Junction
Tel: 03-2772 8550 C5</p> <p>10. Pertama Complex
Tel: 03-2691 6599 D5</p> <p>11. Starhill Gallery
Tel: 03-2148 1000 F8</p> <p>12. Sungei Wang Plaza
Tel: 03-2148 6109 F8</p> <p>13. Suria KLCC
Tel: 03-2382 2828 D8</p> <p>14. The Mall
Tel: 03-4042 7122 B5</p> | <p>15. The Weld
Tel: 03-2162 3580 E9</p> <p>16. Yow Chuan Plaza
Tel: 03-2142 9701 C10</p> |
|---|--|---|

LEGEND

- | | |
|--|---|
| <p>— KTM (Ampang-Sentul) Ampang Line (Sri Petaling-Sentul) Sri Petaling Line</p> <p>— Kelana Jaya Line</p> <p>— KL Monorail</p> <p>— Express Rail Link (ERL)</p> <p>— Traffic Light</p> <p>— Interchange Station</p> <p>— Tourist Attraction</p> <p>— Shopping Mall</p> <p>— Hotel</p> | <p>— School</p> <p>— Hospital / Medical Centre</p> <p>— Chinese Temple</p> <p>— Church</p> <p>— Hindu Temple</p> <p>— Lake & Reservoir</p> <p>— Mosque</p> <p>— Petrol Station</p> <p>— Police Station</p> <p>— Post Office</p> |
|--|---|
- References at end of each listing apply to coordinates on map.
- KL Monorail Putra Line Star Line KTM

Getting around in Kuala Lumpur is easy. The transit systems are efficient, taxis are plenty and buses are cheap. The public transportation usage peak hours are from 7am to 9am and 4.30pm to 6.30pm during the working days.

By Transit systems

The KL monorail and LRT coaches are air-conditioned and comfortable and run from 6am to midnight. The systems are connected to each other at several points and the network covers most parts of the city. Fares range from RM0.70 to RM2.80 per single journey.

By Taxis

Taxis are easily available at hotels or at taxi stands. Fares start at RM3 for the first kilometre and RM0.10 for every 115 metres thereon. There is a 50% surcharge on the metered fare from midnight to 6am and a baggage charge of RM1 per piece stored in the boot. There is also an additional RM1 for 3rd passenger (maximum 4 in a car). For an extra charge of RM2, you can book a taxi by phone.

By Ecovans

Ecovans can accommodate up to 5 passengers. They serve mainly guests at major hotels and follow the fare structure of taxis but charge RM4 instead of RM2 for the first kilometre.

By Buses

Buses serve all parts of Kuala Lumpur with fares beginning from RM1. Some hotels also offer free bus shuttle services to major shopping malls in the city.

KL Hop-on/Hop-off Bus Service

Links you to 40 attractions around the city with 22 designated stops. 8.30am to 8.30pm. Ticket: RM38 with discounts for locals, senior citizens, students and children. 03-2691 1382

Getting to the Airport

KLIA Ekspres: The journey takes about 30 minutes from KL Sentral and the fare is RM35 per person per way. There is also check-in facility at KL Sentral for some airlines.

Taxi: The fare from the city centre to the airport is RM60 – RM90 per taxi.

Eco Transit: Eco Transit can accommodate up to 5 adults and has a fixed fare of RM130/ trip.

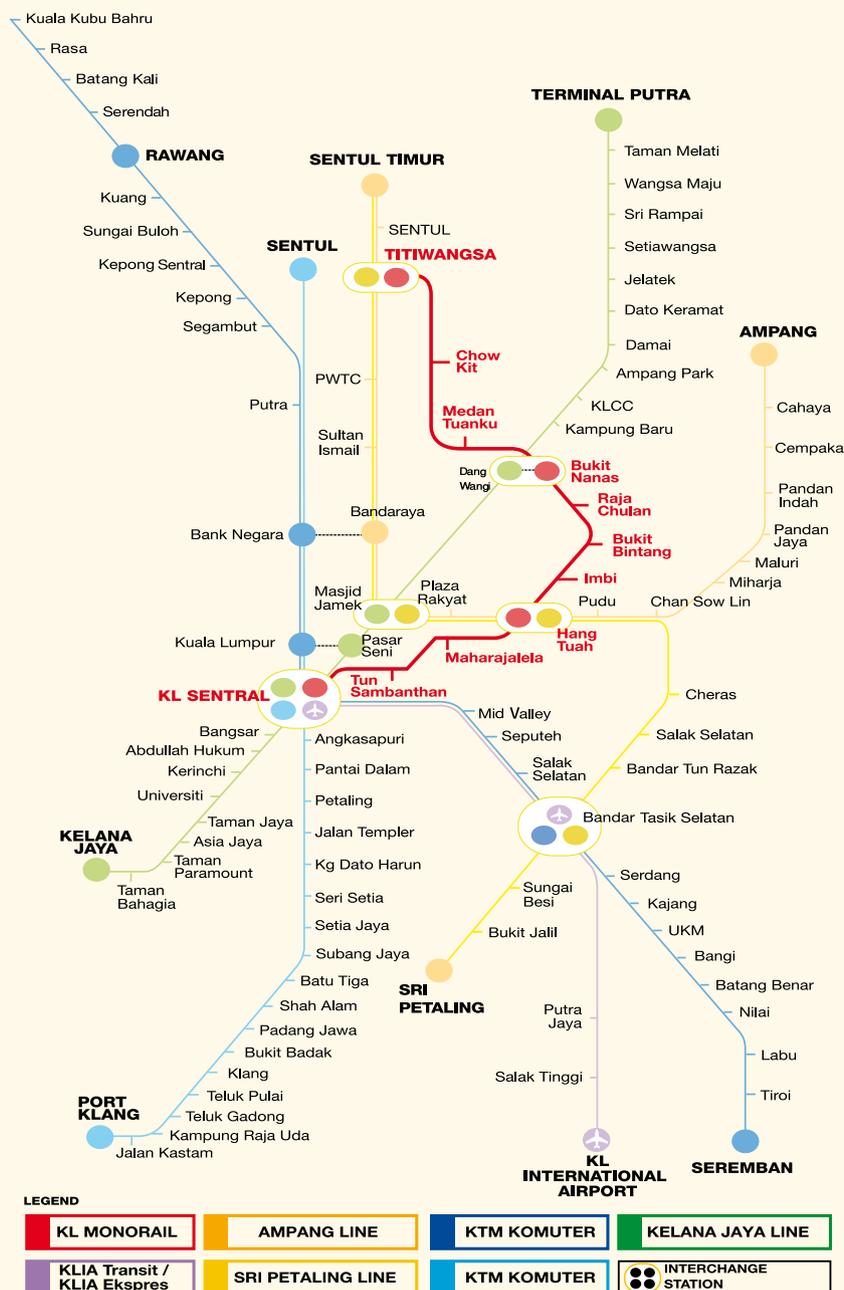
Limousine: Can be arranged with the hotel concierge and fare range from RM100 – RM200.

Coaches To KLIA and/or LCCT

The 1-hour journey costs between RM9 and RM25 per person.

- Airport Coach - 03-8787 3894
- Sky Bus - 03-6201 2742
- Aerobus - 017-363 3255
- The Star Shuttle - 03-4043 8811

RAIL TRANSIT NETWORK OF KUALA LUMPUR



Transportation

Air Travel

- **KL International Airport Sepang** 03-8776 2000
 - **LCC Terminal - KLIA** 03-8777 8888
 - **Domestic Airport - Subang** 03-7846 7777
 - **KL CAT (City Air Terminal)** 03-2267 8000
- ##### Domestic Airlines
- **MAS** 03-7843 3000
 - **MAS Reservation Number** 1 300 88 3000
 - **AirAsia** 03-8775 4000
 - **Berjaya Air** 03-7846 8228
 - **FireFly** 03-7845 4543
 - **Fly Asian Xpress (fax)** 03-8660 4343

Rail

- **KL Sentral** 03-2274 7435
- **KLIA Ekspres** 03-2267 8000
- **KTM** 03-2267 1200
- **Rapid KL** 03-7625 6999
- **KL Monorail** 03-2273 1888

Car Rental

- **Apex** 03-2142 1926
- **Avis** 03-2142 0166
- **Orix** 03-2142 3009
- **Hertz** 03-2148 6433
- **Mayflower** 03-2279 1188
- **Sintat** 03-2145 7988

Taxis

- **Radio Cab** 03-9221 7600
- **Airport Limo Meet & Greet** 03-8787 3678
- **Saujana Cab** 03-2162 8888
- **Comfort Taxi** 03-8024 2727
- **Eco Transit** 03-5512 2266
- **Supercab** 03-7805 5333
- **Outstation Taxi** 03-2078 0213

Emergency Services

- **KL Tourist Police (24 hours)** 03-2166 8322
- **Police & Ambulance** 999 or 112 (mobile phones)
- **Fire & Rescue** 994
- **KL City Council** 03-2691 6011

Tourism Offices

- **Malaysia** 1-300-88-5050
- **Tourism Centre (24-hour)** 03-2164 3929
- **Kuala Lumpur** 03-2693 6661
- **Penang** 04-261 9067
- **Johor** 07-222 3591
- **Terengganu** 09-622 1433
- **Sabah** 088-248 698
- **Sarawak** 082-246 575
- **Kedah** 04-731 2311
- **Pahang** 09-747 7520

INTAKE 2015

Also available :

Fashion Design | Photography
Salon Management | Mass Communication | Business Management



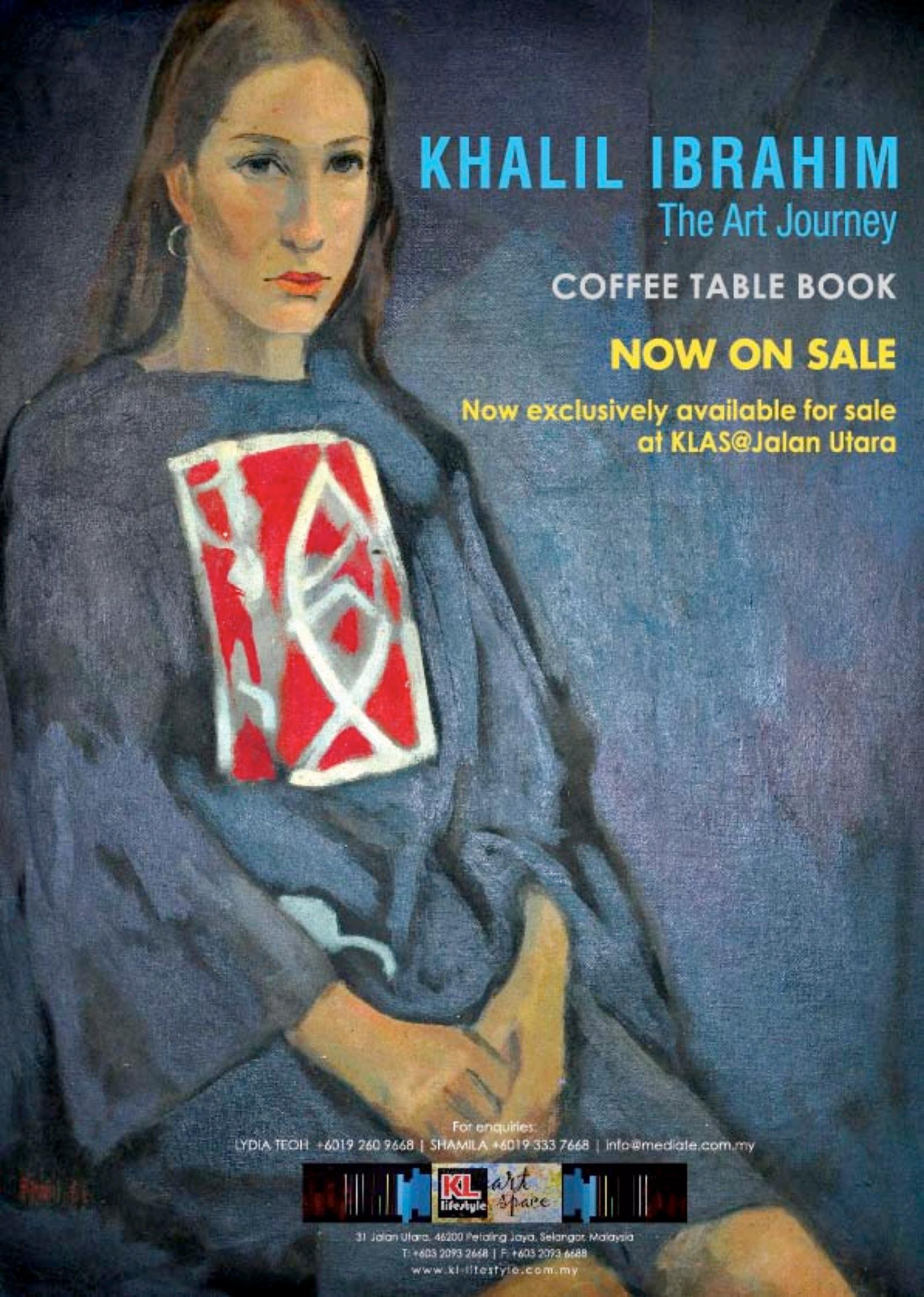
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